

**English translation of Holy Guru Granth Sahib (Part 12)** 

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#### **Credits**

# English translation of Holy Guru Granth Sahib (12 Raag Wadahans)

by **Dr. Sant Singh Khalsa** 

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1

557:1 One Universal Creator God. Truth Is The Name. Creative Being Personified. No Fear. No Hatred. Image Of The Undying. Beyond Birth. Self-Existent. By Guru's Grace: 557:2 Raag Wadahans, First Mehl, First House: 557:3 To the addict, there is nothing like the drug; to the fish, there is nothing else like water. 557:4 Those who are attuned to their Lord – everyone is pleasing to them. ||1|| 557:5 I am a sacrifice, cut apart into pieces, a sacrifice to Your Name, O Lord Master. ||1||Pause|| 557:6 The Lord is the fruitful tree: His Name is ambrosial nectar. 557:7 Those who drink it in are satisfied; I am a sacrifice to them. ||2|| 557:8 You are not visible to me, although You dwell with everyone. 557:9

How can the thirst of the thirsty be guenched, with that wall between me and the pond? ||3||

557:10

Nanak is Your merchant; You, O Lord Master, are my merchandise.

557:11

My mind is cleansed of doubt, only when I praise You, and pray to You. ||4||1||

557:12

Wadahans, First Mehl:

557:13

The virtuous bride enjoys her Husband Lord; why does the unworthy one cry out?

557:14

If she were to become virtuous, then she too could enjoy her Husband Lord. ||1||

557:15

My Husband Lord is loving and playful; why should the soul-bride enjoy anyone else? ||1||Pause||

557:16

If the soul-bride does good deeds, and strings them on the thread of her mind,

557:17

she obtains the jewel, which cannot be purchased for any price, strung upon the thread of her consciousness. ||2||

557:18

I ask, but do not follow the way shown to me; still, I claim to have reached my destination.

I do not speak with You, O my Husband Lord; how then can I come to have a place in Your home? ||3||

557:20

O Nanak, without the One Lord, there is no other at all.

557:21

If the soul-bride remains attached to You, then she shall enjoy her Husband Lord. ||4||2||

557:22

Wadahans, First Mehl, Second House:

557:23

The peacocks are singing so sweetly, O sister; the rainy season of Saawan has come.

557:24

Your beauteous eyes are like a string of charms, fascinating and enticing the soul-bride.

557:25

I would cut myself into pieces for the Blessed Vision of Your Darshan; I am a sacrifice to Your Name.

557:26

I take pride in You; without You, what could I be proud of?

557:27

So smash your bracelets along with your bed, O soul-bride, and break your arms, along with the arms of your couch.

In spite of all the decorations which you have made, O soul-bride, your Husband Lord is enjoying someone else.

-- Raag Wadahans - Part 001 --

558:29

You don't have the bracelets of gold, nor the good crystal jewelry; you haven't dealt with the true jeweller.

558:30

Those arms, which do not embrace the neck of the Husband Lord, burn in anguish.

558:31

All my companions have gone to enjoy their Husband Lord; which door should I, the wretched one, go to?

558:32

O friend, I may look very attractive, but I am not pleasing to my Husband Lord at all.

558:33

I have woven my hair into lovely braids, and saturated their partings with vermillion;

558:34

but when I go before Him, I am not accepted, and I die, suffering in anguish.

558:35

I weep; the whole world weeps; even the birds of the forest weep with me.

558:36

The only thing which doesn't weep is my body's sense of separateness, which has separated me from my Lord.

In a dream, He came, and went away again; I cried so many tears.

558:38

I can't come to You, O my Beloved, and I can't send anyone to You.

558:39

Come to me, O blessed sleep – perhaps I will see my Husband Lord again.

558:40

One who brings me a message from my Lord and Master – says Nanak, what shall I give to Him?

558:41

Cutting off my head, I give it to Him to sit upon; without my head, I shall still serve Him.

558:42

Why haven't I died? Why hasn't my life just ended? My Husband Lord has become a stranger to me. ||1||3||

558:43

Wadahans, Third Mehl, First House:

558:44

One Universal Creator God. By The Grace Of The True Guru:

558:45

When the mind is filthy, everything is filthy; by washing the body, the mind is not cleaned.

558:46

This world is deluded by doubt; how rare are those who understand this. ||1||

Raag Wadahans - Part 002 558:47 O my mind, chant the One Name. 558:48 The True Guru has given me this treasure. ||1||Pause|| 558:49 Even if one learns the Yogic postures of the Siddhas, and holds his sexual energy in check, 558:50 still, the filth of the mind is not removed, and the filth of egotism is not eliminated. ||2|| 558:51 This mind is not controlled by any other discipline, except the Sanctuary of the True Guru. 558:52 Meeting the True Guru, one is transformed beyond description. ||3|| 558:53 Prays Nanak, one who dies upon meeting the True Guru, shall be rejuvenated through the Word of the Guru's Shabad. 558:54 The filth of his attachment and possessiveness shall depart, and his mind shall become pure. ||4||1||

558:55

Wadahans, Third Mehl:

By His Grace, one serves the True Guru; by His Grace, service is performed.

558:57

By His grace, this mind is controlled, and by His Grace, it becomes pure. ||1||

558:58

O my mind, think of the True Lord.

558:59

Think of the One Lord, and you shall obtain peace; you shall never suffer in sorrow again. ||1||Pause||

558:60

By His Grace, one dies while yet alive, and by His Grace, the Word of the Shabad is enshrined in the mind.

558:61

By His Grace, one understands the Hukam of the Lord's Command, and by His Command, one merges into the Lord. ||2||

558:62

That tongue, which does not savor the sublime essence of the Lord – may that tongue be burned off!

558:63

It remains attached to other pleasures, and through the love of duality, it suffers in pain. ||3||

558:64

The One Lord grants His Grace to all; He Himself makes distinctions.

O Nanak, meeting the True Guru, the fruits are obtained, and one is blessed with the Glorious Greatness of the Naam. ||4||2||

-- Raag Wadahans - Part 002 --

559:66 Wadahans, Third Mehl: 559:67 Emotional attachment to Maya is darkness; without the Guru, there is no wisdom. 559:68 Those who are attached to the Word of the Shabad understand; duality has ruined the people. ||1|| 559:69 O my mind, under Guru's Instruction, do good deeds. 559:70 Dwell forever and ever upon the Lord God, and you shall find the gate of salvation. ||1||Pause|| 559:71 The Lord alone is the treasure of virtue; He Himself gives, and then one receives. 559:72 Without the Name, all are separated from the Lord; through the Word of the Guru's Shabad, one meets the Lord. ||2|| 559:73 Acting in ego, they lose, and nothing comes into their hands. 559:74

Meeting the True Guru, they find Truth, and merge into the True Name. ||3||

559:75

Hope and desire abide in this body, but the Lord's Light shines within as well.

559:76

O Nanak, the self-willed manmukhs remain in bondage; the Gurmukhs are liberated. ||4||3||

559:77

Wadahans, Third Mehl:

559:78

The faces of the happy soul-brides are radiant forever; through the Guru, they are peacefully poised.

559:79

They enjoy their Husband Lord constantly, eradicating their ego from within. ||1||

559:80

O my mind, meditate on the Name of the Lord, Har, Har.

559:81

The True Guru has led me to understand the Lord. ||1||Pause||

559:82

The abandoned brides cry out in their suffering; they do not attain the Mansion of the Lord's Presence.

559:83

In the love of duality, they appear so ugly; they suffer in pain as they go to the world beyond. ||2||

559:84

The virtuous soul-bride constantly chants the Glorious Praises of the Lord; she enshrines the Naam, the Name of the Lord, within her heart.

559:85

The unvirtuous woman suffers, and cries out in pain. ||3||

559:86

The One Lord and Master is the Husband Lord of all; His Praises cannot be expressed.

559:87

O Nanak, He has separated some from Himself, while others are to His Name. ||4||4||

559:88

Wadahans, Third Mehl:

559:89

The Ambrosial Nectar of the Naam is always sweet to me; through the Word of the Guru's Shabad, I come to taste it.

559:90

Through the True Word of the Guru's Bani, I am merged in peace and poise; the Dear Lord is enshrined in the mind. ||1||

559:91

The Lord, showing His Mercy, has caused me to meet the True Guru.

559:92

Through the Perfect True Guru, I meditate on the Name of the Lord. ||1||Pause||

Through Brahma, the hymns of the Vedas were revealed, but the love of Maya spread.

559:94

The wise one, Shiva, remains absorbed in himself, but he is engrossed in dark passions and excessive egotism. ||2||

559:95

Vishnu is always busy reincarnating himself – who will save the world?

559:96

The Gurmukhs are imbued with spiritual wisdom in this age; they are rid of the darkness of emotional attachment. ||3||

559:97

Serving the True Guru, one is emancipated; the Gurmukh crosses over the world-ocean.

559:98

The detached renunciates are imbued with the True Name; they attain the gate of salvation. ||4||

559:99

The One True Lord is pervading and permeating everywhere; He cherishes everyone.

559:100

O Nanak, without the One Lord, I do not know any other; He is the Merciful Master of all. ||5||5||

559:101

Wadahans, Third Mehl:

The Gurmukh practices true self-discipline, and attains the essence of wisdom.

559:103

The Gurmukh meditates on the True Lord. ||1||

-- Raag Wadahans - Part 003 --

560:104 As Gurmukh, O my mind, remember the Naam, the Name of the Lord. 560:105 It shall stand by you always, and go with you. ||Pause|| 560:106 The True Lord is the social status and honor of the Gurmukh. 560:107 Within the Gurmukh, is God, his friend and helper. ||2|| 560:108 He alone becomes Gurmukh, whom the Lord so blesses. 560:109 He Himself blesses the Gurmukh with greatness. ||3|| 560:110 The Gurmukh lives the True Word of the Shabad, and practices good deeds. 560:111 The Gurmukh, O Nanak, emancipates his family and relations. ||4||6|| 560:112 Wadahans, Third Mehl:

Raag Wadahans - Part 004 560:113 My tongue is intuitively attracted to the taste of the Lord. 560:114 My mind is satisfied, meditating on the Name of the Lord. ||1|| 560:115 Lasting peace is obtained, contemplating the Shabad, the True Word of God. 560:116 I am forever a sacrifice to my True Guru. ||1||Pause|| 560:117 My eyes are content, lovingly focused on the One Lord. 560:118 My mind is content, having forsaken the love of duality. ||2|| 560:119 The frame of my body is at peace, through the Shabad, and the Name of the Lord. 560:120 The fragrance of the Naam permeates my heart. ||3||

560:121

O Nanak, one who has such great destiny written upon his forehead,

560:122

through the Bani of the Guru's Word, easily and intuitively becomes free of desire. ||4||7||

Raag Wadahans - Part 004 560:123 Wadahans, Third Mehl: 560:124 From the Perfect Guru, the Naam is obtained. 560:125 Through the Shabad, the True Word of God, one merges in the True Lord. ||1|| 560:126 O my soul, obtain the treasure of the Naam, 560:127 by submitting to the Will of your Guru. ||1||Pause|| 560:128 Through the Word of the Guru's Shabad, filth is washed away from within. 560:129 The Immaculate Naam comes to abide within the mind. ||2|| 560:130 Deluded by doubt, the world wanders around. 560:131 It dies, and is born again, and is ruined by the Messenger of Death. ||3|| 560:132

O Nanak, very fortunate are those who meditate on the Name of the Lord.

560:133

By Guru's Grace, they enshrine the Name within their minds. ||4||8||

560:134

Wadahans, Third Mehl:

560:135

Ego is opposed to the Name of the Lord; the two do not dwell in the same place.

560:136

In egotism, selfless service cannot be performed, and so the soul goes unfulfilled. ||1||

560:137

O my mind, think of the Lord, and practice the Word of the Guru's Shabad.

560:138

If you submit to the Hukam of the Lord's Command, then you shall meet with the Lord; only then will your ego depart from within. ||Pause||

560:139

Egotism is within all bodies; through egotism, we come to be born.

560:140

Egotism is total darkness; in egotism, no one can understand anything. ||2||

560:141

In egotism, devotional worship cannot be performed, and the Hukam of the Lord's Command cannot be understood.

In egotism, the soul is in bondage, and the Naam, the Name of the Lord, does not come to abide in the mind. ||3||

560:143

O Nanak, meeting with the True Guru, egotism is eliminated, and then, the True Lord comes to dwell in the mind||

560:144

One starts practicing truth, abides in truth and by serving the True One gets absorbed in Him. ||4||9||12||

560:145

Wadahans, Fourth Mehl, First House:

560:146

One Universal Creator God. By The Grace Of The True Guru:

560:147

There is one bed, and One Lord God.

560:148

The Gurmukh enjoys the Lord, the ocean of peace. ||1||

560:149

My mind longs to meet my Beloved Lord.

-- Raag Wadahans - Part 004 --

561:150 The Perfect Guru leads me to meet my Beloved; I am a sacrifice, a sacrifice to my Guru. ||1||Pause|| 561:151 My body is over–flowing with corruption; 561:152 how can I meet my Perfect Beloved? ||2|| 561:153 The virtuous ones obtain my Beloved; 561:154 I do not have these virtues. How can I meet Him, O my mother? ||3|| 561:155 I am so tired of making all these efforts. 561:156 Please protect Nanak, the meek one, O my Lord. ||4||1|| 561:157 Wadahans, Fourth Mehl: 561:158

My Lord God is so beautiful. I do not know His worth.

561:159

Abandoning my Lord God, I have become entangled in duality. ||1||

561:160

How can I meet with my Husband? I don't know.

561:161

She who pleases her Husband Lord is a happy soul-bride. She meets with her Husband Lord – she is so wise. ||1||Pause||

561:162

I am filled with faults; how can I attain my Husband Lord?

561:163

You have many loves, but I am not in Your thoughts, O my Husband Lord. ||2||

561:164

She who enjoys her Husband Lord, is the good soul-bride.

561:165

I don't have these virtues; what can I, the discarded bride, do? ||3||

561:166

The soul-bride continually, constantly enjoys her Husband Lord.

561:167

I have no good fortune; will He ever hold me close in His embrace? ||4||

561:168

You, O Husband Lord, are meritorious, while I am without merit.

561:169

I am worthless; please forgive Nanak, the meek. ||5||2||

561:170

Wadahans, Fourth Mehl, Second House:

561:171

One Universal Creator God. By The Grace Of The True Guru:

561:172

Within my mind there is such a great yearning; how will I attain the Blessed Vision of the Lord's Darshan?

561:173

I go and ask my True Guru; with the Guru's advice, I shall teach my foolish mind.

561:174

The foolish mind is instructed in the Word of the Guru's Shabad, and meditates forever on the Lord, Har, Har.

561:175

O Nanak, one who is blessed with the Mercy of my Beloved, focuses his consciousness on the Lord's Feet. ||1||

561:176

I dress myself in all sorts of robes for my Husband, so that my True Lord God will be pleased.

561:177

But my Beloved Husband Lord does not even cast a glance in my direction; how can I be consoled?

561:178

For His sake, I adorn myself with adornments, but my Husband is imbued with the love of another.

561:179

O Nanak, blessed, blessed is that soul–bride, who enjoys her True, Sublime Husband Lord. ||2||

561:180

I go and ask the fortunate, happy soul-bride, "How did you attain Him - your Husband Lord, my God?"

561:181

She answers, "My True Husband blessed me with His Mercy; I abandoned the distinction between mine and yours.

561:182

Dedicate everything, mind, body and soul, to the Lord God; this is the Path to meet Him, O sister."

561:183

If her God gazes upon her with favor, O Nanak, her light merges into the Light. ||3||

561:184

I dedicate my mind and body to the one who brings me a message from my Lord God.

561:185

I wave the fan over him every day, serve him and carry water for him.

561:186

Constantly and continuously, I serve the Lord's humble servant, who recites to me the sermon of the Lord, Har, Har.

-- Raag Wadahans - Part 005 --

562:187

Hail, hail unto the Guru, the Guru, the Perfect True Guru, who fulfills Nanak's heart's desires. ||4||

562:188

O Lord, let me meet the Guru, my best friend; meeting Him, I meditate on the Lord's Name.

562:189

I seek the Lord's sermon from the Guru, the True Guru; joining with Him, I sing the Glorious Praises of the Lord.

562:190

Each and every day, forever, I sing the Lord's Praises; my mind lives by hearing Your Name.

562:191

O Nanak, that moment when I forget my Lord and Master – at that moment, my soul dies. ||5||

562:192

Everyone longs to see the Lord, but he alone sees Him, whom the Lord causes to see Him.

562:193

One upon whom my Beloved bestows His Glance of Grace, cherishes the Lord, Har, Har forever.

562:194

He alone cherishes the Lord, Har, Har, forever and ever, who meets my Perfect True Guru.

562:195

O Nanak, the Lord's humble servant and the Lord become One; meditating on the Lord, he blends with the Lord. ||6||1||3||

562:196

Wadahans, Fifth Mehl, First House:

562:197

One Universal Creator God. By The Grace Of The True Guru:

562:198

His Darbaar, His Court, is the most lofty and exalted.

562:199

It has no end or limitations.

562:200

Millions, millions, tens of millions seek,

562:201

but they cannot find even a tiny bit of His Mansion. ||1||

562:202

What is that auspicious moment, when God is met? ||1||Pause||

562:203

Tens of thousands of devotees worship Him in adoration.

562:204

Tens of thousands of ascetics practice austere discipline.

Raag Wadahans - Part 006 562:205 Tens of thousands of Yogis practice Yoga. 562:206 Tens of thousands of pleasure seekers seek pleasure. ||2|| 562:207 He dwells in each and every heart, but only a few know this. 562:208 Is there any friend who can rip apart the screen of separation? 562:209 I can only make the effort, if the Lord is merciful to me. 562:210 I sacrifice my body and soul to Him. ||3|| 562:211 After wandering around for so long, I have finally come to the Saints; 562:212 all of my pains and doubts have been eradicated.

562 : 213

God summoned me to the Mansion of His Presence, and blessed me with the Ambrosial Nectar of His Name.

562:214

Says Nanak, my God is lofty and exalted. ||4||1||

Raag Wadahans - Part 006 562:215 Wadahans, Fifth Mehl: 562:216 Blessed is that time, when the Blessed Vision of His Darshan is given; 562:217 I am a sacrifice to the feet of the True Guru. ||1|| 562:218 You are the Giver of souls, O my Beloved God. 562:219 My soul lives by reflecting upon the Name of God. ||1||Pause|| 562:220 True is Your Mantra, Ambrosial is the Bani of Your Word. 562:221 Cooling and soothing is Your Presence, all-knowing is Your gaze. ||2|| 562:222 True is Your Command; You sit upon the eternal throne. 562:223 My eternal God does not come or go. ||3||

You are the Merciful Master; I am Your humble servant.

562 : 229

Your servant offers this prayer, O Beloved:

-- Raag Wadahans - Part 006 --

563:230 I live by meditating on Your Feet, God. ||1||Pause|| 563:231 O my Merciful and Almighty God, O Great Giver, 563:232 he alone knows You, whom You so bless. ||2|| 563:233 Forever and ever, I am a sacrifice to You. 563:234 Here and hereafter, I seek Your Protection. ||3|| 563:235 I am without virtue; I know none of Your Glorious Virtues. 563:236 O Nanak, seeing the Holy Saint, my mind is imbued with You. ||4||3|| 563:237 Wadahans, Fifth Mehl: 563:238 God is perfect – He is the Inner–knower, the Searcher of hearts.

Raag Wadahans - Part 007 563:239 He blesses us with the gift of the dust of the feet of the Saints. ||1|| 563:240 Bless me with Your Grace, God, O Merciful to the meek. 563:241 I seek Your Protection, O Perfect Lord, Sustainer of the World. ||1||Pause|| 563:242 He is totally pervading and permeating the water, the land and the sky. 563:243 God is near at hand, not far away. ||2|| 563:244 One whom He blesses with His Grace, meditates on Him. 563:245 Twenty–four hours a day, he sings the Glorious Praises of the Lord. ||3|| 563:246 He cherishes and sustains all beings and creatures. 563:247 Nanak seeks the Sanctuary of the Lord's Door. ||4||4||

563:248

Wadahans, Fifth Mehl:

Raag Wadahans - Part 007 563:249 You are the Great Giver, the Inner-knower, the Searcher of hearts. 563:250 God, the Perfect Lord and Master, is permeating and pervading in all. ||1|| 563:251 The Name of my Beloved God is my only support. 563:252 I live by hearing, continually hearing Your Name. ||1||Pause|| 563:253 I seek Your Sanctuary, O my Perfect True Guru. 563:254 My mind is purified by the dust of the Saints. ||2|| 563:255 I have enshrined His Lotus Feet within my heart.

563:256

I am a sacrifice to the Blessed Vision of Your Darshan. ||3||

563:257

Show mercy unto me, that I may sing Your Glorious Praises.

563:258

O Nanak, chanting the Naam, the Name of the Lord, I obtain peace. ||4||5||

Raag Wadahans - Part 007 563:259 Wadahans, Fifth Mehl: 563:260 In the Saadh Sangat, the Company of the Holy, drink in the Ambrosial Nectar of the Lord. 563:261 The soul does not die, nor does it ever waste away. ||1|| 563:262 By great good fortune, one meets the Perfect Guru. 563:263 By Guru's Grace, one meditates on God. ||1||Pause|| 563:264 The Lord is the jewel, the pearl, the gem, the diamond. 563:265 Meditating, meditating in remembrance on God, I am in ecstasy. ||2|| 563:266 Wherever I look, I see the Sanctuary of the Holy. 563:267 Singing the Glorious Praises of the Lord, my soul becomes immaculately pure. ||3|| 563:268

Within each and every heart, dwells my Lord and Master.

Raag Wadahans - Part 007 563:269 O Nanak, one obtains the Naam, the Name of the Lord, when God bestows His Mercy. ||4||6|| 563:270 Wadahans, Fifth Mehl: 563:271 Do not forget me, O God, Merciful to the meek. 563:272 I seek Your Sanctuary, O Perfect, Compassionate Lord. ||1||Pause|| 563:273 Wherever You come to mind, that place is blessed. 563:274 The moment I forget You, I am stricken with regret. ||1|| 563:275 All beings are Yours; You are their constant companion. 563:276 Please, give me Your hand, and pull me up out of this world-ocean. ||2||

563:277

Coming and going are by Your Will.

563:278

One whom You save is not afflicted by suffering. ||3||

Raag Wadahans - Part 007
563: 279

You are the One and only Lord and Master; there is no other.

563: 280

Nanak offers this prayer with his palms pressed together. ||4||7||
563: 281

Wadahans, Fifth Mehl:
563: 282

When You allow Yourself to be known, then we know You.

563: 283

We chant Your Name, which You have given to us. ||1||

You are wonderful! Your creative potency is amazing! ||1||Pause||

-- Raag Wadahans - Part 007 --

564:285 You Yourself are the Cause of causes, You Yourself are the Creator. 564:286 By Your Will, we are born, and by Your Will, we die. ||2|| 564:287 Your Name is the Support of our mind and body. 564:288 This is Your blessing to Nanak, Your slave. ||3||8|| 564:289 Wadahans, Fifth Mehl, Second House: 564:290 One Universal Creator God. By The Grace Of The True Guru: 564:291 Deep within me, there is a longing to meet my Beloved; how can I attain my Perfect Guru? 564:292 Even though a baby may play hundreds of games, he cannot survive without milk. 564:293 The hunger within me is not satisfied, O my friend, even though I am served hundreds of

dishes.

564:294

My mind and body are filled with love for my Beloved; how can my soul find relief, without the Blessed Vision of the Lord's Darshan? ||1||

564:295

Listen, O my dear friends and siblings – lead me to my True Friend, the Giver of peace.

564:296

He knows all the troubles of my soul; every day, he tells me stories of the Lord.

564:297

I cannot live without Him, even for an instant. I cry out for Him, just as the song-bird cries for the drop of water.

564:298

Which of Your Glorious Virtues should I sing? You save even worthless beings like me. ||2||

564:299

I have become depressed, waiting for my Husband Lord, O my friend; when shall my eyes behold my Husband?

564:300

I have forgotten how to enjoy all pleasures; without my Husband Lord, they are of no use at all.

564:301

These clothes do not please my body; I cannot dress myself.

564:302

I bow to those friends of mine, who have enjoyed their Beloved Husband Lord. ||3||

564:303

I have adorned myself with all sorts of decorations, O my friend, but without my Husband Lord, they are of no use at all.

564:304

When my Husband does not care for me, O my friend, then my youth passes, totally useless.

564:305

Blessed, blessed are the happy soul-brides, O my friend, who are blended with their Husband Lord.

564:306

I am a sacrifice to those happy soul-brides; I wash their feet again and again. ||4||

564:307

As long as I suffered from duality and doubt, O my friend, I thought God was far away.

564:308

But when I met the Perfect True Guru, O my friend, then all my hopes and desires were fulfilled.

564:309

I have obtained all pleasures and comforts, O my friend; my Husband Lord is all-pervading everywhere.

564:310

Servant Nanak enjoys the Lord's Love, O my friend; I fall at the feet of the Guru, the True Guru. ||5||1||9||

564:311

Wadahans, Third Mehl, Ashtapadees:

564:312

One Universal Creator God. By The Grace Of The True Guru:

564:313

True is the Bani of His Word, and True is the melody; True is contemplative meditation on the Word of the Shabad.

564:314

Night and day, I praise the True Lord. Blessed, blessed is my great good fortune. ||1||

564:315

O my mind, let yourself be a sacrifice to the True Name.

564:316

If you become the slave of the Lord's slaves, you shall obtain the True Name. ||1||Pause||

-- Raag Wadahans - Part 008 --

565 : 317

True is the tongue which is imbued with Truth, and true are the mind and body.

565:318

By praising any other than the True Lord, one's whole life is wasted. ||2||

565:319

Let Truth be the farm, Truth the seed, and Truth the merchandise you trade.

565:320

Night and day, you shall earn the profit of the Lord's Name; you shall have the treasure overflowing with the wealth of devotional worship. ||3||

565:321

Let Truth be your food, and let Truth be your clothes; let your True Support be the Name of the Lord.

565:322

One who is so blessed by the Lord, obtains a seat in the Mansion of the Lord's Presence. ||4||

565:323

In Truth we come, and in Truth we go, and then, we are not consigned to reincarnation again.

565:324

The Gurmukhs are hailed as True in the True Court; they merge in the True Lord. ||5||

Deep within they are True, and their minds are True; they sing the Glorious Praises of the True Lord.

565:326

In the true place, they praise the True Lord; I am a sacrifice to the True Guru. ||6||

565:327

True is the time, and true is the moment, when one falls in love with the True Lord.

565:328

Then, he sees Truth, and speaks the Truth; he realizes the True Lord pervading the entire Universe. ||7||

565:329

O Nanak, one merges with the True Lord, when He merges with Himself.

565:330

As it pleases Him, He preserves us; He Himself ordains His Will. ||8||1||

565:331

Wadahans, Third Mehl:

565:332

His mind wanders in the ten directions - how can he sing the Glorious Praises of the Lord?

565:333

The sensory organs are totally engrossed in sensuality; sexual desire and anger constantly afflict him. ||1||

565 : 334

Waaho! Waaho! Hail! Hail! Chant His Glorious Praises.

565:335

The Lord's Name is so difficult to obtain in this age; under Guru's Instruction, drink in the subtle essence of the Lord. ||1||Pause||

565:336

Remembering the Word of the Shabad, the mind becomes immaculately pure, and then, one sings the Glorious Praises of the Lord.

565:337

Under Guru's Instruction, one comes to understand his own self, and then, he comes to dwell in the home of his inner self. ||2||

565:338

O my mind, be imbued forever with the Lord's Love, and sing forever the Glorious Praises of the Lord.

565:339

The Immaculate Lord is forever the Giver of peace; from Him, one receives the fruits of his heart's desires. ||3||

565:340

I am lowly, but I have been exalted, entering the Sanctuary of the Lord.

565:341

He has lifted up the sinking stone; True is His glorious greatness. ||4||

565:342

From poison, I have been transformed into Ambrosial Nectar; under Guru's Instruction, I have obtained wisdom.

From bitter herbs, I have been transformed into sandalwood; this fragrance permeates me deep within. ||5||

565:344

This human birth is so precious; one must earn the right to come into the world.

565:345

By perfect destiny, I met the True Guru, and I meditate on the Lord's Name. ||6||

565:346

The self-willed manmukhs are deluded; attached to corruption, they waste away their lives in vain.

565:347

The Name of the Lord is forever an ocean of peace, but the manmukhs do not love the Word of the Shabad. ||7||

565:348

Everyone can chant the Name of the Lord, Har, Har with their mouths, but only a few enshrine it within their hearts.

565:349

O Nanak, those who enshrine the Lord within their hearts, attain liberation and emancipation. ||8||2||

565:350

Wadahans, First Mehl, Chhant:

565:351

One Universal Creator God. By The Grace Of The True Guru:

Why bother to wash the body, polluted by falsehood?

565 : 353

One's cleansing bath is only approved, if he practices Truth.

565 : 354

When there is Truth within the heart, then one becomes True, and obtains the True Lord.

-- Raag Wadahans - Part 009 --

566:355 Without pre-ordained destiny, understanding is not attained; talking and babbling, one wastes his life away. 566:356 Wherever you go and sit, speak well, and write the Word of the Shabad in your consciousness. 566:357 Why bother to wash the body which is polluted by falsehood? ||1|| 566:358 When I have spoken, I spoke as You made me speak. 566:359 The Ambrosial Name of the Lord is pleasing to my mind. 566:360 The Naam, the Name of the Lord, seems so sweet to my mind; it has destroyed the dwelling of pain. 566:361 Peace came to dwell in my mind, when You gave the Order. 566:362 It is Yours to bestow Your Grace, and it is mine to speak this prayer; You created Yourself.

When I have spoken, I spoke as You made me speak. ||2||

566:364

The Lord and Master gives them their turn, according to the deeds they have done.

566:365

Do not speak ill of others, or get involved in arguments.

566:366

Do not get into arguments with the Lord, or you shall ruin yourself.

566:367

If you challenge the One, with whom you must abide, you will cry in the end.

566:368

Be satisfied with what God gives you; tell your mind not to complain uselessly.

566:369

The Lord and Master gives them their turn, according to the deeds they have done. ||3||

566:370

He Himself created all, and He blesses then with His Glance of Grace.

566:371

No one asks for that which is bitter; everyone asks for sweets.

566:372

Let everyone ask for sweets, and behold, it is as the Lord wills.

Giving donations to charity, and performing various religious rituals are not equal to the contemplation of the Naam.

566:374

O Nanak, those who are blessed with the Naam have had such good karma pre-ordained.

566:375

He Himself created all, and He blesses them with His Glance of Grace. ||4||1||

566:376

Wadahans, First Mehl:

566:377

Show mercy to me, that I may chant Your Name.

566:378

You Yourself created all, and You are pervading among all.

566:379

You Yourself are pervading among all, and You link them to their tasks.

566:380

Some, You have made kings, while others go about begging.

566:381

You have made greed and emotional attachment seem sweet; they are deluded by this delusion.

566:382

Be ever merciful to me; only then can I chant Your Name. ||1||

566:383

Your Name is True, and ever pleasing to my mind.

566:384

My pains are dispelled, and I am permeated with peace.

566:385

The angels, the mortals and the silent sages sing of You.

566:386

The angels, the mortals and the silent sages sing of You; they are pleasing to Your Mind.

566:387

Enticed by Maya, they do not remember the Lord, and they waste away their lives in vain.

566:388

Some fools and idiots never think of the Lord; whoever has come, shall have to go.

566:389

Your Name is True, and ever pleasing to my mind. ||2||

566:390

Beauteous is Your time, O Lord; the Bani of Your Word is Ambrosial Nectar.

566:391

Your servants serve You with love; these mortals are attached to Your essence.

566:392

Those mortals are attached to Your essence, who are blessed with the Ambrosial Name.

566:393

Those who are imbued with Your Name, prosper more and more, day by day.

566:394

Some do not practice good deeds, or live righteously; nor do they practice self–restraint. They do not realize the One Lord.

566:395

Ever beauteous is Your time, O Lord; the Bani of Your Word is Ambrosial Nectar. ||3||

566:396

I am a sacrifice to the True Name.

-- Raag Wadahans - Part 010 --

567:397 Your rule shall never end. 567:398 Your rule is eternal and unchanging; it shall never come to an end. 567:399 He alone becomes Your servant, who contemplates You in peaceful ease. 567:400 Enemies and pains shall never touch him, and sin shall never draw near him. 567:401 I am forever a sacrifice to the One Lord, and Your Name. ||4|| 567:402 Throughout the ages, Your devotees sing the Kirtan of Your Praises, O Lord Master, at Your Door. 567:403 They meditate on the One True Lord. 567:404 Only then do they meditate on the True Lord, when they enshrine Him in their minds. 567:405

Doubt and delusion are Your making; when these are dispelled,

567:406

then, by Guru's Grace, You grant Your Grace, and save them from the noose of Death.

567:407

Throughout the ages, they are Your devotees. ||5||

567:408

O my Great Lord and Master, You are unfathomable and infinite.

567:409

How should I make and offer my prayer? I do not know what to say.

567:410

If You bless me with Your Glance of Grace, I realize the Truth.

567:411

Only then do I come to realize the Truth, when You Yourself instruct me.

567:412

The pain and hunger of the world are Your making; dispel this doubt.

567:413

Prays Nanak, ones skepticism is taken away, when he understands the Guru's wisdom.

567:414

The Great Lord Master is unfathomable and infinite. ||6||

567:415

Your eyes are so beautiful, and Your teeth are delightful.

567:416

Your nose is so graceful, and Your hair is so long.

567:417

Your body is so precious, cast in gold.

567:418

His body is cast in gold, and He wears Krishna's mala; meditate on Him, O sisters.

567:419

You shall not have to stand at Death's door, O sisters, if you listen to these teachings.

567:420

From a crane, you shall be transformed into a swan, and the filth of your mind shall be removed.

567:421

Your eyes are so beautiful, and Your teeth are delightful. ||7||

567:422

Your walk is so graceful, and Your speech is so sweet.

567:423

You coo like a songbird, and your youthful beauty is alluring.

567:424

Your youthful beauty is so alluring; it pleases You, and it fulfills the heart's desires.

567:425

Like an elephant, You step with Your Feet so carefully; You are satisfied with Yourself.

567:426

She who is imbued with the Love of such a Great Lord, flows intoxicated, like the waters of the Ganges.

567:427

Prays Nanak, I am Your slave, O Lord; Your walk is so graceful, and Your speech is so sweet. ||8||2||

567:428

Wadahans, Third Mehl, Chhant:

567:429

One Universal Creator God. By The Grace Of The True Guru:

567:430

Let yourself be imbued with the Love of your Husband Lord, O beautiful, mortal bride.

567:431

Let yourself remain merged in the True Word of the Shabad, O mortal bride; savor and enjoy the Love of your Beloved Husband Lord.

567:432

The Husband Lord embellishes His beloved bride with His True Love; she is in love with the Lord, Har, Har.

567:433

Renouncing her self-centeredness, she attains her Husband Lord, and remains merged in the Word of the Guru's Shabad.

567:434

That soul bride is adorned, who is attracted by His Love, and who treasures the Love of her Beloved within her heart.

567:435

O Nanak, the Lord blends that soul bride with Himself; the True King adorns her. ||1||

567:436

O worthless bride, see your Husband Lord ever-present.

567:437

One who, as Gurmukh, enjoys her Husband Lord, O mortal bride, knows Him to be all-pervading everywhere.

-- Raag Wadahans - Part 011 --

568:438

The Lord is all-pervading everywhere; behold Him ever-present. Throughout the ages, know Him as the One.

568:439

The young, innocent bride enjoys her Husband Lord; she meets Him, the Architect of karma.

568:440

One who tastes the sublime essence of the Lord, and utters the sublime Word of the Shabad, remains immersed in the Lord's Ambrosial Pool.

568:441

O Nanak, that soul bride is pleasing to her Husband Lord, who, through the Shabad, remains in His Presence. ||2||

568:442

Go and ask the happy soul-brides, O mortal bride, who have eradicated their self-conceit from within.

568:443

Those who have not eradicated their self-conceit, O mortal bride, do not realize the Hukam of their Husband Lord's Command.

568:444

Those who eradicate their self-conceit, obtain their Husband Lord; they delight in His Love.

568:445

Ever imbued with His Love, in perfect poise and grace, she repeats His Name, night and day.

568:446

Very fortunate is that bride, who focuses her consciousness on Him; her Lord's Love is so sweet to her.

568:447

O Nanak, that soul-bride who is adorned with Truth, is imbued with her Lord's Love, in the state of perfect poise. ||3||

568:448

Overcome your egotism, O mortal bride, and walk in the Guru's Way.

568:449

Thus you shall ever enjoy your Husband Lord, O mortal bride, and obtain an abode in the home of your own inner being.

568:450

Obtaining an abode in the home of her inner being, she vibrates the Word of the Shabad, and is a happy soul–bride forever.

568:451

The Husband Lord is delightful, and forever young; night and day, He embellishes His bride.

568:452

Her Husband Lord activates the destiny written on her forehead, and she is adorned with the True Shabad.

568:453

O Nanak, the soul-bride is imbued with the Love of the Lord, when she walks according to the Will of the True Guru. ||4||1||

Wadahans, Third Mehl:

568:455

All dealings of the Gurmukh are good, if they are accomplished with poise and grace.

568:456

Night and day, he repeats the Naam, the Name of the Lord, and he earns his profits, drinking in the subtle essence of the Lord.

568:457

He earns the profit of the subtle essence of the Lord, meditating on the Lord, and repeating the Naam, night and day.

568:458

He gathers in merits, and eliminates demerits, and realizes his own self.

568:459

Under Guru's Instruction, he is blessed with glorious greatness; he drinks in the essence of the True Word of the Shabad.

568:460

O Nanak, devotional worship of the Lord is wonderful, but only a few Gurmukhs perform it. ||1||

568:461

As Gurmukh, plant the crop of the Lord within the field of your body, and let it grow.

568:462

Within the home of your own being, enjoy the Lord's subtle essence, and earn profits in the world hereafter.

This profit is earned by enshrining the Lord within your mind; blessed is this farming and trade.

568:464

Meditating on the Lord's Name, and enshrining Him within your mind, you shall come to understand the Guru's Teachings.

568:465

The self-willed manmukhs have grown weary of this farming and trade; their hunger and thirst will not go away.

568:466

O Nanak, plant the seed of the Name within your mind, and adorn yourself with the True Word of the Shabad. ||2||

568:467

Those humble beings engage in the Lord's Trade, who have the jewel of such pre-ordained destiny upon their foreheads.

568:468

Under Guru's Instruction, the soul dwells in the home of the self; through the True Word of the Shabad, she becomes unattached.

568:469

By the destiny written upon their foreheads, they become truly unattached, and by reflective meditation, they are imbued with Truth.

568:470

Without the Naam, the Name of the Lord, the whole world is insane; through the Shabad, the ego is conquered.

Attached to the True Word of the Shabad, wisdom comes forth. The Gurmukh obtains the Naam, the Name of the Husband Lord.

-- Raag Wadahans - Part 012 --

569:472

O Nanak, through the Shabad, one meets the Lord, the Destroyer of fear, and by the destiny written on her forehead, she enjoys Him. ||3||

569:473

All farming and trading is by Hukam of His Will; surrendering to the Lord's Will, glorious greatness is obtained.

569:474

Under Guru's Instruction, one comes to understand the Lord's Will, and by His Will, he is united in His Union.

569:475

By His Will, one merges and easily blends with Him. The Shabads of the Guru are incomparable.

569:476

Through the Guru, true greatness is obtained, and one is embellished with Truth.

569:477

He finds the Destroyer of fear, and eradicates his self-conceit; as Gurmukh, he is united in His Union.

569:478

Says Nanak, the Name of the immaculate, inaccessible, unfathomable Commander is permeating and pervading everywhere. ||4||2||

569:479

Wadahans, Third Mehl:

569:480

O my mind, contemplate the True Lord forever.

569:481

Dwell in peace in the home of your own self, and the Messenger of Death shall not touch you.

569:482

The noose of the Messenger of Death shall not touch you, when you embrace love for the True Word of the Shabad.

569:483

Ever imbued with the True Lord, the mind becomes immaculate, and its coming and going is ended.

569:484

The love of duality and doubt have ruined the self-willed manmukh, who is lured away by the Messenger of Death.

569:485

Says Nanak, listen, O my mind: contemplate the True Lord forever. ||1||

569:486

O my mind, the treasure is within you; do not search for it on the outside.

569:487

Eat only that which is pleasing to the Lord, and as Gurmukh, receive the blessing of His Glance of Grace.

569:488

As Gurmukh, receive the blessing of His Glance of Grace, O my mind; the Name of the Lord, your help and support, is within you.

569:489

The self-willed manmukhs are blind, and devoid of wisdom; they are ruined by the love of duality.

569:490

Without the Name, no one is emancipated. All are bound by the Messenger of Death.

569:491

O Nanak, the treasure is within you; do not search for it on the outside. ||2||

569:492

O my mind, obtaining the blessing of this human birth, some are engaged in the trade of Truth.

569:493

They serve their True Guru, and the Infinite Word of the Shabad resounds within them.

569:494

Within them is the Infinite Shabad, and the Beloved Naam, the Name of the Lord; through the Naam, the nine treasures are obtained.

569:495

The self-willed manmukhs are engrossed in emotional attachment to Maya; they suffer in pain, and through duality, they lose their honor.

569:496

But those who conquer their ego, and merge in the True Shabad, are totally imbued with Truth.

569:497

O Nanak, it is so difficult to obtain this human life; the True Guru imparts this understanding. ||3||

569:498

O my mind, those who serve their True Guru are the most fortunate beings.

569:499

Those who conquer their minds are beings of renunciation and detachment.

569:500

They are beings of renunciation and detachment, who lovingly focus their consciousness on the True Lord; they realize and understand their own selves.

569:501

Their intellect is steady, deep and profound; as Gurmukh, they naturally chant the Naam, the Name of the Lord.

569:502

Some are lovers of beautiful young women; emotional attachment to Maya is very dear to them. The unfortunate self–willed manmukhs remain asleep.

569:503

O Nanak, those who intuitively serve their Guru, have perfect destiny. ||4||3||

569:504

Wadahans, Third Mehl:

569:505

Purchase the jewel, the invaluable treasure; the True Guru has given this understanding.

569:506

The profit of profits is the devotional worship of the Lord; one's virtues merge into the virtues of the Lord.

-- Raag Wadahans - Part 013 --

570:507

One's virtues merge into the virtues of the Lord; he comes to understand his own self. He earns the profit of devotional worship in this world.

570:508

Without devotion, there is no peace; through duality, one's honor is lost, but under Guru's Instruction, he is blessed with the Support of the Naam.

570:509

He ever earns the profit of the merchandise of the Naam, whom the Lord employs in this Trade.

570:510

He purchases the jewel, the invaluable treasure, unto whom the True Guru has given this understanding. ||1||

570:511

The love of Maya is totally painful; this is a bad deal.

570:512

Speaking falsehood, one eats poison, and the evil within increases greatly.

570:513

The evil within increases greatly, in this world of doubt; without the Name, one's honor is lost.

570:514

Reading and studying, the religious scholars argue and debate; but without understanding, there is no peace.

570:515

Their comings and goings never end; emotional attachment to Maya is dear to them.

570:516

The love of Maya is totally painful; this is a bad deal. ||2||

570:517

The counterfeit and the genuine are all assayed in the Court of the True Lord.

570:518

The counterfeit are cast out of the Court, and they stand there, crying out in misery.

570:519

They stand there, crying out in misery; the foolish, idiotic, self-willed manmukhs have wasted their lives.

570:520

Maya is the poison which has deluded the world; it does not love the Naam, the Name of the Lord.

570:521

The self-willed manmukhs are resentful toward the Saints; they harvest only pain in this world.

570:522

The counterfeit and the genuine are assayed in that True Court of the Lord. ||3||

570:523

He Himself acts; who else should I ask? No one else can do anything.

As He pleases, He engages us; such is His glorious greatness.

570:525

Such is His glorious greatness – He Himself causes all to act; no one is a warrior or a coward.

570:526

The Life of the World, the Great Giver, the Architect of karma – He Himself grants forgiveness.

570:527

By Guru's Grace, self-conceit is eradicated, O Nanak, and through the Naam, honor is obtained.

570:528

He Himself acts; who else should I ask? No one else can do anything. ||4||4||

570:529

Wadahans, Third Mehl:

570:530

The True merchandise is the Lord's Name. This is the true trade.

570:531

Under Guru's Instruction, we trade in the Lord's Name; its value is very great.

570:532

The value of this true trade is very great; those who are engaged in the true trade are very fortunate.

Inwardly and outwardly, they are imbued with devotion, and they enshrine love for the True Name.

570:534

One who is blessed with the Lord's Favor, obtains Truth, and reflects upon the Word of the Guru's Shabad.

570:535

O Nanak, those who are imbued with the Name find peace; they deal only in the True Name. ||1||

570:536

Egotistical involvement in Maya is filth; Maya is overflowing with filth.

570:537

Under Guru's Instruction, the mind is made pure and the tongue tastes the subtle essence of the Lord.

570:538

The tongue tastes the subtle essence of the Lord, and deep within, the heart is drenched with His Love, contemplating the True Word of the Shabad.

570:539

Deep within, the well of the heart is overflowing with the Lord's Ambrosial Nectar; the water–carrier draws and drinks in the water of the Shabad.

570:540

One who is blessed with the Lord's favor is attuned to the Truth; with his tongue, he chants the Lord's Name.

570:541

O Nanak, those who are attuned to the Naam, the Name of the Lord, are immaculate. The others are full of the filth of egotism. ||2||

570 : 542

All the religious scholars and astrologers read and study, and argue and shout. Who are they trying to teach?

-- Raag Wadahans - Part 014 --

571:543

The filth of attachment to Maya clings to their hearts; they deal in Maya alone.

571:544

They love to deal in Maya in this world; coming and going, they suffer in pain.

571:545

The worm of poison is addicted to poison; it is immersed in manure.

571:546

He does what is pre-ordained for him; no one can erase his destiny.

571:547

O Nanak, imbued with the Naam, the Name of the Lord, lasting peace is found; the ignorant fools die screaming. ||3||

571:548

Their minds are colored by emotional attachment to Maya; because of this emotional attachment, they do not understand.

571:549

The soul of the Gurmukh is imbued with the Lord's Love; the love of duality departs.

571:550

The love of duality departs, and the soul merges in Truth; the warehouse is overflowing with Truth.

One who becomes Gurmukh, comes to understand; the Lord embellishes him with Truth.

571:552

He alone merges with the Lord, whom the Lord causes to merge; nothing else can be said or done.

571:553

O Nanak, without the Name, one is deluded by doubt; but some, imbued with the Name, enshrine love for the Lord. ||4||5||

571:554

Wadahans, Third Mehl:

571:555

O my mind, the world comes and goes in birth and death; only the True Name shall emancipate you in the end.

571:556

When the True Lord Himself grants forgiveness, then one does not have to enter the cycle of reincarnation again.

571:557

He does not have to enter the cycle of reincarnation again, and he is emancipated in the end; as Gurmukh, he obtains glorious greatness.

571:558

Imbued with love for the True Lord, he is intoxicated with celestial bliss, and he remains absorbed in the Celestial Lord.

571:559

The True Lord is pleasing to his mind; he enshrines the True Lord in his mind; attuned to the Word of the Shabad, he is emancipated in the end.

571:560

O Nanak, those who are imbued with the Naam, merge in the True Lord; they are not cast into the terrifying world-ocean again. ||1||

571:561

Emotional attachment to Maya is total madness; through the love of duality, one is ruined.

571:562

Mother and father – all are subject to this love; in this love, they are entangled.

571:563

They are entangled in this love, on account of their past actions, which no one can erase.

571:564

The One who created the Universe, beholds it; no other is as great as He.

571:565

The blind, self-willed manmukh is consumed by his burning rage; without the Word of the Shabad, peace is not obtained.

571:566

O Nanak, without the Name, everyone is deluded, ruined by emotional attachment to Maya. ||2||

571:567

Seeing that this world on fire, I have hurried to the Sanctuary of the Lord.

571:568

I offer my prayer to the Perfect Guru: please save me, and bless me with Your glorious greatness.

571:569

Preserve me in Your Sanctuary, and bless me with the glorious greatness of the Name of the Lord; there is no other Giver as great as You.

571:570

Those who are engaged in serving You are very fortunate; throughout the ages, they know the One Lord.

571:571

You may practice celibacy, truth, austere self-discipline and rituals, but without the Guru, you shall not be emancipated.

571:572

O Nanak, he alone understands the Word of the Shabad, who goes and seeks the Lord's Sanctuary. ||3||

571:573

That understanding, imparted by the Lord, wells up; there is no other understanding.

571:574

Deep within, and beyond as well, You alone are, O Lord; You Yourself impart this understanding.

571:575

One whom He Himself blesses with this understanding, does not love any other. As Gurmukh, he tastes the subtle essence of the Lord.

571:576

In the True Court, he is forever True; with love, he chants the True Word of the Shabad.

-- Raag Wadahans - Part 015 --

572:577

Within his home, he finds the home of his own being; the True Guru blesses him with glorious greatness.

572:578

O Nanak, those who are attuned to the Naam find the Mansion of the Lord's Presence; their understanding is true, and approved. ||4||6||

572:579

Wadahans, Fourth Mehl, Chhant:

572:580

One Universal Creator God. By The Grace Of The True Guru:

572:581

My mind, my mind – the True Guru has blessed it with the Lord's Love.

572:582

He has enshrined the Name of the Lord, Har, Har, Har, Within my mind.

572:583

The Name of the Lord, Har, Har, dwells within my mind; He is the Destroyer of all pain.

572:584

By great good fortune, I have obtained the Blessed Vision of the Guru's Darshan; blessed, blessed is my True Guru.

While standing up and sitting down, I serve the True Guru; serving Him, I have found peace.

572:586

My mind, my mind – the True Guru has blessed it with the Lord's Love. ||1||

572:587

I live, I live, and I blossom forth, beholding the True Guru.

572:588

The Name of the Lord, the Name of the Lord, He has implanted within me; chanting the Name of the Lord, Har, I blossom forth.

572:589

Chanting the Name of the Lord, Har, Har, the heart–lotus blossoms forth, and through the Name of the Lord, I have obtained the nine treasures.

572:590

The disease of egotism has been eradicated, suffering has been eliminated, and I have entered the Lord's state of celestial Samaadhi.

572:591

I have obtained the glorious greatness of Name of the Lord from the True Guru; beholding the Divine True Guru, my mind is at peace.

572:592

I live, I live, and I blossom forth, beholding the True Guru. ||2||

572:593

If only someone would come, if only someone would come, and lead me to meet my Perfect True Guru.

572:594

My mind and body, my mind and body – I cut my body into pieces, and I dedicate these to Him.

572:595

Cutting my mind and body apart, cutting them into pieces, I offer these to the one, who recites to me the Words of the True Guru.

572:596

My unattached mind has renounced the world; obtaining the Blessed Vision of the Guru's Darshan, it has found peace.

572:597

O Lord, Har, O Giver of Peace, please, grant Your Grace, and bless me with the dust of the feet of the True Guru.

572:598

If only someone would come, if only someone would come, and lead me to meet my Perfect True Guru. ||3||

572:599

A Giver as great as the Guru, as great as the Guru – I cannot see any other.

572:600

He blesses me with the gift of the Lord's Name, the gift of the Lord's Name; He is the Immaculate Lord God.

572:601

Those who worship in adoration the Name of the Lord, Har, Har – their pain, doubts and fears are dispelled.

Through their loving service, those very fortunate ones, whose minds are attached to the Guru's Feet, meet Him.

572:603

Says Nanak, the Lord Himself causes us to meet the Guru; meeting the Almighty True Guru, peace is obtained.

572:604

A Giver as great as the Guru, as great as the Guru – I cannot see any other. ||4||1||

572:605

Wadahans, Fourth Mehl:

572:606

Without the Guru, I am – without the Guru, I am totally dishonored.

572:607

The Life of the World, the Life of the World, the Great Giver has led me to meet and merge with the Guru.

572:608

Meeting with the True Guru, I have merged into the Naam, the Name of the Lord. I chant the Name of the Lord, Har, and meditate on it.

572:609

I was seeking and searching for Him, the Lord, my best friend, and I have found Him within the home of my own being.

-- Raag Wadahans - Part 016 --

573:610

I see the One Lord, and I know the One Lord; I realize Him within my soul.

573:611

Without the Guru, I am – without the Guru, I am totally dishonored. ||1||

573:612

Those who have found the True Guru, the True Guru, the Lord God unites them in His Union.

573:613

Their feet, their feet, I adore; I fall at their feet.

573:614

O Lord, Har, I adore the feet of those who meditate on the True Guru, and the Almighty Lord God.

573:615

You are the Greatest Giver, the Inner-knower, the Searcher of hearts; please, reward my faith, O Lord King.

573:616

Meeting the Gursikh, my faith is rewarded; night and day, I sing the Glorious Praises of the Lord.

573:617

Those who have found the True Guru, the True Guru, the Lord God unites them in His Union. ||2||

573:618

I am a sacrifice, I am a sacrifice to the Gursikhs, my dear friends.

573:619

They chant the Lord's Name, the Lord's Name; the Beloved Naam, the Name of the Lord, is my only Support.

573:620

The Name of the Lord, Har, Har, is the companion of my breath of life; without it, I cannot live for an instant or a moment.

573:621

The Lord, Har, Har, the Giver of peace, shows His Mercy, and the Gurmukh drinks in the Ambrosial Nectar.

573:622

The Lord blesses him with faith, and unites him in His Union; He Himself adorns him.

573:623

I am a sacrifice, I am a sacrifice to the Gursikhs, my dear friends. ||3||

573:624

The Lord Himself, the Lord Himself, is the Immaculate Almighty Lord God.

573:625

The Lord Himself, the Lord Himself, unites us with Himself; that which He does, comes to pass.

573:626

Whatever is pleasing to the Lord God, that alone comes to pass; nothing else can be done.

573:627

Even by very clever tricks, He cannot be obtained; all have grown weary of practicing cleverness.

573:628

By Guru's Grace, servant Nanak beholds the Lord; without the Lord, I have no other at all.

573:629

The Lord Himself, the Lord Himself, is the Immaculate Almighty Lord God. ||4||2||

573:630

Wadahans, Fourth Mehl:

573:631

The Lord, the True Guru, the Lord, the True Guru – if only I could meet the Lord, the True Guru; His Lotus Feet are so pleasing to me.

573:632

The darkness of my ignorance was dispelled, when the Guru applied the healing ointment of spiritual wisdom to my eyes.

573:633

The True Guru has applied the healing ointment of spiritual wisdom to my eyes, and the darkness of ignorance has been dispelled.

573:634

Serving the Guru, I have obtained the supreme status; I meditate on the Lord with every breath, and every morsel of food.

573:635

Those, upon whom the Lord God has bestowed His Grace, are committed to the service of the True Guru.

573:636

The Lord, the True Guru, the Lord, the True Guru – if only I could meet the Lord, the True Guru; His Lotus Feet are so pleasing to me. ||1||

573:637

My True Guru, my True Guru is my Beloved; without the Guru, I cannot live.

573:638

He gives me the Name of the Lord, the Name of the Lord, my only companion in the end.

573:639

The Name of the Lord, Har, is my only companion in the end; the Guru, the True Guru, has implanted the Naam, the Name of the Lord, within me.

573:640

There, where neither child nor spouse shall accompany you, the Name of the Lord, Har, Har shall emancipate you.

573:641

Blessed, blessed is the True Guru, the Immaculate, Almighty Lord God; meeting Him, I meditate on the Name of the Lord.

573:642

My True Guru, my True Guru is my Beloved; without the Guru, I cannot live. ||2||

-- Raag Wadahans - Part 017 --

574:643

Those who have not obtained the Blessed Vision, the Blessed Vision of the Darshan of the True Guru, the Almighty Lord God,

574:644

they have fruitlessly, fruitlessly wasted their whole lives in vain.

574:645

They have wasted away their whole lives in vain; those faithless cynics die a regretful death.

574:646

They have the jewel-treasure in their own homes, but still, they are hungry; those unlucky wretches are far away from the Lord.

574:647

O Lord, please, let me not see those who do not meditate on the Name of the Lord, Har, Har,

574:648

and who have not obtained the Blessed Vision, the Blessed Vision of the Darshan of the True Guru, the Almighty Lord God. ||3||

574:649

I am a song-bird, I am a meek song-bird; I offer my prayer to the Lord.

574:650

If only I could meet the Guru, meet the Guru, O my Beloved; I dedicate myself to the devotional worship of the True Guru.

574:651

I worship the Lord, Har, Har, and the True Guru; the Lord God has granted His Grace.

574:652

Without the Guru, I have no other friend. The Guru, the True Guru, is my very breath of life.

574:653

Says Nanak, the Guru has implanted the Naam within me; the Name of the Lord, Har, Har, the True Name.

574:654

I am a song-bird, I am a meek song-bird; I offer my prayer to the Lord. ||4||3||

574:655

Wadahans, Fourth Mehl:

574:656

O Lord, show Your Mercy, show Your Mercy, and let me meet the True Guru, the Giver of peace.

574:657

I go and ask, I go and ask from the True Guru, about the sermon of the Lord.

574:658

I ask about the sermon of the Lord from the True Guru, who has obtained the treasure of the Naam.

574:659

I bow at His Feet constantly, and pray to Him; the Guru, the True Guru, has shown me the Way.

574:660

He alone is a devotee, who looks alike upon pleasure and pain; he is imbued with the Name of the Lord, Har, Har.

574:661

O Lord, show Your Mercy, show Your Mercy, and let me meet the True Guru, the Giver of peace. ||1||

574:662

Listen as Gurmukh, listen as Gurmukh, to the Naam, the Name of the Lord; all egotism and sins are eradicated.

574:663

Chanting the Name of the Lord, Har, Har, chanting the Name of the Lord, Har, Har, the troubles of the world vanish.

574:664

Those who contemplate the Name of the Lord, Har, Har, are rid of their suffering and sins.

574:665

The True Guru has placed the sword of spiritual wisdom in my hands; I have overcome and slain the Messenger of Death.

574:666

The Lord God, the Giver of peace, has granted His Grace, and I am rid of pain, sin and disease.

574:667

Listen as Gurmukh, listen as Gurmukh, to the Naam, the Name of the Lord; all egotism and sins are eradicated. ||2||

Chanting the Name of the Lord, Har, Har, chanting the Name of the Lord, Har, Har, is so pleasing to my mind.

574:669

Speaking as Gurmukh, speaking as Gurmukh, chanting the Naam, all disease is eradicated.

574:670

As Gurmukh, chanting the Naam, all disease is eradicated, and the body becomes free of disease.

574:671

Night and day, one remains absorbed in the Perfect Poise of Samaadhi; meditate on the Name of the Lord, the inaccessible and unfathomable Lord.

574:672

Whether of high or low social status, one who meditates on the Naam obtains the supreme treasure.

574:673

Chanting the Name of the Lord, Har, Har, chanting the Name of the Lord, Har, Har, is pleasing to my mind. ||3||

-- Raag Wadahans - Part 018 --

575:674 Grant Your Grace, grant Your Grace, O Lord, and save me. 575:675 I am a sinner, I am a worthless sinner, I am meek, but I am Yours, O Lord. 575:676 I am a worthless sinner, and I am meek, but I am Yours; I seek Your Sanctuary, O Merciful Lord. 575:677 You are the Destroyer of pain, the Giver of absolute peace; I am a stone – carry me across and save me. 575:678 Meeting the True Guru, servant Nanak has obtained the subtle essence of the Lord; through the Naam, the Name of the Lord, he is saved. 575:679 Grant Your Grace, grant Your Grace, Lord, and save me. ||4||4|| 575:680 Wadahans, Fourth Mehl, Ghorees ~ The Wedding Procession Songs: 575:681 One Universal Creator God. By The Grace Of The True Guru:

This body-horse was created by the Lord.

575:683

Blessed is human life, which is obtained by virtuous actions.

575:684

Human life is obtained only by the most virtuous actions; this body is radiant and golden.

575:685

The Gurmukh is imbued with the deep red color of the poppy; he is imbued with the new color of the Lord's Name, Har, Har, Har.

575:686

This body is so very beautiful; it chants the Name of the Lord, and it is adorned with the Name of the Lord, Har, Har.

575:687

By great good fortune, the body is obtained; the Naam, the Name of the Lord, is its companion; O servant Nanak, the Lord has created it. ||1||

575:688

I place the saddle on the body-horse, the saddle of realization of the Good Lord.

575:689

Riding this horse, I cross over the terrifying world-ocean.

575:690

The terrifying world–ocean is rocked by countless waves, but the Gurmukh is carried across.

Embarking upon the boat of the Lord, the very fortunate ones cross over; the Guru, the Boatman, carries them across through the Word of the Shabad.

575:692

Night and day, imbued with the Lord's Love, singing the Glorious Praises of the Lord, the Lord's lover loves the Lord.

575:693

Servant Nanak has obtained the state of Nirvaanaa, the state of ultimate goodness, the state of the Lord. ||2||

575:694

For a bridle in my mouth, the Guru has implanted spiritual wisdom within me.

575:695

He has applied the whip of the Lord's Love to my body.

575:696

Applying the whip of the Lord's Love to his body, the Gurmukh conquers his mind, and wins the battle of life.

575:697

He trains his untrained mind with the Word of the Shabad, and drinks in the rejuvenating essence of the Lord's Nectar.

575:698

Listen with your ears to the Word, uttered by the Guru, and attune your body-horse to the Lord's Love.

575:699

Servant Nanak has crossed over the long and treacherous path. ||3||

575:700

The transitory body-horse was created by the Lord.

575:701

Blessed, blessed is that body-horse which meditates on the Lord God.

575:702

Blessed and acclaimed is that body-horse which meditates on the Lord God; it is obtained by the merits of past actions.

575:703

Riding the body-horse, one crosses over the terrifying world ocean; the Gurmukh meets the Lord, the embodiment of supreme bliss.

575:704

The Lord, Har, Har, has perfectly arranged this wedding; the Saints have come together as a marriage party.

575:705

Servant Nanak has obtained the Lord as his Spouse; joining together, the Saints sing the songs of joy and congratulations. ||4||1||5||

575:706

Wadahans, Fourth Mehl:

575:707

The body is the Lord's horse; the Lord imbues it with the fresh and new color.

575:708

From the Guru, I ask for the Lord's spiritual wisdom.

-- Raag Wadahans - Part 019 --

576:709

I ask for the Lord's spiritual wisdom, and the Lord's sublime sermon; through the Name of the Lord, I have come to know His value and His state.

576:710

The Creator has made my life totally fruitful; I chant the Name of the Lord.

576:711

The Lord's humble servant begs for the Lord's Name, for the Lord's Praises, and for devotional worship of the Lord God.

576:712

Says servant Nanak, listen, O Saints: devotional worship of the Lord, the Lord of the Universe, is sublime and good. ||1||

576:713

The golden body is saddled with the saddle of gold.

576:714

It is adorned with the jewel of the Name of the Lord, Har, Har.

576:715

Adorned with the jewel of the Naam, one obtains the Lord of the Universe; he meets the Lord, sings the Glorious Praises of the Lord, and obtains all sorts of comforts.

576:716

He obtains the Word of the Guru's Shabad, and he meditates on the Name of the Lord; by great good fortune, he assumes the color of the Lord's Love.

576:717

He meets his Lord and Master, the Inner-knower, the Searcher of hearts; His body is ever-new, and His color is ever-fresh.

576:718

Nanak chants and realizes the Naam; he begs for the Name of the Lord, the Lord God. ||2||

576:719

The Guru has placed the reins in the mouth of the body–horse.

576:720

The mind-elephant is overpowered by the Word of the Guru's Shabad.

576:721

The bride obtains the supreme status, as her mind is brought under control; she is the beloved of her Husband Lord.

576:722

Deep within her inner self, she is in love with her Lord; in His home, she is beautiful – she is the bride of her Lord God.

576:723

Imbued with the Lord's Love, she is intuitively absorbed in bliss; she obtains the Lord God, Har, Har.

576:724

Servant Nanak, the Lord's slave, says that only the very fortunate meditate on the Lord, Har, Har. ||3||

576:725

The body is the horse, upon which one rides to the Lord.

576:726

Meeting with the True Guru, one sings the songs of joy.

576:727

Sing the songs of joy to the Lord, serve the Name of the Lord, and become the servant of His servants.

576:728

You shall go and enter the Mansion of the Beloved Lord's Presence, and lovingly enjoy His Love.

576:729

I sing the Glorious Praises of the Lord, so pleasing to my mind; following the Guru's Teachings, I meditate on the Lord within my mind.

576:730

The Lord has showered His Mercy upon servant Nanak; mounting the body-horse, he has found the Lord. ||4||2||6||

576:731

Raag Wadahans, Fifth Mehl, Chhant, Fourth House:

576:732

One Universal Creator God. By The Grace Of The True Guru:

576:733

Meeting with the Guru, I have found my Beloved Lord God.

576:734

I have made this body and mind a sacrifice, a sacrificial offering to my Lord.

576:735

Dedicating my body and mind, I have crossed over the terrifying world-ocean, and shaken off the fear of death.

576:736

Drinking in the Ambrosial Nectar, I have become immortal; my comings and goings have ceased.

576:737

I have found that home, of celestial Samaadhi; the Name of the Lord is my only Support.

576:738

Says Nanak, I enjoy peace and pleasure; I bow in reverence to the Perfect Guru. ||1||

576:739

Listen, O my friend and companion

576:740

- the Guru has given the Mantra of the Shabad, the True Word of God.

576:741

Meditating on this True Shabad, I sing the songs of joy, and my mind is rid of anxiety.

576:742

I have found God, who never leaves; forever and ever, He sits with me.

576:743

One who is pleasing to God receives true honor. The Lord God blesses him with wealth.

-- Raag Wadahans - Part 020 --

577:744

Says Nanak, I am a sacrifice to such a humble being. O Lord, You bless all with Your bountiful blessings. ||2||

577:745

When it pleases You, then I am satisfied and satiated.

577:746

My mind is soothed and calmed, and all my thirst is quenched.

577:747

My mind is soothed and calmed, the burning has ceased, and I have found so many treasures.

577:748

All the Sikhs and servants partake of them; I am a sacrifice to my True Guru.

577:749

I have become fearless, imbued with the Love of my Lord Master, and I have shaken off the fear of death.

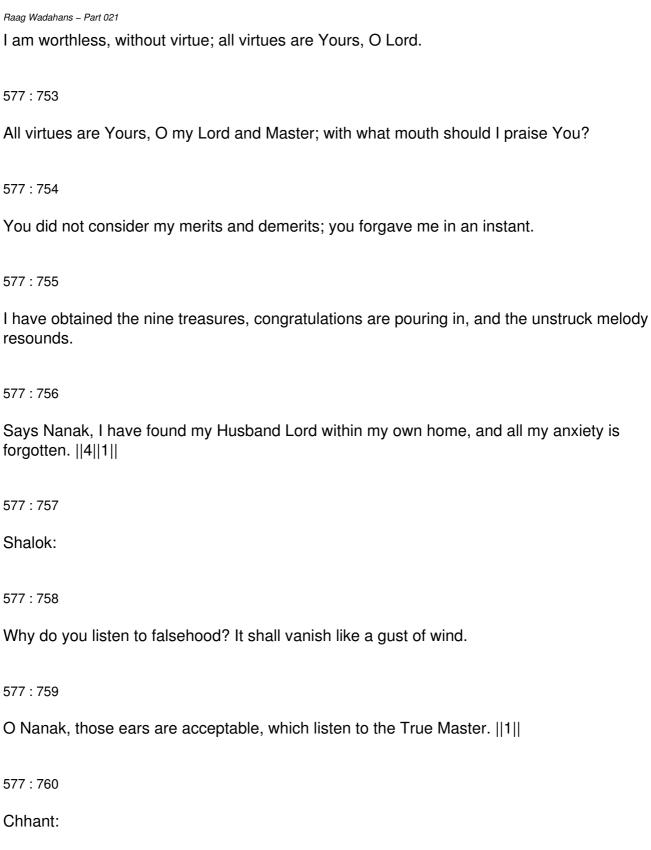
577:750

Slave Nanak, Your humble servant, lovingly embraces Your meditation; O Lord, be with me always. ||3||

577:751

My hopes and desires have been fulfilled, O my Lord.

577:761



I am a sacrifice to those who listen with their ears to the Lord God.

Raag Wadahans – Part 021 577: 762
Blissful and comfortable are those, who with their tongues chant the Name of the Lord, Har, Har.
577 : 763
They are naturally embellished, with priceless virtues; they have come to save the world.
577 : 764
God's Feet are the boat, which carries so many across the terrifying world-ocean.
577 : 765
Those who are blessed with the favor of my Lord and Master, are not asked to render their account.
577 : 766
Says Nanak, I am a sacrifice to those who listen to God with their ears.   1
577 : 767
Shalok:
577 : 768
With my eyes, I have seen the Light of the Lord, but my great thirst is not quenched.
577 : 769
O Nanak, those eyes are different, which behold my Husband Lord.   1
577 : 770

Chhant:

I am a sacrifice to those who have seen the Lord God.

577:772

In the True Court of the Lord, they are approved.

577:773

They are approved by their Lord and Master, and acclaimed as supreme; they are imbued with the Lord's Love.

577:774

They are satiated with the sublime essence of the Lord, and they merge in celestial peace; in each and every heart, they see the all–pervading Lord.

577:775

They alone are the friendly Saints, and they alone are happy, who are pleasing to their Lord and Master.

577:776

Says Nanak, I am forever a sacrifice to those who have seen the Lord God. ||2||

577:777

Shalok:

577:778

The body is blind, totally blind and desolate, without the Naam.

577:779

O Nanak, fruitful is the life of that being, within whose heart the True Lord and Master abides. ||1||

Chhant:

577:781

I am cut into pieces as a sacrifice, to those who have seen my Lord God.

577:782

His humble servants partake of the Sweet Ambrosial Nectar of the Lord, Har, Har, and are satiated.

577:783

The Lord seems sweet to their minds; God is merciful to them, His Ambrosial Nectar rains down upon them, and they are at peace.

577:784

Pain is eliminated and doubt is dispelled from the body; chanting the Name of the Lord of the World, their victory is celebrated.

577:785

They are rid of emotional attachment, their sins are erased, and their association with the five passions is broken off.

-- Raag Wadahans - Part 021 --

578:786 Says Nanak, I am every bit a sacrifice to those, within whose hearts my Lord God abides. ||3|| 578:787 Shalok: 578:788 Those who long for the Lord, are said to be His servants. 578:789 Nanak knows this Truth, that the Lord is not different from His Saint. ||1|| 578:790 Chhant: 578:791 As water mixes and blends with water, 578:792 so does one's light mix and blend with the Lord's Light. 578:793 Merging with the perfect, all-powerful Creator, one comes to know his own self. 578:794

Then, he enters the celestial state of absolute Samaadhi, and speaks of the One and Only

Lord.

578:795

He Himself is unmanifest, and He Himself is liberated; He Himself speaks of Himself.

578:796

O Nanak, doubt, fear and the limitations of the three qualities are dispelled, as one merges into the Lord, like water blending with water. ||4||2||

578:797

Wadahans, Fifth Mehl:

578:798

God is the all-powerful Creator, the Cause of causes.

578:799

He preserves the whole world, reaching out with His hand.

578:800

He is the all-powerful, safe Sanctuary, Lord and Master, Treasure of mercy, Giver of peace.

578:801

I am a sacrifice to Your slaves, who recognize only the One Lord.

578:802

His color and shape cannot be seen; His description is indescribable.

578:803

Prays Nanak, hear my prayer, O God, Almighty Creator, Cause of causes. ||1||

These beings are Yours; You are their Creator.

578:805

God is the Destroyer of pain, suffering and doubt.

578:806

Eliminate my doubt, pain and suffering in an instant, and preserve me, O Lord, Merciful to the meek.

578:807

You are mother, father and friend, O Lord and Master; the whole world is Your child, O Lord of the World.

578:808

One who comes seeking Your Sanctuary, obtains the treasure of virtue, and does not have to enter the cycle of birth and death again.

578:809

Prays Nanak, I am Your slave. All beings are Yours; You are their Creator. ||2||

578:810

Meditating on the Lord, twenty-four hours a day,

578:811

the fruits of the heart's desires are obtained.

578:812

Your heart's desires are obtained, meditating on God, and the fear of death is dispelled.

I sing of the Lord of the Universe in the Saadh Sangat, the Company of the Holy, and my hopes are fulfilled.

578:814

Renouncing egotism, emotional attachment and all corruption, we become pleasing to the Mind of God.

578:815

Prays Nanak, day and night, meditate forever on the Lord, Har, Har. ||3||

578:816

At the Lord's Door, the unstruck melody resounds.

578:817

In each and every heart, the Lord, the Lord of the Universe, sings.

578:818

The Lord of the Universe sings, and abides forever; He is unfathomable, profoundly deep, lofty and exalted.

578:819

His virtues are infinite – none of them can be described. No one can reach Him.

578:820

He Himself creates, and He Himself sustains; all beings and creatures are fashioned by Him.

578:821

Prays Nanak, happiness comes from devotional worship of the Naam; at His Door, the unstruck melody resounds. ||4||3||

Raag Wadahans, First Mehl, Fifth House, Alaahanees ~ Songs Of Mourning:

578:823

One Universal Creator God. By The Grace Of The True Guru:

578:824

Blessed is the Creator, the True King, who has linked the whole world to its tasks.

578:825

When one's time is up, and the measure is full, this dear soul is caught, and driven off.

-- Raag Wadahans - Part 022 --

579:826

This dear soul is driven off, when the pre-ordained Order is received, and all the relatives cry out in mourning.

579:827

The body and the swan-soul are separated, when one's days are past and done, O my mother.

579:828

As is one's pre-ordained Destiny, so does one receive, according to one's past actions.

579:829

Blessed is the Creator, the True King, who has linked the whole world to its tasks. ||1||

579:830

Meditate in remembrance on the Lord and Master, O my Siblings of Destiny; everyone has to pass this way.

579:831

These false entanglements last for only a few days; then, one must surely move on to the world hereafter.

579:832

He must surely move on to the world hereafter, like a guest; so why does he indulge in ego?

579:833

Chant the Name of the Lord; serving Him, you shall obtain peace in His Court.

579:834

In the world hereafter, no one's commands will be obeyed. According to their actions, each and every person proceeds.

579:835

Meditate in remembrance on the Lord and Master, O my Siblings of Destiny; everyone has to pass this way. ||2||

579:836

Whatever pleases the Almighty Lord, that alone comes to pass; this world is an opportunity to please Him.

579:837

The True Creator Lord is pervading and permeating the water, the land and the air.

579:838

The True Creator Lord is invisible and infinite; His limits cannot be found.

579:839

Fruitful is the coming of those, who meditate single-mindedly on Him.

579:840

He destroys, and having destroyed, He creates; by His Order, He adorns us.

579:841

Whatever pleases the Almighty Lord, that alone comes to pass; this world is an opportunity to please Him. ||3||

579:842

Nanak: he alone truly weeps, O Baba, who weeps in the Lord's Love.

579:843

One who weeps for the sake of worldly objects, O Baba, weeps totally in vain.

579:844

This weeping is all in vain; the world forgets the Lord, and weeps for the sake of Maya.

579:845

He does not distinguish between good and evil, and wastes away this life in vain.

579:846

Everyone who comes here, shall have to leave; to act in ego is false.

579:847

Nanak: he alone truly weeps, O Baba, who weeps in the Lord's Love. ||4||1||

579:848

Wadahans, First Mehl:

579:849

Come, O my companions – let us meet together and dwell upon the True Name.

579:850

Let us weep over the body's separation from the Lord and Master; let us remember Him in contemplation.

579:851

Let us remember the Lord and Master in contemplation, and keep a watchful eye on the Path. We shall have to go there as well.

He who has created, also destroys; whatever happens is by His Will.

579:853

Whatever He has done, has come to pass; how can we command Him?

579:854

Come, O my companions – let us meet together and dwell upon the True Name. ||1||

579:855

Death would not be called bad, O people, if one knew how to truly die.

579:856

Serve your Almighty Lord and Master, and your path in the world hereafter will be easy.

579:857

Take this easy path, and you shall obtain the fruits of your rewards, and receive honor in the world hereafter.

579:858

Go there with your offering, and you shall merge in the True Lord; your honor shall be confirmed.

579:859

You shall obtain a place in the Mansion of the Lord Master's Presence; being pleasing to Him, you shall enjoy the pleasures of His Love.

579:860

Death would not be called bad, O people, if one knew how to truly die. ||2||

579:861

The death of brave heroes is blessed, if it is approved by God.

-- Raag Wadahans - Part 023 --

580:862

They alone are acclaimed as brave warriors in the world hereafter, who receive true honor in the Court of the Lord.

580:863

They are honored in the Court of the Lord; they depart with honor, and they do not suffer pain in the world hereafter.

580:864

They meditate on the One Lord, and obtain the fruits of their rewards. Serving the Lord, their fear is dispelled.

580:865

Do not indulge in egotism, and dwell within your own mind; the Knower Himself knows everything.

580:866

The death of brave heroes is blessed, if it is approved by God. ||3||

580:867

Nanak: for whom should we mourn, O Baba? This world is merely a play.

580:868

The Lord Master beholds His work, and contemplates His creative potency.

580:869

He contemplates His creative potency, having established the Universe. He who created it, He alone knows.

580:870

He Himself beholds it, and He Himself understands it. He Himself realizes the Hukam of His Command.

580:871

He who created these things, He alone knows. His subtle form is infinite.

580:872

Nanak: for whom should we mourn, O Baba? This world is merely a play. ||4||2||

580:873

Wadahans, First Mehl, Dakhanee:

580:874

The True Creator Lord is True – know this well; He is the True Sustainer.

580:875

He Himself fashioned His Own Self; the True Lord is invisible and infinite.

580:876

He brought together, and then separated, the two grinding stones of the earth and the sky; without the Guru, there is only pitch darkness.

580:877

He created the sun and the moon; night and day, they move according to His Thought. ||1||

580:878

O True Lord and Master, You are True. O True Lord, bless me with Your Love. ||Pause||

You created the Universe; You are the Giver of pain and pleasure.

580:880

You created woman and man, the love of poison, and emotional attachment to Maya.

580:881

The four sources of creation, and the power of the Word, are also of Your making. You give Support to all beings.

580:882

You have made the Creation as Your Throne; You are the True Judge. ||2||

580:883

You created comings and goings, but You are ever-stable, O Creator Lord.

580:884

In birth and death, in coming and going, this soul is held in bondage by corruption.

580:885

The evil person has forgotten the Naam; he has drowned – what can he do now?

580:886

Forsaking merit, he has loaded the poisonous cargo of demerits; he is a trader of sins. ||3||

580:887

The beloved soul has received the Call, the Command of the True Creator Lord.

580:888

The soul, the husband, has become separated from the body, the bride. The Lord is the Re–uniter of the separated ones.

580:889

No one cares for your beauty, O beautiful bride.; the Messenger of Death is bound only by the Lord Commander's Command.

580:890

He does not distinguish between young children and old people; he tears apart love and affection. ||4||

580:891

The nine doors are closed by the True Lord's Command, and the swan-soul takes flight into the skies.

580:892

The body-bride is separated, and defrauded by falsehood; she is now a widow – her husband's body lies dead in the courtyard.

580:893

The widow cries out at the door, "The light of my mind has gone out, O my mother, with his death."

580:894

So cry out, O soul-brides of the Husband Lord, and dwell on the Glorious Praises of the True Lord. ||5||

580:895

Her loved one is cleansed, bathed in water, and dressed in silken robes.

580:896

The musicians play, and the Bani of the True Lord's Words are sung; the five relatives feel as if they too are dead, so deadened are their minds.

"Separation from my beloved is like death to me!" cries the widow. "My life in this world is cursed and worthless!"

580:898

But she alone is approved, who dies, while yet still alive; she lives for the sake of the Love of her Beloved. ||6||

580:899

So cry out in mourning, you who have come to mourn; this world is false and fraudulent.

-- Raag Wadahans - Part 024 --

581:900

I too have been defrauded, chasing after worldly entanglements; my Husband Lord has forsaken me – I practice the evil deeds of a wife without a spouse.

581:901

In each and every home, are the brides of the Husband Lord; they gaze upon their Handsome Lord with love and affection.

581:902

I sing the Praises of my True Husband Lord, and through the Naam, the Name of my Husband Lord, I blossom forth. ||7||

581:903

Meeting with the Guru, the soul-bride's dress is transformed, and she is adorned with Truth.

581:904

Come and meet with me, O brides of the Lord; let's meditate in remembrance on the Creator Lord.

581:905

Through the Naam, the soul-bride becomes the Lord's favorite; she is adorned with Truth.

581:906

Do not sing the songs of separation, O Nanak; reflect upon God. ||8||3||

581:907

Wadahans, First Mehl:

581:908

The One who creates and dissolves the world – that Lord and Master alone knows His creative power.

581:909

Do not search for the True Lord far away; recognize the Word of the Shabad in each and every heart.

581:910

Recognize the Shabad, and do not think that the Lord is far away; He created this creation.

581:911

Meditating on the Naam, the Name of the Lord, one obtains peace; without the Naam, he plays a losing game.

581:912

The One who established the Universe, He alone knows the Way; what can anyone say?

581:913

The One who established the world cast the net of Maya over it; accept Him as your Lord and Master. ||1||

581:914

O Baba, he has come, and now he must get up and depart; this world is only a way-station.

581:915

Upon each and every head, the True Lord writes their destiny of pain and pleasure, according to their past actions.

581:916

He bestows pain and pleasure, according to the deeds done; the record of these deeds stays with the soul.

581:917

He does those deeds which the Creator Lord causes him to do; he attempts no other actions.

581:918

The Lord Himself is detached, while the world is entangled in conflict; by His Command, He emancipates it.

581:919

He may put this off today, but tomorrow he is seized by death; in love with duality, he practices corruption. ||2||

581:920

The path of death is dark and dismal; the way cannot be seen.

581:921

There is no water, no quilt or mattress, and no food there.

581:922

He receives no food there, no honor or water, no clothes or decorations.

581:923

The chain is put around his neck, and the Messenger of Death standing over his head strikes him; he cannot see the door of his home.

581:924

The seeds planted on this path do not sprout; bearing the weight of his sins upon his head, he regrets and repents.

581:925

Without the True Lord, no one is his friend; reflect upon this as true. ||3||

581:926

O Baba, they alone are known to truly weep and wail, who meet together and weep, chanting the Praises of the Lord.

581:927

Defrauded by Maya and worldly affairs, the weepers weep.

581:928

They weep for the sake of worldly affairs, and they do not wash off their own filth; the world is merely a dream.

581:929

Like the juggler, deceiving by his tricks, one is deluded by egotism, falsehood and illusion.

581:930

The Lord Himself reveals the Path; He Himself is the Doer of deeds.

581:931

Those who are imbued with the Naam, are protected by the Perfect Guru, O Nanak; they merge in celestial bliss. ||4||4||

581:932

Wadahans, First Mehl:

581:933

O Baba, whoever has come, will rise up and leave; this world is merely a false show.

581:934

One's true home is obtained by serving the True Lord; real Truth is obtained by being truthful.

581:935

By falsehood and greed, no place of rest is found, and no place in the world hereafter is obtained.

581:936

No one invites him to come in and sit down. He is like a crow in a deserted home.

581:937

Trapped by birth and death, he is separated from the Lord for such a long time; the whole world is wasting away.

581:938

Greed, worldly entanglements and Maya deceive the world. Death hovers over its head, and causes it to weep. ||1||

-- Raag Wadahans - Part 025 --

582:939

Come, O Baba, and Siblings of Destiny – let's join together; take me in your arms, and bless me with your prayers.

582:940

O Baba, union with the True Lord cannot be broken; bless me with your prayers for union with my Beloved.

582:941

Bless me with your prayers, that I may perform devotional worship service to my Lord; for those already united with Him, what is there to unite?

582:942

Some have wandered away from the Name of the Lord, and lost the Path. The Word of the Guru's Shabad is the true game.

582:943

Do not go on Death's path; remain merged in the Word of the Shabad, the true form throughout the ages.

582:944

Through good fortune, we meet such friends and relatives, who meet with the Guru, and escape the noose of Death. ||2||

582:945

O Baba, we come into the world naked, into pain and pleasure, according to the record of our account.

582:946

The call of our pre-ordained destiny cannot be altered; it follows from our past actions.

582:947

The True Lord sits and writes of ambrosial nectar, and bitter poison; as the Lord attaches us, so are we attached.

582:948

The Charmer, Maya, has worked her charms, and the multi-colored thread is around everyone's neck.

582:949

Through shallow intellect, the mind becomes shallow, and one eats the fly, along with the sweets.

582:950

Contrary to custom, he comes into the Dark Age of Kali Yuga naked, and naked he is bound down and sent away again. ||3||

582:951

O Baba, weep and mourn if you must; the beloved soul is bound and driven off.

582:952

The pre-ordained record of destiny cannot be erased; the summons has come from the Lord's Court.

582:953

The messenger comes, when it pleases the Lord, and the mourners begin to mourn.

582:954

Sons, brothers, nephews and very dear friends weep and wail.

582:955

Let him weep, who weeps in the Fear of God, cherishing the virtues of God. No one dies with the dead.

582:956

O Nanak, throughout the ages, they are known as wise, who weep, remembering the True Lord. ||4||5||

582:957

Wadahans, Third Mehl:

582:958

One Universal Creator God. By The Grace Of The True Guru:

582:959

Praise God, the True Lord; He is all-powerful to do all things.

582:960

The soul-bride shall never be a widow, and she shall never have to endure suffering.

582:961

She shall never suffer – night and day, she enjoys pleasures; that soul–bride merges in the Mansion of her Lord's Presence.

582:962

She knows her Beloved, the Architect of karma, and she speaks words of ambrosial sweetness.

582:963

The virtuous soul-brides dwell on the Lord's virtues; they keep their Husband Lord in their remembrance, and so they never suffer separation from Him.

582:964

So praise your True Husband Lord, who is all-powerful to do all things. ||1||

582:965

The True Lord and Master is realized through the Word of His Shabad; He blends all with Himself.

582:966

That soul-bride is imbued with the Love of her Husband Lord, who banishes her self-conceit from within.

582:967

Eradicating her ego from within herself, death shall not consume her again; as Gurmukh, she knows the One Lord God.

582:968

The desire of the soul-bride is fulfilled; deep within herself, she is drenched in His Love. She meets the Great Giver, the Life of the World.

582:969

Imbued with love for the Shabad, she is like a youth intoxicated; she merges into the very being of her Husband Lord.

582:970

The True Lord Master is realized through the Word of His Shabad. He blends all with Himself. ||2||

582:971

Those who have realized their Husband Lord – I go and ask those Saints about Him.

-- Raag Wadahans - Part 026 --

583:972

Renouncing ego, I serve them; thus I meet my True Husband Lord, with intuitive ease.

583:973

The True Husband Lord comes to meet the soul-bride who practices Truth, and is imbued with the True Word of the Shabad.

583:974

She shall never become a widow; she shall always be a happy bride. Deep within herself, she dwells in the celestial bliss of Samaadhi.

583:975

Her Husband Lord is fully pervading everywhere; beholding Him ever-present, she enjoys His Love, with intuitive ease.

583:976

Those who have realized their Husband Lord – I go and ask those Saints about Him. ||3||

583:977

The separated ones also meet with their Husband Lord, if they fall at the Feet of the True Guru.

583:978

The True Guru is forever merciful; through the Word of His Shabad, demerits are burnt away.

583:979

Burning away her demerits through the Shabad, the soul-bride eradicates her love of duality, and remains absorbed in the True, True Lord.

583:980

Through the True Shabad, everlasting peace is obtained, and egotism and doubt are dispelled.

583:981

The Immaculate Husband Lord is forever the Giver of peace; O Nanak, through the Word of His Shabad, He is met.

583:982

The separated ones also meet with their Husband Lord, if they fall at the feet of the True Guru. ||4||1||

583:983

Wadahans, Third Mehl:

583:984

Listen, O brides of the Lord: serve your Beloved Husband Lord, and contemplate the Word of His Shabad.

583:985

The worthless bride does not know her Husband Lord – she is deluded; forgetting her Husband Lord, she weeps and wails.

583:986

She weeps, thinking of her Husband Lord, and she cherishes His virtues; her Husband Lord does not die, and does not leave.

583:987

As Gurmukh, she knows the Lord; through the Word of His Shabad, He is realized; through True Love, she merges with Him.

She who does not know her Husband Lord, the Architect of karma, is deluded by falsehood – she herself is false.

583:989

Listen, O brides of the Lord: serve your Beloved Husband Lord, and contemplate the Word of His Shabad. ||1||

583:990

He Himself created the whole world; the world comes and goes.

583:991

The love of Maya has ruined the world; people die, to be re-born, over and over again.

583:992

People die to be re-born, over and over again, while their sins increase; without spiritual wisdom, they are deluded.

583:993

Without the Word of the Shabad, the Husband Lord is not found; the worthless, false bride wastes her life away, weeping and wailing.

583:994

He is my Beloved Husband Lord, the Life of the World – for whom should I weep? They alone weep, who forget their Husband Lord.

583:995

He Himself created the whole world; the world comes and goes. ||2||

583:996

That Husband Lord is True, forever True; He does not die, and He does not leave.

The ignorant soul-bride wanders in delusion; in the love of duality, she sits like a widow.

583:998

She sits like a widow, in the love of duality; through emotional attachment to Maya, she suffers in pain. She is growing old, and her body is withering away.

583:999

Whatever has come, all that shall pass away; through the love of duality, they suffer in pain.

583:1000

They do not see the Messenger of Death; they long for Maya, and their consciousness is attached to greed.

583:1001

That Husband Lord is True, forever True; He does not die, and He does not leave. ||3||

583:1002

Some weep and wail, separated from their Husband Lord; the blind ones do not know that their Husband is with them.

583:1003

By Guru's Grace, they may meet with their True Husband, and cherish Him always deep within.

583:1004

She cherishes her Husband deep within herself – He is always with her; the self–willed manmukhs think that He is far away.

583:1005

This body rolls in the dust, and is totally useless; it does not realize the Presence of the Lord and Master.

-- Raag Wadahans - Part 027 --

584:1006

O Nanak, that soul-bride is united in Union; she cherishes her Beloved Husband forever, deep within herself.

584:1007

Some weep and wail, separated from their Husband Lord; the blind ones do not know that their Husband is with them. ||4||2||

584:1008

Wadahans, Third Mehl:

584:1009

Those who are separated from their Beloved Husband Lord weep and wail, but my True Husband Lord is always with me.

584:1010

Those who know that they must depart, serve the True Guru, and dwell upon the Naam, the Name of the Lord.

584:1011

They dwell constantly upon the Naam, and the True Guru is with them; they serve the True Guru, and so obtain peace.

584:1012

Through the Shabad, they kill death, and enshrine the True Lord within their hearts; they shall not have to come and go again.

584:1013

True is the Lord and Master, and True is His Name; bestowing His Gracious Glance, one is enraptured.

584:1014

Those who are separated from their Beloved Husband Lord weep and wail, but my True Husband Lord is always with me. ||1||

584:1015

God, my Lord and Master, is the highest of all; how can I meet my Dear Beloved?

584:1016

When the True Guru united me, then I was naturally united with my Husband Lord, and now, I keep Him clasped to my heart.

584:1017

I constantly, lovingly cherish my Beloved within my heart; through the True Guru, I see my Beloved.

584:1018

The cloak of Maya's love is false; wearing it, one slips and loses his footing.

584:1019

That cloak is true, which is dyed in the color of the Love of my Beloved; wearing it, my inner thirst is quenched.

584:1020

God, my Lord and Master, is the highest of all; how can I meet my Dear Beloved? ||2||

584:1021

I have realized my True Lord God, while the other worthless ones have gone astray.

584:1022

I dwell constantly upon my Beloved Husband Lord, and reflect upon the True Word of the Shabad.

584:1023

The bride reflects upon the True Shabad, and is imbued with His Love; she meets with the True Guru, and finds her Beloved.

584:1024

Deep within, she is imbued with His Love, and intoxicated with delight; her enemies and sufferings are all taken away.

584:1025

Surrender body and soul to your Guru, and then you shall become happy; your thirst and pain shall be taken away.

584:1026

I have realized my True Lord God, while the other worthless ones have gone astray. ||3||

584:1027

The True Lord Himself created the world; without the Guru, there is only pitch darkness.

584:1028

He Himself unites, and causes us to unite with Him; He Himself blesses us with His Love.

584:1029

He Himself blesses us with His Love, and deals in celestial peace; the life of the Gurmukh is reformed.

584:1030

Blessed is his coming into the world; he banishes his self-conceit, and is acclaimed as true in the Court of the True Lord.

584:1031

The light of the jewel of spiritual wisdom shines within his heart, O Nanak, and he loves the Naam, the Name of the Lord.

584:1032

The True Lord Himself created the world; without the Guru, there is only pitch darkness. ||4||3||

584:1033

Wadahans, Third Mehl:

584:1034

This body is frail; old age is overtaking it.

584:1035

Those who are protected by the Guru are saved, while others die, to be reincarnated; they continue coming and going.

584:1036

Others die, to be reincarnated; they continue coming and going, and in the end, they depart regretfully. Without the Name, there is no peace.

584:1037

As one acts here, so does he obtain his rewards; the self-willed manmukh loses his honor.

584:1038

In the City of Death, there is pitch darkness, and huge clouds of dust; neither sister nor brother is there.

584:1039

This body is frail; old age is overtaking it. ||1||

584:1040

The body becomes like gold, when the True Guru unites one with Himself.

-- Raag Wadahans - Part 028 --

585:1041

Doubt and Maya have been removed from within me, and I am merged in the Naam, the True Name of the Lord.

585:1042

Merged in the True Name of the Lord, I sing the Glorious Praises of the Lord; meeting my Beloved, I have found peace.

585:1043

I am in constant bliss, day and night; egotism has been dispelled from within me.

585:1044

I fall at the feet of those who enshrine the Naam within their consciousness.

585:1045

The body becomes like gold, when the True Guru unites one with Himself. ||2||

585:1046

We truly praise the True Lord, when the True Guru imparts understanding.

585:1047

Without the True Guru, they are deluded by doubt; going to the world hereafter, what face will they display?

585:1048

What face will they show, when they go there? They will regret and repent for their sins; their actions will bring them only pain and suffering.

Those who are imbued with the Naam are dyed in the deep crimson color of the Lord's Love; they merge into the Being of their Husband Lord.

585:1050

I can conceive of no other as great as the Lord; unto whom should I go and speak?

585:1051

We truly praise the True Lord, when the True Guru imparts understanding. ||3||

585:1052

I fall at the feet of those who praise the Truest of the True.

585:1053

Those humble beings are true, and immaculately pure; meeting them, all filth is washed off.

585:1054

Meeting them, all filth is washed off; bathing in the Pool of Truth, one becomes truthful, with intuitive ease.

585:1055

The True Guru has given me the realization of the Naam, the Immaculate Name of the Lord, the unfathomable, the imperceptible.

585:1056

Those who perform devotional worship to the Lord night and day, are imbued with His Love; O Nanak, they are absorbed in the True Lord.

585:1057

I fall at the feet of those who meditate on the Truest of the True. ||4||4||

Raag Wadahans - Part 029 Vaar Of Wadahans, Fourth Mehl: To Be Sung In The Tune Of Lalaa-Behleemaa: 585:1059 One Universal Creator God. By The Grace Of The True Guru: 585:1060 Shalok, Third Mehl: 585:1061 The great swans are imbued with the Word of the Shabad; they enshrine the True Name within their hearts. 585:1062 They gather Truth, remain always in Truth, and love the True Name. 585:1063 They are always pure and immaculate – filth does not touch them; they are blessed with the Grace of the Creator Lord. 585:1064 O Nanak, I am a sacrifice to those who, night and day, meditate on the Lord. ||1|| 585:1065 Third Mehl: 585:1066 I thought that he was a great swan, so I associated with him.

If I had known that he was only a wretched heron from birth, I would not have touched him. ||2||

Raag Wadahans – Part 029
585 : 1068
Third Mehl:
585 : 1069
Seeing the swans swimming, the herons became envious.
585 : 1070
But the poor herons drowned and died, and floated with their heads down, and their feet above. $  3  $
585 : 1071
Pauree:
585 : 1072
You Yourself are Yourself, all by Yourself; You Yourself created the creation.
585:1073
You Yourself are Yourself the Formless Lord; there is no other than You.
585 : 1074
You are the all-powerful Cause of causes; what You do, comes to be.
585 : 1075
You give gifts to all beings, without their asking.
585 : 1076
Everyone proclaims, "Waaho! Waaho! Blessed, blessed is the True Guru, who has given the supreme gift of the Name of the Lord.   1
Raag Wadahans - Part 029

586:1077
Shalok, Third Mehl:
586:1078
The entire universe is in fear; only the Dear Lord is fearless.
586:1079
300 . 1073
Serving the True Guru, the Lord comes to dwell in the mind, and then, fear cannot stay there.
586:1080
Francisc and pair counct come alone, and no one can touch him
Enemies and pain cannot come close, and no one can touch him.
586 : 1081
The Gurmukh reflects upon the Lord in his mind; whatever pleases the Lord – that alone comes to pass.
586 : 1082
O Nanak, He Himself preserves one's honor; He alone resolves our affairs.   1  -
EQC : 1092
586 : 1083
Third Mehl:
586 : 1084
Some friends are leaving, some have already left, and those remaining will eventually leave.
586 : 1085

Those who do not serve the True Guru, come and go regretting.

586:1086

O Nanak, those who are attuned to Truth are not separated; serving the True Guru, they merge into the Lord. ||2||

586:1087

Pauree:

586:1088

Meet with that True Guru, the True Friend, within whose mind the Lord, the virtuous One, abides.

586:1089

Meet with that Beloved True Guru, who has subdued ego from within himself.

586:1090

Blessed, blessed is the Perfect True Guru, who has given the Lord's Teachings to reform the whole world.

586:1091

O Saints, meditate constantly on the Lord's Name, and cross over the terrifying, poisonous world-ocean.

586:1092

The Perfect Guru has taught me about the Lord; I am forever a sacrifice to the Guru. ||2||

586:1093

Shalok, Third Mehl:

Service to, and obedience to the True Guru, is the essence of comfort and peace.

586:1095

Doing so, one obtains honor here, and the door of salvation in the Court of the Lord.

586:1096

In this way, perform the tasks of Truth, wear Truth, and take the Support of the True Name.

586:1097

Associating with Truth, obtain Truth, and love the True Name.

586:1098

Through the True Word of the Shabad, be always happy, and you shall be acclaimed as True in the True Court.

586:1099

O Nanak, he alone serves the True Guru, whom the Creator has blessed with His Glance of Grace. ||1||

586:1100

Third Mehl:

586:1101

Cursed is the life, and cursed is the dwelling, of those who serve another.

586:1102

Abandoning the Ambrosial Nectar, they turn to poison; they earn poison, and poison is their only wealth.

586:1103

Poison is their food, and poison is their dress; they fill their mouths with morsels of poison.

586:1104

In this world, they earn only pain and suffering, and dying, they go to abide in hell.

586:1105

The self-willed manmukhs have filthy faces; they do not know the Word of the Shabad; in sexual desire and anger they waste away.

586:1106

They forsake the Fear of the True Guru, and because of their stubborn ego, their efforts do not come to fruition.

586:1107

In the City of Death, they are bound and beaten, and no one hears their prayers.

586:1108

O Nanak, they act according to their pre-ordained destiny; the Gurmukh abides in the Naam, the Name of the Lord. ||2||

586:1109

Pauree:

586:1110

Serve the True Guru, O Holy people; He implants the Name of the Lord, Har, Har, in our minds.

586:1111

Worship the True Guru day and night; He leads us the meditate on the Lord of the Universe, the Master of the Universe.

586:1112

Behold the True Guru, each and every moment; He shows us the Divine Path of the Lord.

586:1113

Let everyone fall at the feet of the True Guru; He has dispelled the darkness of emotional attachment.

586:1114

Let everyone hail and praise the True Guru, who has led us to find the treasure of the Lord's devotional worship. ||3||

586:1115

Shalok, Third Mehl:

586:1116

Meeting with the True Guru, hunger departs; by wearing the robes of a beggar, hunger does not depart.

-- Raag Wadahans - Part 030 --

587:1117 Afflicted with pain, he wanders from house to house, and in the world hereafter, he receives double punishment. 587:1118 Peace does not come to his heart – he is not content to eat what comes his way. 587:1119 With his stubborn mind, he begs, and grabs, and annoys those who give. 587:1120 Instead of wearing these beggar's robes, it is better to be a householder, and give to others. 587:1121 Those who are attuned to the Word of the Shabad, acquire understanding; the others wander, deluded by doubt. 587:1122 They act according to their past actions; it is useless to talk to them. 587:1123 O Nanak, those who are pleasing unto the Lord are good; He upholds their honor. ||1|| 587:1124 Third Mehl:

Serving the True Guru, one finds a lasting peace; the pains of birth and death are removed.

587:1126

He is not troubled by anxiety, and the carefree Lord comes to dwell in the mind.

587:1127

Deep within himself, is the sacred shrine of spiritual wisdom, revealed by the True Guru.

587:1128

His filth is removed, and his soul becomes immaculately pure, bathing in the sacred shrine, the pool of Ambrosial Nectar.

587:1129

The friend meets with the True Friend, the Lord, through the love of the Shabad.

587:1130

Within the home of his own being, he finds the Divine Self, and his light blends with the Light.

587:1131

The Messenger of Death does not leave the hypocrite; he is led away in dishonor.

587:1132

O Nanak, those who are imbued with the Naam are saved; they are in love with the True Lord. ||2||

587:1133

Pauree:

587:1134

Go, and sit in the Sat Sangat, the True Congregation, where the Name of the Lord is churned.

587:1135

In peace and poise, contemplate the Lord's Name – don't lose the essence of the Lord.

587:1136

Chant the Name of the Lord, Har, Har, constantly, day and night, and you shall be accepted in the Court of the Lord.

587:1137

He alone finds the Perfect True Guru, on whose forehead such a pre-ordained destiny is written.

587:1138

Let everyone bow in worship to the Guru, who utters the sermon of the Lord. ||4||

587:1139

Shalok, Third Mehl:

587:1140

The friends who love the True Guru, meet with the Lord, the True Friend.

587:1141

Meeting their Beloved, they meditate on the True Lord with love and affection.

587:1142

Their minds are appeased by their own minds, through the incomparable Word of the Guru's Shabad.

587:1143

These friends are united, and will not be separated again; they have been united by the Creator Lord Himself.

587:1144

Some do not believe in the Blessed Vision of the Guru's Darshan; they do not contemplate the Shabad.

587:1145

The separated ones are in love with duality – what more separation can they suffer?

587:1146

Friendship with the self-willed manmukhs lasts for only a few short days.

587:1147

This friendship is broken in an instant; this friendship leads to corruption.

587:1148

They do not fear the True Lord within their hearts, and they do not love the Naam.

587:1149

O Nanak, why become friends with those whom the Creator Lord Himself has misled? ||1||

587:1150

Third Mehl:

587:1151

Some remain constantly imbued with the Lord's Love; I am forever a sacrifice to them.

587:1152

I dedicate my mind, soul and wealth to them; bowing low, I fall at their feet.

587:1153

Meeting them, the soul is satisfied, and one's hunger and thirst all depart.

587 : 1154

O Nanak, those who are attuned to the Naam are happy forever; they lovingly focus their minds on the True Lord. ||2||

587:1155

Raag Wadahans - Part 031

Pauree:

587:1156

I am a sacrifice to the Guru, who recites the sermon of the Lord's Teachings.

-- Raag Wadahans - Part 031 --

588:1157 I am forever a sacrifice to that Guru, who has led me to serve the Lord. 588:1158 That Beloved True Guru is always with me; wherever I may be, He will save me. 588:1159 Most blessed is that Guru, who imparts understanding of the Lord. 588:1160 O Nanak, I am a sacrifice to the Guru, who has given me the Lord's Name, and fulfilled the desires of my mind. ||5|| 588:1161 Shalok, Third Mehl: 588:1162 Consumed by desires, the world is burning and dying; burning and burning, it cries out. 588:1163 But if it meets with the cooling and soothing True Guru, it does not burn any longer. 588:1164 O Nanak, without the Name, and without contemplating the Word of the Shabad, no one becomes fearless. ||1|| 588:1165

Third Mehl:

588:1166

Wearing ceremonial robes, the fire is not quenched, and the mind is filled with anxiety.

588:1167

Destroying the snake's hole, the snake is not killed; it is just like doing deeds without a Guru.

588:1168

Serving the Giver, the True Guru, the Shabad comes to abide in the mind.

588:1169

The mind and body are cooled and soothed; peace ensues, and the fire of desire is quenched.

588:1170

The supreme comforts and lasting peace are obtained, when one eradicates ego from within.

588:1171

He alone becomes a detached Gurmukh, who lovingly focuses his consciousness on the True Lord.

588:1172

Anxiety does not affect him at all; he is satisfied and satiated with the Name of the Lord.

588:1173

O Nanak, without the Naam, no one is saved; they are utterly ruined by egotism. ||2||

588:1174

Pauree:

588:1175

Those who meditate on the Lord, Har, Har, obtain all peace and comforts.

588:1176

Fruitful is the entire life of those, who hunger for the Name of the Lord in their minds.

588:1177

Those who worship the Lord in adoration, through the Word of the Guru's Shabad, forget all their pains and suffering.

588:1178

Those Gursikhs are good Saints, who care for nothing other than the Lord.

588:1179

Blessed, blessed is their Guru, whose mouth tastes the Ambrosial Fruit of the Lord's Name. ||6||

588:1180

Shalok, Third Mehl:

588:1181

In the Dark Age of Kali Yuga, the Messenger of Death is the enemy of life, but he acts according to the Lord's Command.

588:1182

Those who are protected by the Guru are saved, while the self-willed manmukhs receive their punishment.

588:1183

The world is under the control, and in the bondage of the Messenger of Death; no one can hold him back.

588:1184

So serve the One who created Death; as Gurmukh, no pain shall touch you.

588:1185

O Nanak, Death serves the Gurmukhs; the True Lord abides in their minds. ||1||

588:1186

Third Mehl:

588:1187

This body is filled with disease; without the Word of the Shabad, the pain of the disease of ego does not depart.

588:1188

When one meets the True Guru, then he becomes immaculately pure, and he enshrines the Lord's Name within his mind.

588:1189

O Nanak, meditating on the Naam, the Name of the Peace–Giving Lord, his pains are automatically forgotten. ||2||

588:1190

Pauree:

588:1191

I am forever a sacrifice to the Guru, who has taught me about the Lord, the Life of the World.

588:1192

I am every bit a sacrifice to the Guru, the Lover of Nectar, who has revealed the Name of the Lord.

588:1193

I am a sacrifice to the Guru, who has totally cured me of the fatal disease of egotism.

588:1194

Glorious and great are the virtues of the Guru, who has eradicated evil, and instructed me in virtue.

-- Raag Wadahans - Part 032 --

589:1195 The True Guru meets with those upon whose foreheads such blessed destiny is recorded. ||7|| 589:1196 Shalok, Third Mehl: 589:1197 They alone worship the Lord, who remain dead while yet alive; the Gurmukhs worship the Lord continually. 589:1198 The Lord blesses them with the treasure of devotional worship, which no one can destroy. 589:1199 They obtain the treasure of virtue, the One True Lord, within their minds. 589:1200 O Nanak, the Gurmukhs remain united with the Lord; they shall never be separated again. ||1|| 589:1201 Third Mehl: 589:1202 He does not serve the True Guru; how can he reflect upon the Lord? 589:1203

He does not appreciate the value of the Shabad; the fool wanders in corruption and sin.

589:1204

The blind and ignorant perform all sorts of ritualistic actions; they are in love with duality.

589:1205

Those who take unjustified pride in themselves, are punished and humiliated by the Messenger of Death.

589:1206

O Nanak, who else is there to ask? The Lord Himself is the Forgiver. ||2||

589:1207

Pauree:

589:1208

You, O Creator, know all things; all beings belong to You.

589:1209

Those who are pleasing to You, You unite with Yourself; what can the poor creatures do?

589:1210

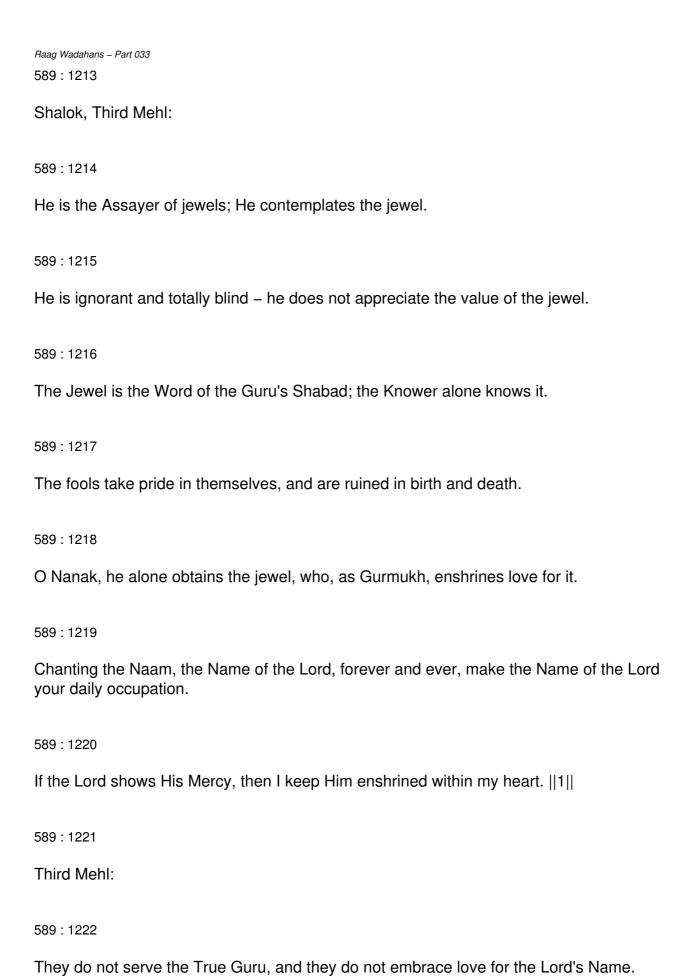
You are all-powerful, the Cause of causes, the True Creator Lord.

589:1211

Only those unite with you, Beloved Lord, whom you approve and who meditate on Guru's Word.

589:1212

I am a sacrifice to my True Guru, who has allowed me to see my unseen Lord. ||8||



589:1223

Do not even think that they are alive – the Creator Lord Himself has killed them.

589:1224

Egotism is such a terrible disease; in the love of duality, they do their deeds.

589:1225

O Nanak, the self-willed manmukhs are in a living death; forgetting the Lord, they suffer in pain. ||2||

589:1226

Pauree:

589:1227

Let all bow in reverence, to that humble being whose heart is pure within.

589:1228

I am a sacrifice to that humble being whose mind is filled with the treasure of the Naam.

589:1229

He has a discriminating intellect; he meditates on the Name of the Lord.

589:1230

That True Guru is a friend to all; everyone is dear to Him.

589:1231

The Lord, the Supreme Soul, is pervading everywhere; reflect upon the wisdom of the Guru's Teachings. ||9||

#### Shalok, Third Mehl:

589:1233

Without serving the True Guru, the soul is in the bondage of deeds done in ego.

589:1234

Without serving the True Guru, one finds no place of rest; he dies, and is reincarnated, and continues coming and going.

589:1235

Without serving the True Guru, one's speech is vapid and insipid; the Naam, the Name of the Lord, does not abide in his mind.

-- Raag Wadahans - Part 033 --

590:1236 O Nanak, without serving the True Guru, they are bound and beaten in the City of Death; they arise and depart with blackened faces. ||1|| 590:1237 First Mehl: 590:1238 Burn away those rituals which lead you to forget the Beloved Lord. 590:1239 O Nanak, sublime is that love, which preserves my honor with my Lord Master. ||2|| 590:1240 Pauree: 590:1241 Serve the One Lord, the Great Giver; meditate on the One Lord. 590:1242 Beg from the One Lord, the Great Giver, and you shall obtain your heart's desires. 590:1243 But if you beg from another, then you shall be shamed and destroyed. 590:1244

One who serves the Lord obtains the fruits of his rewards; all of his hunger is satisfied.

Raag Wadahans - Part 034 590:1245 Nanak is a sacrifice to those, who night and day, meditate within their hearts on the Name of the Lord. ||10|| 590:1246 Shalok, Third Mehl: 590:1247 He Himself is pleased with His humble devotees; my Beloved Lord attaches them to Himself. 590:1248 The Lord blesses His humble devotees with royalty; He fashions the true crown upon their heads. 590:1249 They are always at peace, and immaculately pure; they perform service for the True Guru. 590:1250 They are not said to be kings, who die in conflict, and then enter again the cycle of reincarnation. 590:1251

O Nanak, without the Name of the Lord, they wander about with their noses cut off in disgrace; they get no respect at all. ||1||

590:1252

Third Mehl:

590:1253

Hearing the teachings, he does not appreciate them, as long as he is not Gurmukh, attached to the Word of the Shabad.

590:1254

Serving the True Guru, the Naam comes to abide in the mind, and doubts and fears run away.

590:1255

As he knows the True Guru, so he is transformed, and then, he lovingly focuses his consciousness on the Naam.

590:1256

O Nanak, through the Naam, the Name of the Lord, greatness is obtained; he shall be resplendent in the Court of the Lord hereafter. ||2||

590:1257

Pauree:

590:1258

The minds of the Gursikhs are filled with the love of the Lord; they come and worship the Guru.

590:1259

They trade lovingly in the Lord's Name, and depart after earning the profit of the Lord's Name.

590:1260

The faces of the Gursikhs are radiant; in the Court of the Lord, they are approved.

590:1261

The Guru, the True Guru, is the treasure of the Lord's Name; how very fortunate are the Sikhs who share in this treasure of virtue.

I am a sacrifice to those Gursikhs who, sitting and standing, meditate on the Lord's Name.
590 : 1263
Shalok, Third Mehl:
590 : 1264
O Nanak, the Naam, the Name of the Lord, is the treasure, which the Gurmukhs obtain.
590 : 1265
The self–willed manmukhs are blind; they do not realize that it is within their own home. They die barking and crying. $  1  $
590 : 1266
Third Mehl:
590 : 1267
That body is golden and immaculate, which is attached to the True Name of the True Lord
590 : 1268
The Gurmukh obtains the Pure Light of the Luminous Lord, and his doubts and fears run away.
590 : 1269
O Nanak, the Gurmukhs find lasting peace; night and day, they remain detached, while in the Love of the Lord. $  2  $
590 : 1270
Pauree:

Blessed, blessed are those Gursikhs, who, with their ears, listen to the Guru's Teachings about the Lord.

590:1272

The Guru, the True Guru, implants the Naam within them, and their egotism and duality are silenced.

590:1273

There is no friend, other than the Name of the Lord; the Lord's humble servants reflect upon this and see.

-- Raag Wadahans - Part 034 --

591:1274 Those Gursikhs, with whom the Lord is pleased, accept the Word of the True Guru. 591:1275 Those Gurmukhs who meditate on the Naam are imbued with the four-fold color of the Lord's Love. ||12|| 591:1276 Shalok, Third Mehl: 591:1277 The self-willed manmukh is cowardly and ugly; lacking the Name of the Lord, his nose is cut off in disgrace. 591:1278 Night and day, he is engrossed in worldly affairs, and even in his dreams, he finds no peace. 591:1279 O Nanak, if he becomes Gurmukh, then he shall be saved; otherwise, he is held in bondage, and suffers in pain. ||1|| 591:1280 Third Mehl: 591:1281 The Gurmukhs always look beautiful in the Court of the Lord; they practice the Word of the Guru's Shabad.

591:1282

There is a lasting peace and happiness deep within them; at the Court of the True Lord, they receive honor.

591:1283

O Nanak, the Gurmukhs are blessed with the Name of the Lord; they merge imperceptibly into the True Lord. ||2||

591:1284

Pauree:

591:1285

As Gurmukh, Prahlaad meditated on the Lord, and was saved.

591:1286

As Gurmukh, Janak lovingly centered his consciousness on the Lord's Name.

591:1287

As Gurmukh, Vashisht taught the Teachings of the Lord.

591:1288

Without the Guru, no one has found the Lord's Name, O my Siblings of Destiny.

591:1289

The Lord blesses the Gurmukh with devotion. ||13||

591:1290

Shalok, Third Mehl:

One who has no faith in the True Guru, and who does not love the Word of the Shabad,

591:1292

shall find no peace, even though he may come and go hundreds of times.

591:1293

O Nanak, the Gurmukh meets the True Lord with natural ease; he is in love with the Lord. ||1||

591:1294

Third Mehl:

591:1295

O mind, search for such a True Guru, by serving whom the pains of birth and death are dispelled.

591:1296

Doubt shall never afflict you, and your ego shall be burnt away through the Word of the Shabad.

591:1297

The veil of falsehood shall be torn down from within you, and Truth shall come to dwell in the mind.

591:1298

Peace and happiness shall fill your mind deep within, if you act according to truth and self-discipline.

591:1299

O Nanak, by perfect good karma, you shall meet the True Guru, and then the Dear Lord, by His Sweet Will, shall bless you with His Mercy. ||2||

591:1300

Pauree:

591:1301

The whole world comes under the control of one whose home is filled with the Lord, the King.

591:1302

He is subject to no one else's rule, and the Lord, the King, causes everyone to fall at his feet.

591:1303

One may run away from the courts of other men, but where can one go to escape the Lord's Kingdom?

591:1304

The Lord is such a King, who abides in the hearts of His devotees; He brings the others, and makes them stand before His devotees.

591:1305

The glorious greatness of the Lord's Name is obtained only by His Grace; how few are the Gurmukhs who meditate on Him. ||14||

591:1306

Shalok, Third Mehl:

591:1307

Without serving the True Guru, the people of the world are dead; they waste their lives away in vain.

In love with duality, they suffer terrible pain; they die, and are reincarnated, and continue coming and going.

591:1309

They live in manure, and are reincarnated again and again.

591:1310

O Nanak, without the Name, the Messenger of Death punishes them; in the end, they depart regretting and repenting. ||1||

591:1311

Third Mehl:

591:1312

In this world, there is one Husband Lord; all other beings are His brides.

-- Raag Wadahans - Part 035 --

592:1313 He enjoys the hearts of all, and yet He remains detached; He is unseen; He cannot be described. 592:1314 The Perfect Guru reveals Him, and through the Word of His Shabad, we come to understand Him. 592:1315 Those who serve their Husband Lord, become like Him; their egos are burnt away by His Shabad. 592:1316 He has no rival, no attacker, no enemy. 592:1317 His rule is unchanging and eternal; He does not come or go. 592:1318 Night and day, His servant serves Him, singing the Glorious Praises of the True Lord. 592:1319 Beholding the Glorious Greatness of the True Lord, Nanak blossoms forth. ||2|| 592:1320 Pauree:

Those whose hearts are forever filled with the Name of the Lord, have the Name of the Lord as their Protector.

592:1322

The Lord's Name is my father, the Lord's Name is my mother; the Lord's Name is my helper and friend.

592:1323

My conversation is with the Lord's Name, and my counseling is with the Lord's Name; the Lord's Name always takes care of me.

592:1324

The Lord's Name is my most beloved society, the Lord's Name is my ancestry, and the Lord's Name is my family.

592:1325

The Guru, the Lord Incarnate, has bestowed upon servant Nanak the Name of the Lord; in this world, and in the next, the Lord ever saves me. ||15||

592:1326

Shalok, Third Mehl:

592:1327

Those who meet the True Guru, ever sing the Kirtan of the Lord's Praises.

592:1328

The Lord's Name naturally fills their minds, and they are absorbed in the Shabad, the Word of the True Lord.

592:1329

They redeem their generations, and they themselves obtain the state of liberation.

592:1330

The Supreme Lord God is pleased with those who fall at the Guru's Feet.

592:1331

Servant Nanak is the Lord's slave; by His Grace, the Lord preserves his honor. ||1||

592:1332

Third Mehl:

592:1333

In egotism, one is assailed by fear; he passes his life totally troubled by fear.

592:1334

Egotism is such a terrible disease; he dies, to be reincarnated – he continues coming and going.

592:1335

Those who have such pre-ordained destiny meet with the True Guru, God Incarnate.

592:1336

O Nanak, by Guru's Grace, they are redeemed; their egos are burnt away through the Word of the Shabad. ||2||

592:1337

Pauree:

592:1338

The Lord's Name is my immortal, unfathomable, imperishable Creator Lord, the Architect of Destiny.

I serve the Lord's Name, I worship the Lord's Name, and my soul is imbued with the Lord's Name.

592:1340

I know of no other as great as the Lord's Name; the Lord's Name shall deliver me in the end.

592:1341

The Generous Guru has given me the Lord's Name; blessed, blessed are the Guru's mother and father.

592:1342

I ever bow in humble reverence to my True Guru; meeting Him, I have come to know the Lord's Name. ||16||

592:1343

Shalok, Third Mehl:

592:1344

One who does not serve the Guru as Gurmukh, who does not love the Lord's Name,

592:1345

and who does not savor the taste of the Shabad, shall die, and be reborn, over and over again.

592:1346

The blind, self-willed manmukh does not think of the Lord; why did he even come into the world?

592:1347

O Nanak, that Gurmukh, upon whom the Lord casts His Glance of Grace, crosses over the world-ocean. ||1||

592:1348

Third Mehl:

592:1349

Only the Guru is awake; the rest of the world is asleep in emotional attachment and desire.

592:1350

Those who serve the True Guru and remain wakeful, are imbued with the True Name, the treasure of virtue.

-- Raag Wadahans - Part 036 --

593:1351

The blind, self-willed manmukhs do not think of the Lord; they are ruined through birth and death.

593:1352

O Nanak, the Gurmukhs meditate on the Naam, the Name of the Lord; this is their destiny, pre-ordained by the Primal Lord God. ||2||

593:1353

Pauree:

593:1354

The Lord's Name is my food; eating the thirty-six varieties of it, I am satisfied and satiated.

593:1355

The Lord's Name is my clothing; wearing it, I shall never be naked again, and my desire to wear other clothing is gone.

593:1356

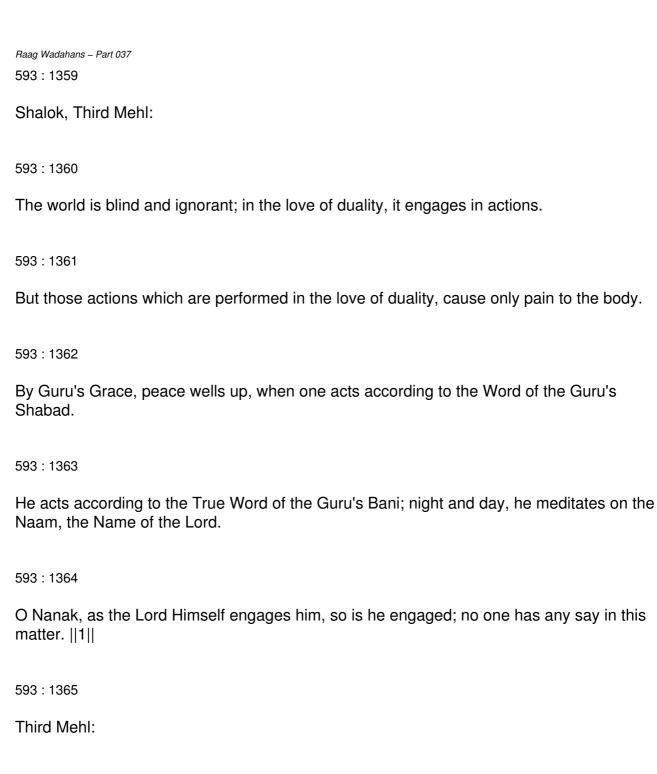
The Lord's Name is my business, the Lord's Name is my commerce; the True Guru has blessed me with its use.

593:1357

I record the account of the Lord's Name, and I shall not be subject to death again.

593:1358

Only a few, as Gurmukh, meditate on the Lord's Name; they are blessed by the Lord, and receive their pre–ordained destiny. ||17||



593:1366

Within the home of my own being, is the everlasting treasure of the Naam; it is a treasure house, overflowing with devotion.

593:1367

The True Guru is the Giver of the life of the soul; the Great Giver lives forever.

593:1368

Night and day, I continually sing the Kirtan of the Lord's Praise, through the Infinite Word of the Guru's Shabad.

593:1369

I recite continually the Guru's Shabads, which have been effective throughout the ages.

593:1370

This mind ever abides in peace, dealing in peace and poise.

593:1371

Deep within me is the Guru's Wisdom, the Lord's jewel, the Bringer of liberation.

593:1372

O Nanak, one who is blessed by the Lord's Glance of Grace obtains this, and is judged to be True in the Court of the Lord. ||2||

593:1373

Pauree:

593:1374

Blessed, blessed is that Sikh of the Guru, who goes and falls at the Feet of the True Guru.

593:1375

Blessed, blessed is that Sikh of the Guru, who with his mouth, utters the Name of the Lord.

593:1376

Blessed, blessed is that Sikh of the Guru, whose mind, upon hearing the Lord's Name, becomes blissful.

Blessed, blessed is that Sikh of the Guru, who serves the True Guru, and so obtains the Lord's Name.

593:1378

I bow forever in deepest respect to that Sikh of the Guru, who walks in the Way of the Guru. ||18||

593:1379

Shalok, Third Mehl:

593:1380

No one has ever found the Lord through stubborn–mindedness. All have grown weary of performing such actions.

593:1381

Through their stubborn-mindedness, and by wearing their disguises, they are deluded; they suffer in pain from the love of duality.

593:1382

Riches and the supernatural spiritual powers of the Siddhas are all emotional attachments; through them, the Naam, the Name of the Lord, does not come to dwell in the mind.

593:1383

Serving the Guru, the mind becomes immaculately pure, and the darkness of spiritual ignorance is dispelled.

593:1384

The jewel of the Naam is revealed in the home of one's own being; O Nanak, one merges in celestial bliss. ||1||

593:1385

Third Mehl:

-- Raag Wadahans - Part 037 --

594:1386

One who does not savor the taste of the Shabad, who does not love the Naam, the Name of the Lord.

594:1387

and who speaks insipid words with his tongue, is ruined, again and again.

594:1388

O Nanak, he acts according to the karma of his past actions, which no one can erase. ||2||

594:1389

Pauree:

594:1390

Blessed, blessed is the True Being, my True Guru; meeting Him, I have found peace.

594:1391

Blessed, blessed is the True Being, my True Guru; meeting Him, I have attained the Lord's devotional worship.

594:1392

Blessed, blessed is the Lord's devotee, my True Guru; serving Him, I have come to enshrine love for the Name of the Lord.

594:1393

Blessed, blessed is the Knower of the Lord, my True Guru; He has taught me to look upon friend and foe alike.

Blessed, blessed is the True Guru, my best friend; He has led me to embrace love for the Name of the Lord. ||19||

594:1395

Shalok, First Mehl:

594:1396

The soul-bride is at home, while the Husband Lord is away; she cherishes His memory, and mourns His absence.

594:1397

She shall meet Him without delay, if she rids herself of duality. ||1||

594:1398

First Mehl:

594:1399

O Nanak, false is the speech of one who acts without loving the Lord.

594:1400

He judges things to be good, only as long as the Lord gives and he receives. ||2||

594:1401

Pauree:

594:1402

The Lord, who created the creatures, also protects them.

594:1403

I have tasted the food of Ambrosial Nectar, the True Name.

594:1404

I am satisfied and satiated, and my hunger is appeased.

594:1405

The One Lord is pervading in all, but rare are those who realize this.

594:1406

Servant Nanak is enraptured, in the Protection of God. ||20||

594:1407

Shalok, Third Mehl:

594:1408

All the living beings of the world behold the True Guru.

594:1409

One is not liberated by merely seeing Him, unless one contemplates the Word of His Shabad.

594:1410

The filth of ego is not removed, and he does not enshrine love for the Naam.

594:1411

The Lord forgives some, and unites them with Himself; they forsake their duality and sinful ways.

594:1412

O Nanak, some behold the Blessed Vision of the True Guru's Darshan, with love and affection; conquering their ego, they meet with the Lord. ||1||

Raag Wadahans – Part 038
Third Mehl:

594:1414

The foolish, blind clown does not serve the True Guru.

594:1415

In love with duality, he endures terrible suffering, and burning, he cries out in pain.

594:1416

He forgets the Guru, for the sake of mere objects, but they will not come to his rescue in the end.

594:1417

Through the Guru's Instructions, Nanak has found peace; the Forgiving Lord has forgiven him. ||2||

594:1418

Pauree:

594:1419

You Yourself, all by Yourself, are the Creator of all. If there were any other, then I would speak of another.

594:1420

The Lord Himself speaks, and causes us to speak; He Himself is pervading the water and the land.

594:1421

The Lord Himself destroys, and the Lord Himself saves. O mind, seek and remain in the Lord's Sanctuary.

Other than the Lord, no one can kill or rejuvenate. O mind, do not be anxious – remain fearless.

594:1423

While standing, sitting, and sleeping, forever and ever, meditate on the Lord's Name; O servant Nanak, as Gurmukh, you shall attain the Lord. ||21||1||SUDH||

-- Raag Wadahans --