



## **English translation of Holy Guru Granth Sahib (Part 13)**

# Table of Contents

Credits.....	1
Raag Sorat'h – Part 001.....	2
Raag Sorat'h – Part 002.....	6
Raag Sorat'h – Part 003.....	11
Raag Sorat'h – Part 004.....	16
Raag Sorat'h – Part 005.....	20
Raag Sorat'h – Part 006.....	25
Raag Sorat'h – Part 007.....	30
Raag Sorat'h – Part 008.....	35
Raag Sorat'h – Part 009.....	40
Raag Sorat'h – Part 010.....	45
Raag Sorat'h – Part 011.....	49
Raag Sorat'h – Part 012.....	54
Raag Sorat'h – Part 013.....	58
Raag Sorat'h – Part 014.....	62
Raag Sorat'h – Part 015.....	66
Raag Sorat'h – Part 016.....	71
Raag Sorat'h – Part 017.....	76
Raag Sorat'h – Part 018.....	80
Raag Sorat'h – Part 019.....	85
Raag Sorat'h – Part 020.....	90
Raag Sorat'h – Part 021.....	95

# Table of Contents

<b>Raag Sorat'h – Part 022.....</b>	<b>100</b>
<b>Raag Sorat'h – Part 023.....</b>	<b>105</b>
<b>Raag Sorat'h – Part 024.....</b>	<b>109</b>
<b>Raag Sorat'h – Part 025.....</b>	<b>114</b>
<b>Raag Sorat'h – Part 026.....</b>	<b>119</b>
<b>Raag Sorat'h – Part 027.....</b>	<b>124</b>
<b>Raag Sorat'h – Part 028.....</b>	<b>130</b>
<b>Raag Sorat'h – Part 029.....</b>	<b>137</b>
<b>Raag Sorat'h – Part 030.....</b>	<b>144</b>
<b>Raag Sorat'h – Part 031.....</b>	<b>149</b>
<b>Raag Sorat'h – Part 032.....</b>	<b>155</b>
<b>Raag Sorat'h – Part 033.....</b>	<b>162</b>
<b>Raag Sorat'h – Part 034.....</b>	<b>169</b>
<b>Raag Sorat'h – Part 035.....</b>	<b>175</b>
<b>Raag Sorat'h – Part 036.....</b>	<b>182</b>
<b>Raag Sorat'h – Part 037.....</b>	<b>187</b>
<b>Raag Sorat'h – Part 038.....</b>	<b>192</b>
<b>Raag Sorat'h – Part 039.....</b>	<b>197</b>
<b>Raag Sorat'h – Part 040.....</b>	<b>202</b>
<b>Raag Sorat'h – Part 041.....</b>	<b>206</b>
<b>Raag Sorat'h – Part 042.....</b>	<b>211</b>
<b>Raag Sorat'h – Part 043.....</b>	<b>216</b>

# Table of Contents

<b>Raag Sorat'h – Part 044.....</b>	<b>221</b>
<b>Raag Sorat'h – Part 045.....</b>	<b>225</b>
<b>Raag Sorat'h – Part 046.....</b>	<b>230</b>
<b>Raag Sorat'h – Part 047.....</b>	<b>235</b>
<b>Raag Sorat'h – Part 048.....</b>	<b>239</b>
<b>Raag Sorat'h – Part 049.....</b>	<b>244</b>
<b>Raag Sorat'h – Part 050.....</b>	<b>249</b>
<b>Raag Sorat'h – Part 051.....</b>	<b>254</b>
<b>Raag Sorat'h – Part 052.....</b>	<b>259</b>
<b>Raag Sorat'h – Part 053.....</b>	<b>265</b>
<b>Raag Sorat'h – Part 054.....</b>	<b>270</b>
<b>Raag Sorat'h – Part 055.....</b>	<b>275</b>
<b>Raag Sorat'h – Part 056.....</b>	<b>280</b>
<b>Raag Sorat'h – Part 057.....</b>	<b>285</b>
<b>Raag Sorat'h – Part 058.....</b>	<b>290</b>
<b>Raag Sorat'h – Part 059.....</b>	<b>295</b>
<b>Raag Sorat'h – Part 060.....</b>	<b>300</b>
<b>Raag Sorat'h – Part 061.....</b>	<b>305</b>
<b>Raag Sorat'h – Part 062.....</b>	<b>312</b>
<b>Raag Sorat'h – Part 063.....</b>	<b>318</b>
<b>Raag Sorat'h – Part 064.....</b>	<b>324</b>
<b>Raag Sorat'h – Part 065.....</b>	<b>329</b>

# Credits

English translation of  
**Holy Guru Granth Sahib (13 Raag Sorat'h)**

by  
**Dr. Sant Singh Khalsa**

Downloaded in HTML format from  
[www.gurbanifiles.com](http://www.gurbanifiles.com)

Converted by  
[webmaster@ishwar.com](mailto:webmaster@ishwar.com)

For more sacred texts, please visit:  
[www.ishwar.com](http://www.ishwar.com)

# Raag Sorat'h – Part 001

---

595 : 1

One Universal Creator God. Truth Is The Name. Creative Being Personified. No Fear. No Hatred. Image Of The Undying. Beyond Birth. Self-Existent. By Guru's Grace:

595 : 2

Sorat'h, First Mehl, First House, Chau-Padas:

595 : 3

Death comes to all, and all must suffer separation.

595 : 4

Go and ask the clever people, whether they shall meet in the world hereafter.

595 : 5

Those who forget my Lord and Master shall suffer in terrible pain. ||1||

595 : 6

So praise the True Lord,

595 : 7

by whose Grace peace ever prevails. ||Pause||

595 : 8

Praise Him as great; He is, and He shall ever be.

595 : 9

You alone are the Great Giver; mankind cannot give anything.

595 : 10

Whatever pleases Him, comes to pass; what good does it do to cry out in protest? ||2||

595 : 11

Many have proclaimed their sovereignty over millions of fortresses on the earth, but they have now departed.

595 : 12

And those, whom even the sky could not contain, had ropes put through their noses.

595 : 13

O mind, if you only knew the torment in your future, you would not relish the sweet pleasures of the present. ||3||

595 : 14

O Nanak, as many as are the sins one commits, so many are the chains around his neck.

595 : 15

If he possesses virtues, then the chains are cut away; these virtues are his brothers, his true brothers.

595 : 16

Going to the world hereafter, those who have no Guru are not accepted; they are beaten, and expelled. ||4||1||

595 : 17

Sorat'h, First Mehl, First House:

595 : 18

Make your mind the farmer, good deeds the farm, modesty the water, and your body the field.

595 : 19

Let the Lord's Name be the seed, contentment the plow, and your humble dress the fence.

595 : 20

Doing deeds of love, the seed shall sprout, and you shall see your home flourish. ||1||

595 : 21

O Baba, the wealth of Maya does not go with anyone.

595 : 22

This Maya has bewitched the world, but only a rare few understand this. ||Pause||

595 : 23

Make your ever-decreasing life your shop, and make the Lord's Name your merchandise.

595 : 24

Make understanding and contemplation your warehouse, and in that warehouse, store the Lord's Name.

595 : 25

Deal with the Lord's dealers, earn your profits, and rejoice in your mind. ||2||

595 : 26

Let your trade be listening to scripture, and let Truth be the horses you take to sell.

595 : 27

Gather up merits for your travelling expenses, and do not think of tomorrow in your mind.

595 : 28

When you arrive in the land of the Formless Lord, you shall find peace in the Mansion of

His Presence. ||3||

595 : 29

Let your service be the focusing of your consciousness, and let your occupation be the placing of faith in the Naam.

-- Raag Sorat'h – Part 001 --

## Raag Sorat'h – Part 002

---

596 : 30

Let your work be restraint from sin; only then will people call you blessed.

596 : 31

O Nanak, the Lord shall look upon you with His Glance of Grace, and you shall be blessed with honor four times over. ||4||2||

596 : 32

Sorat'h, First Mehl, Chau–Tukas:

596 : 33

The son is dear to his mother and father; he is the wise son–in–law to his father–in–law.

596 : 34

The father is dear to his son and daughter, and the brother is very dear to his brother.

596 : 35

By the Order of the Lord's Command, he leaves his house and goes outside, and in an instant, everything becomes alien to him.

596 : 36

The self–willed manmukh does not remember the Name of the Lord, does not give in charity, and does not cleanse his consciousness; his body rolls in the dust. ||1||

596 : 37

The mind is comforted by the Comforter of the Naam.

596 : 38

I fall at the Guru's feet – I am a sacrifice to Him; He has given me to understand the true understanding. ||Pause||

596 : 39

The mind is impressed with the false love of the world; he quarrels with the Lord's humble servant.

596 : 40

Infatuated with Maya, night and day, he sees only the worldly path; he does not chant the Naam, and drinking poison, he dies.

596 : 41

He is imbued and infatuated with vicious talk; the Word of the Shabad does not come into his consciousness.

596 : 42

He is not imbued with the Lord's Love, and he is not impressed by the taste of the Name; the self-willed manmukh loses his honor. ||2||

596 : 43

He does not enjoy celestial peace in the Company of the Holy, and there is not even a bit of sweetness on his tongue.

596 : 44

He calls his mind, body and wealth his own; he has no knowledge of the Court of the Lord.

596 : 45

Closing his eyes, he walks in darkness; he cannot see the home of his own being, O Siblings of Destiny.

596 : 46

Tied up at Death's door, he finds no place of rest; he receives the rewards of his own actions. ||3||

596 : 47

When the Lord casts His Glance of Grace, then I see Him with my own eyes; He is indescribable, and cannot be described.

596 : 48

With my ears, I continually listen to the Word of the Shabad, and I praise Him; His Ambrosial Name abides within my heart.

596 : 49

He is Fearless, Formless and absolutely without vengeance; I am absorbed in His Perfect Light.

596 : 50

O Nanak, without the Guru, doubt is not dispelled; through the True Name, glorious greatness is obtained. ||4||3||

596 : 51

Sorat'h, First Mehl, Du–Tukas:

596 : 52

In the realm of land, and in the realm of water, Your seat is the chamber of the four directions.

596 : 53

Yours is the one and only form of the entire universe; Your mouth is the mint to fashion all.  
||1||

596 : 54

O my Lord Master, Your play is so wonderful!

596 : 55

You are pervading and permeating the water, the land and the sky; You Yourself are contained in all. ||Pause||

596 : 56

Wherever I look, there I see Your Light, but what is Your form?

596 : 57

You have one form, but it is unseen; there is none like any other. ||2||

596 : 58

The beings born of eggs, born of the womb, born of the earth and born of sweat, all are created by You.

596 : 59

I have seen one glory of Yours, that You are pervading and permeating in all. ||3||

596 : 60

Your Glories are so numerous, and I do not know even one of them; I am such a fool – please, give me some of them!

596 : 61

Prays Nanak, listen, O my Lord Master: I am sinking like a stone – please, save me! ||4||4||

596 : 62

Sorat'h, First Mehl:

596 : 63

I am a wicked sinner and a great hypocrite; You are the Immaculate and Formless Lord.

596 : 64

Tasting the Ambrosial Nectar, I am imbued with supreme bliss; O Lord and Master, I seek Your Sanctuary. ||1||

596 : 65

O Creator Lord, You are the honor of the dishonored.

596 : 66

In my lap is the honor and glory of the wealth of the Name; I merge into the True Word of the Shabad. ||Pause||

596 : 67

You are perfect, while I am worthless and imperfect. You are profound, while I am trivial.

--- Raag Sorat'h – Part 002 ---

## Raag Sorat'h – Part 003

---

597 : 68

My mind is imbued with You, day and night and morning, O Lord; my tongue chants Your Name, and my mind meditates on You. ||2||

597 : 69

You are True, and I am absorbed into You; through the mystery of the Shabad, I shall ultimately become True as well.

597 : 70

Those who are imbued with the Naam day and night are pure, while those who die to be reborn are impure. ||3||

597 : 71

I do not see any other like the Lord; who else should I praise? No one is equal to Him.

597 : 72

Prays Nanak, I am the slave of His slaves; by Guru's Instruction, I know Him. ||4||5||

597 : 73

Sorat'h, First Mehl:

597 : 74

He is unknowable, infinite, unapproachable and imperceptible. He is not subject to death or karma.

597 : 75

His caste is casteless; He is unborn, self-illuminated, and free of doubt and desire. ||1||

597 : 76

I am a sacrifice to the Truest of the True.

597 : 77

He has no form, no color and no features; through the True Word of the Shabad, He reveals Himself. ||Pause||

597 : 78

He has no mother, father, sons or relatives; He is free of sexual desire; He has no wife.

597 : 79

He has no ancestry; He is immaculate. He is infinite and endless; O Lord, Your Light is pervading all. ||2||

597 : 80

Deep within each and every heart, God is hidden; His Light is in each and every heart.

597 : 81

The heavy doors are opened by Guru's Instructions; one becomes fearless, in the trance of deep meditation. ||3||

597 : 82

The Lord created all beings, and placed death over the heads of all; all the world is under His Power.

597 : 83

Serving the True Guru, the treasure is obtained; living the Word of the Shabad, one is emancipated. ||4||

597 : 84

In the pure vessel, the True Name is contained; how few are those who practice true conduct.

597 : 85

The individual soul is united with the Supreme Soul; Nanak seeks Your Sanctuary, Lord.  
||5||6||

597 : 86

Sorat'h, First Mehl:

597 : 87

Like a fish without water is the faithless cynic, who dies of thirst.

597 : 88

So shall you die, O mind, without the Lord, as your breath goes in vain. ||1||

597 : 89

O mind, chant the Lord's Name, and praise Him.

597 : 90

Without the Guru, how will you obtain this juice? The Guru shall unite you with the Lord.  
||Pause||

597 : 91

For the Gurmukh, meeting with the Society of the Saints is like making a pilgrimage to a sacred shrine.

597 : 92

The benefit of bathing at the sixty-eight sacred shrines of pilgrimage is obtained by the Blessed Vision of the Guru's Darshan. ||2||

597 : 93

Like the Yogi without abstinence, and like penance without truth and contentment,

597 : 94

so is the body without the Lord's Name; death will slay it, because of the sin within. ||3||

597 : 95

The faithless cynic does not obtain the Lord's Love; the Lord's Love is obtained only through the True Guru.

597 : 96

One who meets with the Guru, the Giver of pleasure and pain, says Nanak, is absorbed in the Lord's Praise. ||4||7||

597 : 97

Sorat'h, First Mehl:

597 : 98

You, God, are the Giver of gifts, the Lord of perfect understanding; I am a mere beggar at Your Door.

597 : 99

What should I beg for? Nothing remains permanent; O Lord, please, bless me with Your Beloved Name. ||1||

597 : 100

In each and every heart, the Lord, the Lord of the forest, is permeating and pervading.

597 : 101

In the water, on the land, and in the sky, He is pervading but hidden; through the Word of the Guru's Shabad, He is revealed. ||Pause||

597 : 102

In this world, in the nether regions of the underworld, and in the Akaashic Ethers, the Guru, the True Guru, has shown me the Lord; He has showered me with His Mercy.

He is the unborn Lord God; He is, and shall ever be. Deep within your heart, behold Him, the Destroyer of ego. ||2||

-- Raag Sorat'h – Part 003 --

# Raag Sorat'h – Part 004

---

598 : 104

This wretched world is caught in birth and death; in the love of duality, it has forgotten devotional worship of the Lord.

598 : 105

Meeting the True Guru, the Guru's Teachings are obtained; the faithless cynic loses the game of life. ||3||

598 : 106

Breaking my bonds, the True Guru has set me free, and I shall not be cast into the womb of reincarnation again.

598 : 107

O Nanak, the jewel of spiritual wisdom shines forth, and the Lord, the Formless Lord, dwells within my mind. ||4||8||

598 : 108

Sorat'h, First Mehl:

598 : 109

The treasure of the Name, for which you have come into the world – that Ambrosial Nectar is with the Guru.

598 : 110

Renounce costumes, disguises and clever tricks; this fruit is not obtained by duplicity. ||1||

598 : 111

O my mind, remain steady, and do not wander away.

598 : 112

By searching around on the outside, you shall only suffer great pain; the Ambrosial Nectar is found within the home of your own being. ||Pause||

598 : 113

Renounce corruption, and seek virtue; committing sins, you shall only come to regret and repent.

598 : 114

You do not know the difference between good and evil; again and again, you sink into the mud. ||2||

598 : 115

Within you is the great filth of greed and falsehood; why do you bother to wash your body on the outside?

598 : 116

Chant the Immaculate Naam, the Name of the Lord always, under Guru's Instruction; only then will your innermost being be emancipated. ||3||

598 : 117

Let greed and slander be far away from you, and renounce falsehood; through the True Word of the Guru's Shabad, you shall obtain the true fruit.

598 : 118

As it pleases You, You preserve me, Dear Lord; servant Nanak sings the Praises of Your Shabad. ||4||9||

598 : 119

Sorat'h, First Mehl, Panch–Padas:

598 : 120

You cannot save your own home from being plundered; why do you spy on the houses of others?

598 : 121

That Gurmukh who joins himself to the Guru's service, saves his own home, and tastes the Lord's Nectar. ||1||

598 : 122

O mind, you must realize what your intellect is focused on.

598 : 123

Forgetting the Naam, the Name of the Lord, one is involved with other tastes; the unfortunate wretch shall come to regret it in the end. ||Pause||

598 : 124

When things come, he is pleased, but when they go, he weeps and wails; this pain and pleasure remains attached to him.

598 : 125

The Lord Himself causes him to enjoy pleasure and endure pain; the Gurmukh, however, remains unaffected. ||2||

598 : 126

What else can be said to be above the subtle essence of the Lord? One who drinks it in is satisfied and satiated.

598 : 127

One who is lured by Maya loses this juice; that faithless cynic is tied to his evil-mindedness. ||3||

598 : 128

The Lord is the life of the mind, the Master of the breath of life; the Divine Lord is contained in the body.

598 : 129

If You so bless us, Lord, then we sing Your Praises; the mind is satisfied and fulfilled, lovingly attached to the Lord. ||4||

598 : 130

In the Saadh Sangat, the Company of the Holy, the subtle essence of the Lord is obtained; meeting the Guru, the fear of death departs.

598 : 131

O Nanak, chant the Name of the Lord, as Gurmukh; you shall obtain the Lord, and realize your pre-ordained destiny. ||5||10||

598 : 132

Sorat'h, First Mehl:

598 : 133

Destiny, pre-ordained by the Lord, looms over the heads of all beings; no one is without this pre-ordained destiny.

598 : 134

Only He Himself is beyond destiny; creating the creation by His creative power, He beholds it, and causes His Command to be followed. ||1||

598 : 135

O mind, chant the Name of the Lord, and be at peace.

598 : 136

Day and night, serve at the Guru's feet; the Lord is the Giver, and the Enjoyer. ||Pause||

-- Raag Sorat'h – Part 004 --

# Raag Sorat'h – Part 005

---

599 : 137

He is within – see Him outside as well; there is no one, other than Him.

599 : 138

As Gurmukh, look upon all with the single eye of equality; in each and every heart, the Divine Light is contained. ||2||

599 : 139

Restrain your fickle mind, and keep it steady within its own home; meeting the Guru, this understanding is obtained.

599 : 140

Seeing the unseen Lord, you shall be amazed and delighted; forgetting your pain, you shall be at peace. ||3||

599 : 141

Drinking in the ambrosial nectar, you shall attain the highest bliss, and dwell within the home of your own self.

599 : 142

So sing the Praises of the Lord, the Destroyer of the fear of birth and death, and you shall not be reincarnated again. ||4||

599 : 143

The essence, the immaculate Lord, the Light of all – I am He and He is me – there is no difference between us.

599 : 144

The Infinite Transcendent Lord, the Supreme Lord God – Nanak has met with Him, the Guru. ||5||11||

599 : 145

Sorat'h, First Mehl, Third House:

599 : 146

One Universal Creator God. By The Grace Of The True Guru:

599 : 147

When I am pleasing to Him, then I sing His Praises.

599 : 148

Singing His Praises, I receive the fruits of my rewards.

599 : 149

The rewards of singing His Praises are obtained when He Himself gives them. ||1||

599 : 150

O my mind, through the Word of the Guru's Shabad, the treasure is obtained;

599 : 151

this is why I remain immersed in the True Name. ||Pause||

599 : 152

When I awoke within myself to the Guru's Teachings,

599 : 153

then I renounced my fickle intellect.

599 : 154

When the Light of the Guru's Teachings dawned,

599 : 155

and then all darkness was dispelled. ||2||

599 : 156

When the mind is attached to the Guru's Feet,

599 : 157

then the Path of Death recedes.

599 : 158

Through the Fear of God, one attains the Fearless Lord;

599 : 159

then, one enters the home of celestial bliss. ||3||

599 : 160

Prays Nanak, how rare are those who reflect and understand,

599 : 161

the most sublime action in this world.

599 : 162

The noblest deed is to sing the Lord's Praises,

599 : 163

and so meet the Lord Himself. ||4||1||12||

599 : 164

Sorat'h, Third Mehl, First House:

599 : 165

One Universal Creator God. By The Grace Of The True Guru:

599 : 166

All of Your servants, who relish the Word of Your Shabad, serve You.

599 : 167

By Guru's Grace, they become pure, eradicating self–conceit from within.

599 : 168

Night and day, they continually sing the Glorious Praises of the True Lord; they are adorned with the Word of the Guru's Shabad. ||1||

599 : 169

O my Lord and Master, I am Your child; I seek Your Sanctuary.

599 : 170

You are the One and Only Lord, the Truest of the True; You Yourself are the Destroyer of ego. ||Pause||

599 : 171

Those who remain wakeful obtain God; through the Word of the Shabad, they conquer their ego.

599 : 172

Immersed in family life, the Lord's humble servant ever remains detached; he reflects upon the essence of spiritual wisdom.

599 : 173

Serving the True Guru, he finds eternal peace, and he keeps the Lord enshrined in his heart. ||2||

This mind wanders in the ten directions; it is consumed by the love of duality.

-- Raag Sorat'h – Part 005 --

## Raag Sorat'h – Part 006

---

600 : 175

The foolish self-willed manmukh does not remember the Lord's Name; he wastes away his life in vain.

600 : 176

But when he meets the True Guru, then he obtains the Name; he sheds egotism and emotional attachment. ||3||

600 : 177

The Lord's humble servants are True – they practice Truth, and reflect upon the Word of the Guru's Shabad.

600 : 178

The True Lord God unites them with Himself, and they keep the True Lord enshrined in their hearts.

600 : 179

O Nanak, through the Name, I have obtained salvation and understanding; this alone is my wealth. ||4||1||

600 : 180

Sorat'h, Third Mehl:

600 : 181

The True Lord has blessed His devotees with the treasure of devotional worship, and the wealth of the Lord's Name.

600 : 182

The wealth of the Naam, shall never be exhausted; no one can estimate its worth.

600 : 183

With the wealth of the Naam, their faces are radiant, and they attain the True Lord. ||1||

600 : 184

O my mind, through the Word of the Guru's Shabad, the Lord is found.

600 : 185

Without the Shabad, the world wanders around, and receives its punishment in the Court of the Lord. ||Pause||

600 : 186

Within this body dwell the five thieves: sexual desire, anger, greed, emotional attachment and egotism.

600 : 187

They plunder the Nectar, but the self-willed manmukh does not realize it; no one hears his complaint.

600 : 188

The world is blind, and its dealings are blind as well; without the Guru, there is only pitch darkness. ||2||

600 : 189

Indulging in egotism and possessiveness, they are ruined; when they depart, nothing goes along with them.

600 : 190

But one who becomes Gurmukh meditates on the Naam, and ever contemplates the Lord's Name.

600 : 191

Through the True Word of Gurbani, he sings the Glorious Praises of the Lord; blessed with the Lord's Glance of Grace, he is enraptured. ||3||

600 : 192

The spiritual wisdom of the True Guru is a steady light within the heart. The Lord's decree is over the heads of even kings.

600 : 193

Night and day, the Lord's devotees worship Him; night and day, they gather in the true profit of the Lord's Name.

600 : 194

O Nanak, through the Lord's Name, one is emancipated; attuned to the Shabad, he finds the Lord. ||4||2||

600 : 195

Sorat'h, Third Mehl:

600 : 196

If one becomes the slave of the Lord's slaves, then he finds the Lord, and eradicates ego from within.

600 : 197

The Lord of bliss is his object of devotion; night and day, he sings the Glorious Praises of the Lord.

600 : 198

Attuned to the Word of the Shabad, the Lord's devotees remain ever as one, absorbed in the Lord. ||1||

600 : 199

O Dear Lord, Your Glance of Grace is True.

600 : 200

Show mercy to Your slave, O Beloved Lord, and preserve my honor. ||Pause||

600 : 201

Continually praising the Word of the Shabad, I live; under Guru's Instruction, my fear has been dispelled.

600 : 202

My True Lord God is so beautiful! Serving the Guru, my consciousness is focused on Him.

600 : 203

One who chants the True Word of the Shabad, and the Truest of the True, the Word of His Bani, remains wakeful, day and night. ||2||

600 : 204

He is so very deep and profound, the Giver of eternal peace; no one can find His limit.

600 : 205

Serving the Perfect Guru, one becomes carefree, enshrining the Lord within the mind.

600 : 206

The mind and body become immaculately pure, and a lasting peace fills the heart; doubt is eradicated from within. ||3||

600 : 207

The Way of the Lord is always such a difficult path; only a few find it, contemplating the Guru.

600 : 208

Imbued with the Lord's Love, and intoxicated with the Shabad, he renounces ego and corruption.

O Nanak, imbued with the Naam, and the Love of the One Lord, he is embellished with the Word of the Shabad. ||4||3||

-- Raag Sorat'h – Part 006 --

# Raag Sorat'h – Part 007

---

601 : 210

Sorat'h, Third Mehl:

601 : 211

Dear Beloved Lord, I praise You continually, as long as there is the breath within my body.

601 : 212

If I were to forget You, for a moment, even for an instant, O Lord Master, it would be like fifty years for me.

601 : 213

I was always such a fool and an idiot, O Siblings of Destiny, but now, through the Word of the Guru's Shabad, my mind is enlightened. ||1||

601 : 214

Dear Lord, You Yourself bestow understanding.

601 : 215

Dear Lord, I am forever a sacrifice to You; I am dedicated and devoted to Your Name.  
||Pause||

601 : 216

I have died in the Word of the Shabad, and through the Shabad, I am dead while yet alive, O Siblings of Destiny; through the Shabad, I have been liberated.

601 : 217

Through the Shabad, my mind and body have been purified, and the Lord has come to dwell within my mind.

601 : 218

The Guru is the Giver of the Shabad; my mind is imbued with it, and I remain absorbed in the Lord. ||2||

601 : 219

Those who do not know the Shabad are blind and deaf; why did they even bother to come into the world?

601 : 220

They do not obtain the subtle essence of the Lord's elixir; they waste away their lives, and are reincarnated over and over again.

601 : 221

The blind, idiotic, self-willed manmukhs are like maggots in manure, and in manure they rot away. ||3||

601 : 222

The Lord Himself creates us, watches over us, and places us on the Path, O Siblings of Destiny; there is no one other than Him.

601 : 223

No one can erase that which is pre-ordained, O Siblings of Destiny; whatever the Creator wills, comes to pass.

601 : 224

O Nanak, the Naam, the Name of the Lord, abides deep within the mind; O Siblings of Destiny, there is no other at all. ||4||4||

601 : 225

Sorat'h, Third Mehl:

601 : 226

The Gurmukhs practice devotional worship, and become pleasing to God; night and day, they chant the Naam, the Name of the Lord.

601 : 227

You Yourself protect and take care of Your devotees, who are pleasing to Your Mind.

601 : 228

You are the Giver of virtue, realized through the Word of Your Shabad. Uttering Your Glories, we merge with You, O Glorious Lord. ||1||

601 : 229

O my mind, remember always the Dear Lord.

601 : 230

At the very last moment, He alone shall be your best friend; He shall always stand by you. ||Pause||

601 : 231

The gathering of the wicked enemies shall always practice falsehood; they do not contemplate understanding.

601 : 232

Who can obtain fruit from the slander of evil enemies? Remember that Harnaakhash was torn apart by the Lord's claws.

601 : 233

Prahlaad, the Lord's humble servant, constantly sang the Glorious Praises of the Lord, and the Dear Lord saved him. ||2||

601 : 234

The self-willed manmukhs see themselves as being very virtuous; they have absolutely no understanding at all.

601 : 235

They indulge in slander of the humble spiritual people; they waste their lives away, and then they have to depart.

601 : 236

They never think of the Lord's Name, and in the end, they depart, regretting and repenting. ||3||

601 : 237

The Lord makes the lives of His devotees fruitful; He Himself links them to the Guru's service.

601 : 238

Imbued with the Word of the Shabad, and intoxicated with celestial bliss, night and day, they sing the Glorious Praises of the Lord.

601 : 239

Slave Nanak utters this prayer: O Lord, please, let me fall at their feet. ||4||5||

601 : 240

Sorat'h, Third Mehl:

601 : 241

He alone is a Sikh, a friend, a relative and a sibling, who walks in the Way of the Guru's Will.

601 : 242

One who walks according to his own will, O Siblings of Destiny, suffers separation from the Lord, and shall be punished.

601 : 243

Without the True Guru, peace is never obtained, O Siblings of Destiny; again and again, he regrets and repents. ||1||

601 : 244

The Lord's slaves are happy, O Siblings of Destiny.

-- Raag Sorat'h – Part 007 --

## Raag Sorat'h – Part 008

---

602 : 245

The sins and sorrows of countless lifetimes are eradicated; the Lord Himself unites them in His Union. ||Pause||

602 : 246

All of these relatives are like chains upon the soul, O Siblings of Destiny; the world is deluded by doubt.

602 : 247

Without the Guru, the chains cannot be broken; the Gurmukhs find the door of salvation.

602 : 248

One who performs rituals without realizing the Word of the Guru's Shabad, shall die and be reborn, again and again. ||2||

602 : 249

The world is entangled in egotism and possessiveness, O Siblings of Destiny, but no one belongs to anyone else.

602 : 250

The Gurmukhs attain the Mansion of the Lord's Presence, singing the Glories of the Lord; they dwell in the home of their own inner being.

602 : 251

One who understands here, realizes himself; the Lord God belongs to him. ||3||

602 : 252

The True Guru is forever merciful, O Siblings of Destiny; without good destiny, what can anyone obtain?

602 : 253

He looks alike upon all with His Glance of Grace, but people receive the fruits of their rewards according to their love for the Lord.

602 : 254

O Nanak, when the Naam, the Name of the Lord, comes to dwell within the mind, then self-conceit is eradicated from within. ||4||6||

602 : 255

Sorat'h, Third Mehl, Chau-Tukas:

602 : 256

True devotional worship is obtained only through the True Guru, when the True Word of His Bani is in the heart.

602 : 257

Serving the True Guru, eternal peace is obtained; egotism is obliterated through the Word of the Shabad.

602 : 258

Without the Guru, there is no true devotion; otherwise, people wander around, deluded by ignorance.

602 : 259

The self-willed manmukhs wander around, suffering in constant pain; they drown and die, even without water. ||1||

602 : 260

O Siblings of Destiny, remain forever in the Lord's Sanctuary, under His Protection.

602 : 261

Bestowing His Glance of Grace, He preserves our honor, and blesses us with the glory of the Lord's Name. ||Pause||

602 : 262

Through the Perfect Guru, one comes to understand himself, contemplating the True Word of the Shabad.

602 : 263

The Lord, the Life of the world, ever abides in his heart, and he renounces sexual desire, anger and egotism.

602 : 264

The Lord is ever-present, permeating and pervading all places; the Name of the Infinite Lord is enshrined within the heart.

602 : 265

Throughout the ages, through the Word of His Bani, His Shabad is realized, and the Name becomes so sweet and beloved to the mind. ||2||

602 : 266

Serving the Guru, one realizes the Naam, the Name of the Lord; fruitful is his life, and his coming into the world.

602 : 267

Tasting the sublime elixir of the Lord, his mind is satisfied and satiated forever; singing the Glories of the Glorious Lord, he is fulfilled and satisfied.

602 : 268

The lotus of his heart blossoms forth, he is ever imbued with the Lord's Love, and the unstruck melody of the Shabad resounds within him.

602 : 269

His body and mind become immaculately pure; his speech becomes immaculate as well, and he merges in the Truest of the True. ||3||

602 : 270

No one knows the state of the Lord's Name; through the Guru's Teachings, it comes to abide in the heart.

602 : 271

One who becomes Gurmukh, understands the Path; his tongue savors the sublime essence of the Lord's Nectar.

602 : 272

Meditation, austere self-discipline and self-restraint are all obtained from the Guru; the Naam, the Name of the Lord, comes to abide within the heart.

602 : 273

O Nanak, those humble beings who praise the Naam are beautiful; they are honored in the Court of the True Lord. ||4||7||

602 : 274

Sorat'h, Third Mehl, Du-Tukas:

602 : 275

Meeting the True Guru, one turns away from the world, O Siblings of Destiny; when he remains dead while yet alive, he obtains true understanding.

602 : 276

He alone is the Guru, and he alone is a Sikh, O Siblings of Destiny, whose light merges in the Light. ||1||

602 : 277

O my mind, be lovingly attuned to the Name of the Lord, Har, Har.

Chanting the Name of the Lord, it seems so sweet to the mind, O Siblings of Destiny; the Gurmukhs obtain a place in the Court of the Lord. ||Pause||

-- Raag Sorat'h – Part 008 --

## Raag Sorat'h – Part 009

---

603 : 279

Without the Guru, love for the Lord does not well up, O Siblings of Destiny; the self-willed manmukhs are engrossed in the love of duality.

603 : 280

Actions performed by the manmukh are like the threshing of the chaff – they obtain nothing for their efforts. ||2||

603 : 281

Meeting the Guru, the Naam comes to permeate the mind, O Siblings of Destiny, with true love and affection.

603 : 282

He always sings the Glorious Praises of the Lord, O Siblings of Destiny, with infinite love for the Guru. ||3||

603 : 283

How blessed and approved is his coming into the world, O Siblings of Destiny, who focuses his mind on serving the Guru.

603 : 284

O Nanak, the Name of the Lord is obtained, O Siblings of Destiny, through the Word of the Guru's Shabad, and we merge with the Lord. ||4||8||

603 : 285

Sorat'h, Third Mehl, First House:

603 : 286

The three worlds are entangled in the three qualities, O Siblings of Destiny; the Guru imparts understanding.

603 : 287

Attached to the Lord's Name, one is emancipated, O Siblings of Destiny; go and ask the wise ones about this. ||1||

603 : 288

O mind, renounce the three qualities, and focus your consciousness on the fourth state.

603 : 289

The Dear Lord abides in the mind, O Siblings of Destiny; ever sing the Glorious Praises of the Lord. ||Pause||

603 : 290

From the Naam, everyone originated, O Siblings of Destiny; forgetting the Naam, they die away.

603 : 291

The ignorant world is blind, O Siblings of Destiny; those who sleep are plundered. ||2||

603 : 292

Those Gurmukhs who remain awake are saved, O Siblings of Destiny; they cross over the terrifying world–ocean.

603 : 293

In this world, the Name of the Lord is the true profit, O Siblings of Destiny; keep it enshrined within your heart. ||3||

603 : 294

In the Guru's Sanctuary, O Siblings of Destiny, you shall be saved; be lovingly attuned to the Lord's Name.

603 : 295

O Nanak, the Name of the Lord is the boat, and the Name is the raft, O Siblings of Destiny; setting out on it, the Lord's humble servant crosses over the world–ocean. ||4||9||

603 : 296

Sorat'h, Third Mehl, First House:

603 : 297

The True Guru is the ocean of peace in the world; there is no other place of rest and peace.

603 : 298

The world is afflicted with the painful disease of egotism; dying, only to be reborn, it cries out in pain. ||1||

603 : 299

O mind, serve the True Guru, and obtain peace.

603 : 300

If you serve the True Guru, you shall find peace; otherwise, you shall depart, after wasting away your life in vain. ||Pause||

603 : 301

Led around by the three qualities, he does many deeds, but he does not come to taste and savor the subtle essence of the Lord.

603 : 302

He says his evening prayers, and makes offerings of water, and recites his morning prayers, but without true understanding, he still suffers in pain. ||2||

603 : 303

One who serves the True Guru is very fortunate; as the Lord so wills, he meets with the Guru.

603 : 304

Drinking in the sublime essence of the Lord, His humble servants remain ever satisfied; they eradicate self-conceit from within themselves. ||3||

603 : 305

This world is blind, and all act blindly; without the Guru, no one finds the Path.

603 : 306

O Nanak, meeting with the True Guru, one sees with his eyes, and finds the True Lord within the home of his own being. ||4||10||

603 : 307

Sorat'h, Third Mehl:

603 : 308

Without serving the True Guru, he suffers in terrible pain, and throughout the four ages, he wanders aimlessly.

603 : 309

I am poor and meek, and throughout the ages, You are the Great Giver – please, grant me the understanding of the Shabad. ||1||

603 : 310

O Dear Beloved Lord, please show mercy to me.

603 : 311

Unite me in the Union of the True Guru, the Great Giver, and give me the support of the Lord's Name. ||Pause||

603 : 312

Conquering my desires and duality, I have merged in celestial peace, and I have found the Naam, the Name of the Infinite Lord.

I have tasted the sublime essence of the Lord, and my soul has become immaculately pure;  
the Lord is the Destroyer of sins. ||2||

-- Raag Sorat'h – Part 009 --

## Raag Sorat'h – Part 010

---

604 : 314

Dying in the Word of the Shabad, you shall live forever, and you shall never die again.

604 : 315

The Ambrosial Nectar of the Naam is ever-sweet to the mind; but how few are those who obtain the Shabad. ||3||

604 : 316

The Great Giver keeps His Gifts in His Hand; He gives them to those with whom He is pleased.

604 : 317

O Nanak, imbued with the Naam, they find peace, and in the Court of the Lord, they are exalted. ||4||11||

604 : 318

Sorat'h, Third Mehl:

604 : 319

Serving the True Guru, the divine melody wells up within, and one is blessed with wisdom and salvation.

604 : 320

The True Name of the Lord comes to abide in the mind, and through the Name, one merges in the Name. ||1||

604 : 321

Without the True Guru, the whole world is insane.

604 : 322

The blind, self-willed manmukhs do not realize the Word of the Shabad; they are deluded by false doubts. ||Pause||

604 : 323

The three-faced Maya had led them astray in doubt, and they are snared by the noose of egotism.

604 : 324

Birth and death hang over their heads, and being reborn from the womb, they suffer in pain. ||2||

604 : 325

The three qualities permeate the whole world; acting in ego, it loses its honor.

604 : 326

But one who becomes Gurmukh comes to realize the fourth state of celestial bliss; he finds peace through the Name of the Lord. ||3||

604 : 327

The three qualities are all Yours, O Lord; You Yourself created them. Whatever You do, comes to pass.

604 : 328

O Nanak, through the Lord's Name, one is emancipated; through the Shabad, he is rid of egotism. ||4||12||

604 : 329

Sorat'h, Fourth Mehl, First House:

604 : 330

One Universal Creator God. By The Grace Of The True Guru:

604 : 331

My Beloved Lord Himself pervades and permeates all; He Himself is, all by Himself.

604 : 332

My Beloved Himself is the trader in this world; He Himself is the true banker.

604 : 333

My Beloved Himself is the trade and the trader; He Himself is the true credit. ||1||

604 : 334

O mind, meditate on the Lord, Har, Har, and praise His Name.

604 : 335

By Guru's Grace, the Beloved, Ambrosial, unapproachable and unfathomable Lord is obtained. ||Pause||

604 : 336

The Beloved Himself sees and hears everything; He Himself speaks through the mouths of all beings.

604 : 337

The Beloved Himself leads us into the wilderness, and He Himself shows us the Way.

604 : 338

The Beloved Himself is Himself all-in-all; He Himself is carefree. ||2||

604 : 339

The Beloved Himself, all by Himself, created everything; He Himself links all to their tasks.

604 : 340

The Beloved Himself creates the Creation, and He Himself destroys it.

604 : 341

He Himself is the wharf, and He Himself is the ferryman, who ferries us across. ||3||

604 : 342

The Beloved Himself is the ocean, and the boat; He Himself is the Guru, the boatman who steers it

604 : 343

. The Beloved Himself sets sail and crosses over; He, the King, beholds His wondrous play.

604 : 344

The Beloved Himself is the Merciful Master; O servant Nanak, He forgives and blends with Himself. ||4||1||

604 : 345

Sorat'h, Fourth Mehl:

604 : 346

He Himself is born of the egg, from the womb, from sweat and from the earth; He Himself is the continents and all the worlds.

604 : 347

He Himself is the thread, and He Himself is the many beads; through His Almighty Power, He has strung the worlds.

-- Raag Sorat'h – Part 010 --

## Raag Sorat'h – Part 011

---

605 : 348

He holds the thread, and when He withdraws the thread, the beads scatter into heaps. ||1||

605 : 349

O my mind, there is no other than the Lord for me.

605 : 350

The treasure of the Beloved Naam is within the True Guru; in His Mercy, he pours the Ambrosial Nectar into my mouth. ||Pause||

605 : 351

The Beloved Himself is in all the oceans and lands; whatever God does, comes to pass.

605 : 352

The Beloved brings nourishment to all; there is no other than Him.

605 : 353

The Beloved Himself plays, and whatever He Himself does, comes to pass. ||2||

605 : 354

The Beloved Himself, all by Himself, is immaculate and pure; He Himself is immaculate and pure.

605 : 355

The Beloved Himself determines the value of all; whatever He does comes to pass.

605 : 356

The Beloved Himself is unseen – He cannot be seen; He Himself causes us to see. ||3||

605 : 357

The Beloved Himself is deep and profound and unfathomable; there is no other as great as He.

605 : 358

The Beloved Himself enjoys every heart; He is contained within every woman and man.

605 : 359

O Nanak, the Beloved is pervading everywhere, but He is hidden; through the Guru, He is revealed. ||4||2||

605 : 360

Sorat'h, Fourth Mehl:

605 : 361

He Himself, the Beloved, is Himself all-in-all; He Himself establishes and disestablishes.

605 : 362

The Beloved Himself beholds, and rejoices; God Himself works wonders, and beholds them.

605 : 363

The Beloved Himself is contained in all the woods and meadows; as Gurmukh, He reveals Himself. ||1||

605 : 364

Meditate, O mind, on the Lord, Har, Har; through the sublime essence of Lord's Name, you shall be satisfied.

605 : 365

The Ambrosial Nectar of the Naam, is the sweetest juice; through the Word of the Guru's Shabad, its taste is revealed. ||Pause||

605 : 366

The Beloved is Himself the place of pilgrimage and the raft; God Himself ferries Himself across.

605 : 367

The Beloved Himself casts the net over all the world; the Lord Himself is the fish.

605 : 368

The Beloved Himself is infallible; He makes no mistakes. There is no other like Him to be seen. ||2||

605 : 369

The Beloved Himself is the Yogi's horn, and the sound current of the Naad; He Himself plays the tune.

605 : 370

The Beloved Himself is the Yogi, the Primal Being; He Himself practices intense meditation.

605 : 371

He Himself is the True Guru, and He Himself is the disciple; God Himself imparts the Teachings. ||3||

605 : 372

The Beloved Himself inspires us to chant His Name, and He Himself practices meditation.

605 : 373

The Beloved Himself is the Ambrosial Nectar; He Himself is the juice of it.

605 : 374

The Beloved Himself praises Himself; servant Nanak is satisfied, with the sublime essence of the Lord. ||4||3||

605 : 375

Sorat'h, Fourth Mehl:

605 : 376

God Himself is the balance scale, He Himself is the weigher, and He Himself weighs with the weights.

605 : 377

He Himself is the banker, He Himself is the trader, and He Himself makes the trades.

605 : 378

The Beloved Himself fashioned the world, and He Himself counter–balances it with a gram.  
||1||

605 : 379

My mind meditates on the Lord, Har, Har, and finds peace.

605 : 380

The Name of the Beloved Lord, Har, Har, is a treasure; the Perfect Guru has made it seem sweet to me. ||Pause||

605 : 381

The Beloved Himself is the earth, and He Himself is the water; He Himself acts, and causes others to act.

605 : 382

The Beloved Himself issues His Commands, and keeps the water and the land bound down.

605 : 383

The Beloved Himself instills the Fear of God; He binds the tiger and the goat together. ||2||



## Raag Sorat'h – Part 012

---

606 : 384

The Beloved Lord Himself is the firewood, and He Himself keeps the fire within the wood.

606 : 385

The Beloved Lord Himself, all by Himself, permeates them, and because of the Fear of God, the fire cannot burn the wood.

606 : 386

The Beloved Himself kills and revives; all draw the breath of life, given by Him. ||3||

606 : 387

The Beloved Himself is power and presence; He Himself engages us in our work.

606 : 388

As the Beloved makes me walk, I walk, as it pleases my Lord God.

606 : 389

The Beloved Himself is the musician, and the musical instrument; servant Nanak vibrates His vibration. ||4||4||

606 : 390

Sorat'h, Fourth Mehl:

606 : 391

The Beloved Himself created the Universe; He made the light of the sun and the moon.

606 : 392

The Beloved Himself is the power of the powerless; He Himself is the honor of the

dishonored.

606 : 393

The Beloved Himself grants His Grace and protects us; He Himself is wise and all-knowing. ||1||

606 : 394

O my mind, chant the Name of the Lord, and receive His Insignia.

606 : 395

Join the Sat Sangat, the True Congregation, and meditate on the Lord, Har, Har; you shall not have to come and go in reincarnation again. ||Pause||

606 : 396

The Beloved Himself pervades His Glorious Praises, and He Himself approves them.

606 : 397

The Beloved Himself grants His forgiveness, and He Himself bestows the Insignia of Truth.

606 : 398

The Beloved Himself obeys His Will, and He Himself issues His Command. ||2||

606 : 399

The Beloved Himself is the treasure of devotion; He Himself gives His gifts.

606 : 400

The Beloved Himself commits some to His service, and He Himself blesses them with honor.

606 : 401

The Beloved Himself is absorbed in Samaadhi; He Himself is the treasure of excellence.  
||3||

606 : 402

The Beloved Himself is the greatest; He Himself is supreme.

606 : 403

The Beloved Himself appraises the value; He Himself is the scale, and the weights.

606 : 404

The Beloved Himself is unweighable – He weighs Himself; servant Nanak is forever a sacrifice to Him. ||4||5||

606 : 405

Sorat'h, Fourth Mehl:

606 : 406

The Beloved Himself commits some to His service; He Himself blesses them with the joy of devotional worship.

606 : 407

The Beloved Himself causes us to sing His Glorious Praises; He Himself is absorbed in the Word of His Shabad.

606 : 408

He Himself is the pen, and He Himself is the scribe; He Himself inscribes His inscription.  
||1||

606 : 409

O my mind, joyfully chant the Name of the Lord.

606 : 410

Those very fortunate ones are in ecstasy night and day; through the Perfect Guru, they obtain the profit of the Lord's Name. ||Pause||

606 : 411

The Beloved Himself is the milk–maid and Krishna; He Himself herds the cows in the woods.

606 : 412

The Beloved Himself is the blue–skinned, handsome one; He Himself plays on His flute.

606 : 413

The Beloved Himself took the form of a child, and destroyed Kuwalia–peer, the mad elephant. ||2||

606 : 414

The Beloved Himself sets the stage; He performs the plays, and He Himself watches them.

606 : 415

The Beloved Himself assumed the form of the child, and killed the demons Chandoor, Kansa and Kaysee.

606 : 416

The Beloved Himself, by Himself, is the embodiment of power; He shatters the power of the fools and idiots. ||3||

606 : 417

The Beloved Himself created the whole world. In His hands He holds the power of the ages.

--- Raag Sorat'h – Part 012 ---

## Raag Sorat'h – Part 013

---

607 : 418

The Beloved Himself puts the chains around their necks; as God pulls them, must they go.

607 : 419

Whoever harbors pride shall be destroyed, O Beloved; meditating on the Lord, Nanak is absorbed in devotional worship. ||4||6||

607 : 420

Sorat'h, Fourth Mehl, Du–Tukas:

607 : 421

Separated from the Lord for countless lifetimes, the self-willed manmukh suffers in pain, engaged in acts of egotism.

607 : 422

Beholding the Holy Saint, I found God; O Lord of the Universe, I seek Your Sanctuary. ||1||

607 : 423

The Love of God is very dear to me.

607 : 424

When I joined the Sat Sangat, the Company of the Holy People, the Lord, the embodiment of peace, came into my heart. ||Pause||

607 : 425

You dwell, hidden, within my heart day and night, Lord; but the poor fools do not understand Your Love.

607 : 426

Meeting with the Almighty True Guru, God was revealed to me; I sing His Glorious Praises, and reflect upon His Glories. ||2||

607 : 427

As Gurmukh, I have become enlightened; peace has come, and evil–mindedness has been dispelled from my mind.

607 : 428

Understanding the relationship of the individual soul with God, I have found peace, in Your Sat Sangat, Your True Congregation, O Lord. ||3||

607 : 429

Those who are blessed by Your Kind Mercy, meet the Almighty Lord, and find the Guru.

607 : 430

Nanak has found the immeasurable, celestial peace; night and day, he remains awake to the Lord, the Master of the Forest of the Universe. ||4||7||

607 : 431

Sorat'h, Fourth Mehl:

607 : 432

The inner depths of my mind are pierced by love for the Lord; I cannot live without the Lord.

607 : 433

Just as the fish dies without water, I die without the Lord's Name. ||1||

607 : 434

O my God, please bless me with the water of Your Name.

607 : 435

I beg for Your Name, deep within myself, day and night; through the Name, I find peace.  
||Pause||

607 : 436

The song–bird cries out for lack of water – without water, its thirst cannot be quenched.

607 : 437

The Gurmukh obtains the water of celestial bliss, and is rejuvenated, blossoming forth through the blessed Love of the Lord. ||2||

607 : 438

The self–willed manmukhs are hungry, wandering around in the ten directions; without the Name, they suffer in pain.

607 : 439

They are born, only to die, and enter into reincarnation again; in the Court of the Lord, they are punished. ||3||

607 : 440

But if the Lord shows His Mercy, then one comes to sing His Glorious Praises; deep within the nucleus of his own self, he finds the sublime essence of the Lord's elixir.

607 : 441

The Lord has become Merciful to meek Nanak, and through the Word of the Shabad, his desires are quenched. ||4||8||

607 : 442

Sorat'h, Fourth Mehl, Panch–Padas:

607 : 443

If one eats the uneatable, then he becomes a Siddha, a being of perfect spirituality; through this perfection, he obtains wisdom.

607 : 444

When the arrow of the Lord's Love pierces his body, then his doubt is eradicated. ||1||

607 : 445

O my Lord of the Universe, please bless Your humble servant with glory.

607 : 446

Under Guru's Instructions, enlighten me with the Lord's Name, that I may dwell forever in Your Sanctuary. ||Pause||

607 : 447

This whole world is engrossed in coming and going; O my foolish and ignorant mind, be mindful of the Lord.

607 : 448

O Dear Lord, please, take pity upon me, and unite me with the Guru, that I may merge in the Lord's Name. ||2||

607 : 449

Only one who has it knows God; he alone has it, to whom God has given it – so very beautiful, unapproachable and unfathomable. Through the Perfect Guru, the unknowable is known. ||3||

607 : 450

Only one who tastes it knows it, like the mute, who tastes the sweet candy, but cannot speak of it.

-- Raag Sorat'h – Part 013 --

# Raag Sorat'h – Part 014

---

608 : 451

The jewel is concealed, but it is not concealed, even though one may try to conceal it. ||4||

608 : 452

Everything is Yours, O Inner-knower, Searcher of hearts; You are the Lord God of all.

608 : 453

He alone receives the gift, unto whom You give it; O servant Nanak, there is no one else.  
||5||9||

608 : 454

Sorat'h, Fifth Mehl, First House, Ti-Tukas:

608 : 455

One Universal Creator God. By The Grace Of The True Guru:

608 : 456

Who should I ask? Who should I worship? All were created by Him.

608 : 457

Whoever appears to be the greatest of the great, shall ultimately be mixed with the dust.

608 : 458

The Fearless, Formless Lord, the Destroyer of Fear bestows all comforts, and the nine treasures. ||1||

608 : 459

O Dear Lord, Your gifts alone satisfy me.

608 : 460

Why should I praise the poor helpless man? Why should I feel subservient to him? ||Pause||

608 : 461

All things come to one who meditates on the Lord; the Lord satisfies his hunger.

608 : 462

The Lord, the Giver of peace, bestows such wealth, that it can never be exhausted.

608 : 463

I am in ecstasy, absorbed in celestial peace; the True Guru has united me in His Union. ||2||

608 : 464

O mind, chant the Naam, the Name of the Lord; worship the Naam, night and day, and recite the Naam.

608 : 465

Listen to the Teachings of the Holy Saints, and all fear of death will be dispelled.

608 : 466

Those blessed by God's Grace are attached to the Word of the Guru's Bani. ||3||

608 : 467

Who can estimate Your worth, God? You are kind and compassionate to all beings.

608 : 468

Everything which You do, prevails; I am just a poor child – what can I do?

608 : 469

Protect and preserve Your servant Nanak; be kind to him, like a father to his son. ||4||1||

608 : 470

Sorat'h, Fifth Mehl, First House, Chau–Tukas:

608 : 471

Praise the Guru, and the Lord of the Universe, O Siblings of Destiny; enshrine Him in your mind, body and heart.

608 : 472

Let the True Lord and Master abide in your mind, O Siblings of Destiny; this is the most excellent way of life.

608 : 473

Those bodies, in which the Name of the Lord does not well up, O Siblings of Destiny – those bodies are reduced to ashes.

608 : 474

I am a sacrifice to the Saadh Sangat, the Company of the Holy, O Siblings of Destiny; they take the Support of the One and Only Lord. ||1||

608 : 475

So worship and adore that True Lord, O Siblings of Destiny; He alone does everything.

608 : 476

The Perfect Guru has taught me, O Siblings of Destiny, that without Him, there is no other at all. ||Pause||

608 : 477

Without the Naam, the Name of the Lord, they putrefy and die, O Siblings of Destiny; their numbers cannot be counted.

608 : 478

Without Truth, purity cannot be achieved, O Siblings of Destiny; the Lord is true and unfathomable.

608 : 479

Coming and going do not end, O Siblings of Destiny; pride in worldly valuables is false.

608 : 480

The Gurmukh saves millions of people, O Siblings of Destiny, blessing them with even a particle of the Name. ||2||

608 : 481

I have searched through the Simritees and the Shaastras, O Siblings of Destiny – without the True Guru, doubt does not depart.

608 : 482

They are so tired of performing their many deeds, O Siblings of Destiny, but they fall into bondage again and again.

608 : 483

I have searched in the four directions, O Siblings of Destiny, but without the True Guru, there is no place at all.

-- Raag Sorat'h – Part 014 --

## Raag Sorat'h – Part 015

---

609 : 484

By great good fortune, I found the Guru, O Siblings of Destiny, and I meditate on the Name of the Lord, Har, Har. ||3||

609 : 485

The Truth is forever pure, O Siblings of Destiny; those who are true are pure.

609 : 486

When the Lord bestows His Glance of Grace, O Siblings of Destiny, then one obtains Him.

609 : 487

Among millions, O Siblings of Destiny, hardly one humble servant of the Lord is found.

609 : 488

Nanak is imbued with the True Name, O Siblings of Destiny; hearing it, the mind and body become immaculately pure. ||4||2||

609 : 489

Sorat'h, Fifth Mehl, Du–Tukas:

609 : 490

As long as this person believes in love and hate, it is difficult for him to meet the Lord.

609 : 491

As long as he discriminates between himself and others, he will distance himself from the Lord. ||1||

609 : 492

O Lord, grant me such understanding,

609 : 493

that I might serve the Holy Saints, and seek the protection of their feet, and not forget them, for a moment, even an instant. ||Pause||

609 : 494

O foolish, thoughtless and fickle mind, such understanding did not come into your heart.

609 : 495

Renouncing the Lord of Life, you have become engrossed in other things, and you are involved with your enemies. ||2||

609 : 496

Sorrow does not afflict one who does not harbor self-conceit; in the Saadh Sangat, the Company of the Holy, I have attained this understanding.

609 : 497

Know that the babbling of the faithless cynic is like wind passing by. ||3||

609 : 498

This mind is inundated by millions of sins – what can I say?

609 : 499

Nanak, Your humble servant has come to Your Sanctuary, God; please, erase all his accounts. ||4||3||

609 : 500

Sorat'h, Fifth Mehl:

609 : 501

Children, spouses, men and women in one's household, are all bound by Maya.

609 : 502

At the very last moment, none of them shall stand by you; their love is totally false. ||1||

609 : 503

O man, why do you pamper your body so?

609 : 504

It shall disperse like a cloud of smoke; vibrate upon the One, the Beloved Lord. ||Pause||

609 : 505

There are three ways in which the body can be consumed – it can be thrown into water, given to the dogs, or cremated to ashes.

609 : 506

He considers himself to be immortal; he sits in his home, and forgets the Lord, the Cause of causes. ||2||

609 : 507

In various ways, the Lord has fashioned the beads, and strung them on a slender thread.

609 : 508

The thread shall break, O wretched man, and then, you shall repent and regret. ||3||

609 : 509

He created you, and after creating you, He adorned you – meditate on Him day and night.

609 : 510

God has showered His Mercy upon servant Nanak; I hold tight to the Support of the True Guru. ||4||4||

609 : 511

Sorat'h, Fifth Mehl:

609 : 512

I met the True Guru, by great good fortune, and my mind has been enlightened.

609 : 513

No one else can equal me, because I have the loving support of my Lord and Master. ||1||

609 : 514

I am a sacrifice to my True Guru.

609 : 515

I am at peace in this world, and I shall be in celestial peace in the next; my home is filled with bliss. ||Pause||

609 : 516

He is the Inner-knower, the Searcher of hearts, the Creator, my Lord and Master.

609 : 517

I have become fearless, attached to the Guru's feet; I take the Support of the Name of the One Lord. ||2||

609 : 518

Fruitful is the Blessed Vision of His Darshan; the Form of God is deathless; He is and shall always be.

609 : 519

He hugs His humble servants close, and protects and preserves them; their love for Him is sweet to Him. ||3||

Great is His glorious greatness, and wondrous is His magnificence; through Him, all affairs are resolved.

-- Raag Sorat'h – Part 015 --

## Raag Sorat'h – Part 016

---

610 : 521

Nanak has met with the Perfect Guru; all his sorrows have been dispelled. ||4||5||

610 : 522

Sorat'h, Fifth Mehl:

610 : 523

To the happy person, everyone seems happy; to the sick person, everyone seems sick.

610 : 524

The Lord and Master acts, and causes us to act; union is in His Hands. ||1||

610 : 525

O my mind, no one appears to be mistaken, to one who has dispelled his own doubts; he realizes that everyone is God. ||Pause||

610 : 526

One whose mind is comforted in the Society of the Saints, believes that all are joyful.

610 : 527

One whose mind is afflicted by the disease of egotism, cries out in birth and death. ||2||

610 : 528

Everything is clear to one whose eyes are blessed with the ointment of spiritual wisdom.

610 : 529

In the darkness of spiritual ignorance, he sees nothing at all; he wanders around in reincarnation, over and over again. ||3||

610 : 530

Hear my prayer, O Lord and Master; Nanak begs for this happiness:

610 : 531

whereever Your Holy Saints sing the Kirtan of Your Praises, let my mind be attached to that place. ||4||6||

610 : 532

Sorat'h, Fifth Mehl:

610 : 533

My body belongs to the Saints, my wealth belongs to the Saints, and my mind belongs to the Saints.

610 : 534

By the Grace of the Saints, I meditate on the Lord's Name, and then, all comforts come to me. ||1||

610 : 535

Without the Saints, there are no other givers.

610 : 536

Whoever takes to the Sanctuary of the Holy Saints, is carried across. ||Pause||

610 : 537

Millions of sins are erased by serving the humble Saints, and singing the Glorious Praises of the Lord with love.

610 : 538

One finds peace in this world, and one's face is radiant in the next world, by associating with the humble Saints, through great good fortune. ||2||

610 : 539

I have only one tongue, and the Lord's humble servant is filled with countless virtues; how can I sing his praises?

610 : 540

The inaccessible, unapproachable and eternally unchanging Lord is obtained in the Sanctuary of the Saints. ||3||

610 : 541

I am worthless, lowly, without friends or support, and full of sins; I long for the Shelter of the Saints.

610 : 542

I am drowning in the deep, dark pit of household attachments – please save me, Lord!  
||4||7||

610 : 543

Sorat'h, Fifth Mehl, First House:

610 : 544

O Creator Lord, You fulfill the desires of those, within whose heart You abide.

610 : 545

Your slaves do not forget You; the dust of Your feet is pleasing to their minds. ||1||

610 : 546

Your Unspoken Speech cannot be spoken.

610 : 547

O treasure of excellence, Giver of peace, Lord and Master, Your greatness is the highest of all. ||Pause||

610 : 548

The mortal does those deeds, and those alone, which You ordained by destiny.

610 : 549

Your servant, whom You bless with Your service, is satisfied and fulfilled, beholding the Blessed Vision of Your Darshan. ||2||

610 : 550

You are contained in all, but he alone realizes this, whom You bless with understanding.

610 : 551

By Guru's Grace, his spiritual ignorance is dispelled, and he is respected everywhere. ||3||

610 : 552

He alone is spiritually enlightened, he alone is a meditator, and he alone is a man of good nature.

610 : 553

Says Nanak, one unto whom the Lord becomes Merciful, does not forget the Lord from his mind. ||4||8||

610 : 554

Sorat'h, Fifth Mehl:

610 : 555

The whole creation is engrossed in emotional attachment; sometimes, one is high, and at other times, low.

610 : 556

No one can be purified by any rituals or devices; they cannot reach their goal. ||1||



# Raag Sorat'h – Part 017

---

611 : 557

O my mind, emancipation is attained in the Sanctuary of the Holy Saints.

611 : 558

Without the Perfect Guru, births and deaths do not cease, and one comes and goes, over and over again. ||Pause||

611 : 559

The whole world is entangled in what is called the delusion of doubt.

611 : 560

The perfect devotee of the Primal Lord God remains detached from everything. ||2||

611 : 561

Don't indulge in slander for any reason, for everything is the creation of the Lord and Master.

611 : 562

One who is blessed with the Mercy of my God, dwells on the Name in the Saadh Sangat, the Company of the Holy. ||3||

611 : 563

The Supreme Lord God, the Transcendent Lord, the True Guru, saves all.

611 : 564

Says Nanak, without the Guru, no one crosses over; this is the perfect essence of all contemplation. ||4||9||

611 : 565

Sorat'h, Fifth Mehl:

611 : 566

I have searched and searched and searched, and found that the Lord's Name is the most sublime reality.

611 : 567

Contemplating it for even an instant, sins are erased; the Gurmukh is carried across and saved. ||1||

611 : 568

Drink in the sublime essence of the Lord's Name, O man of spiritual wisdom.

611 : 569

Listening to the Ambrosial Words of the Holy Saints, the mind finds absolute fulfillment and satisfaction. ||Pause||

611 : 570

Liberation, pleasures, and the true way of life are obtained from the Lord, the Giver of all peace.

611 : 571

The Perfect Lord, the Architect of Destiny, blesses His slave with the gift of devotional worship. ||2||

611 : 572

Hear with your ears, and sing with your tongue, and meditate within your heart on Him.

611 : 573

The Lord and Master is all-powerful, the Cause of causes; without Him, there is nothing at all. ||3||

611 : 574

By great good fortune, I have obtained the jewel of human life; have mercy on me, O Merciful Lord.

611 : 575

In the Saadh Sangat, the Company of the Holy, Nanak sings the Glorious Praises of the Lord, and contemplates Him forever in meditation. ||4||10||

611 : 576

Sorat'h, Fifth Mehl:

611 : 577

After taking your cleansing bath, remember your God in meditation, and your mind and body shall be free of disease.

611 : 578

Millions of obstacles are removed, in the Sanctuary of God, and good fortune dawns. ||1||

611 : 579

The Word of God's Bani, and His Shabad, are the best utterances.

611 : 580

So constantly sing them, listen to them, and read them, O Siblings of Destiny, and the Perfect Guru shall save you. ||Pause||

611 : 581

The glorious greatness of the True Lord is immeasurable; the Merciful Lord is the Lover of His devotees.

611 : 582

He has preserved the honor of His Saints; from the very beginning of time, His Nature is to cherish them. ||2||

611 : 583

So eat the Ambrosial Name of the Lord as your food; put it into your mouth at all times.

611 : 584

The pains of old age and death shall all depart, when you constantly sing the Glorious Praises of the Lord of the Universe. ||3||

611 : 585

My Lord and Master has heard my prayer, and all my affairs have been resolved.

611 : 586

The glorious greatness of Guru Nanak is manifest, throughout all the ages. ||4||11||

611 : 587

Sorat'h, Fifth Mehl, Second House, Chau–Padas:

611 : 588

One Universal Creator God. By The Grace Of The True Guru:

611 : 589

The One God is our father; we are the children of the One God. You are our Guru.

611 : 590

Listen, friends: my soul is a sacrifice, a sacrifice to You; O Lord, reveal to me the Blessed Vision of Your Darshan. ||1||

-- Raag Sorat'h – Part 017 --

# Raag Sorat'h – Part 018

---

612 : 591

Listen, friends: I am a sacrifice to the dust of Your feet.

612 : 592

This mind is yours, O Siblings of Destiny. ||Pause||

612 : 593

I wash your feet, I massage and clean them; I give this mind to you.

612 : 594

Listen, friends: I have come to Your Sanctuary; teach me, that I might unite with God. ||2||

612 : 595

Do not be proud; seek His Sanctuary, and accept as good all that He does.

612 : 596

Listen, friends: dedicate your soul, body and your whole being to Him; thus you shall receive the Blessed Vision of His Darshan. ||3||

612 : 597

He has shown mercy to me, by the Grace of the Saints; the Lord's Name is sweet to me.

612 : 598

The Guru has shown mercy to servant Nanak; I see the casteless, immaculate Lord everywhere. ||4||1||12||

612 : 599

Sorat'h, Fifth Mehl:

612 : 600

God is the Lord and Master of millions of universes; He is the Giver of all beings.

612 : 601

He ever cherishes and cares for all beings, but the fool does not appreciate any of His virtues. ||1||

612 : 602

I do not know how to worship the Lord in adoration.

612 : 603

I can only repeat, "Lord, Lord, Guru, Guru."

612 : 604

O Dear Lord, I go by the name of the Lord's slave. ||Pause||

612 : 605

The Compassionate Lord is Merciful to the meek, the ocean of peace; He fills all hearts.

612 : 606

He sees, hears, and is always with me; but I am a fool, and I think that He is far away. ||2||

612 : 607

The Lord is limitless, but I can only describe Him within my limitations; what do I know, about what He is like?

612 : 608

I offer my prayer to my True Guru; I am so foolish – please, teach me! ||3||

612 : 609

I am just a fool, but millions of sinners just like me have been saved.

612 : 610

Those who have heard, and seen Guru Nanak, do not descend into the womb of reincarnation again. ||4||2||13||

612 : 611

Sorat'h, Fifth Mehl:

612 : 612

Those things, which caused me such anxiety, have all vanished.

612 : 613

Now, I sleep in peace and tranquility, and my mind is in a state of deep and profound peace; the inverted lotus of my heart has blossomed forth. ||1||

612 : 614

Behold, a wondrous miracle has happened!

612 : 615

That Lord and Master, whose wisdom is said to be unfathomable, has been enshrined within my heart, by the Guru. ||Pause||

612 : 616

The demons which tormented me so much, have themselves become terrified.

612 : 617

They pray: please, save us from your Lord Master; we seek your protection. ||2||

612 : 618

When the treasure of the Lord of the Universe is opened, those who are pre–destined, receive it.

612 : 619

The Guru has given me the one jewel, and my mind and body have become peaceful and tranquil. ||3||

612 : 620

The Guru has blessed me with the one drop of Ambrosial Nectar, and so I have become stable, unmoving and immortal – I shall not die.

612 : 621

The Lord blessed Guru Nanak with the treasure of devotional worship, and did not call him to account again. ||4||3||14||

612 : 622

Sorat'h, Fifth Mehl:

612 : 623

Those whose minds are attached to the lotus feet of the Lord – those humble beings are satisfied and fulfilled.

612 : 624

But those, within whose hearts the priceless virtue does not abide – those men remain thirsty and unsatisfied. ||1||

612 : 625

Worshipping the Lord in adoration, one becomes happy, and free of disease.

612 : 626

But one who forgets my Dear Lord – know him to be afflicted with tens of thousands of illnesses. ||Pause||



## Raag Sorat'h – Part 019

---

613 : 627

Those who hold tightly to Your Support, God, are happy in Your Sanctuary.

613 : 628

But those humble beings who forget the Primal Lord, the Architect of Destiny, are counted among the most miserable beings. ||2||

613 : 629

One who has faith in the Guru, and who is lovingly attached to God, enjoys the delights of supreme ecstasy.

613 : 630

One who forgets God and forsakes the Guru, falls into the most horrible hell. ||3||

613 : 631

As the Lord engages someone, so he is engaged, and so does he perform.

613 : 632

Nanak has taken to the Shelter of the Saints; his heart is absorbed in the Lord's feet. ||4||4||15||

613 : 633

Sorat'h, Fifth Mehl:

613 : 634

As the king is entangled in kingly affairs, and the egotist in his own egotism,

613 : 635

and the greedy man is enticed by greed, so is the spiritually enlightened being absorbed in the Love of the Lord. ||1||

613 : 636

This is what befits the Lord's servant.

613 : 637

Beholding the Lord near at hand, he serves the True Guru, and he is satisfied through the Kirtan of the Lord's Praises. ||Pause||

613 : 638

The addict is addicted to his drug, and the landlord is in love with his land.

613 : 639

As the baby is attached to his milk, so the Saint is in love with God. ||2||

613 : 640

The scholar is absorbed in scholarship, and the eyes are happy to see.

613 : 641

As the tongue savors the tastes, so does the humble servant of the Lord sing the Glorious Praises of the Lord. ||3||

613 : 642

As is the hunger, so is the fulfiller; He is the Lord and Master of all hearts.

613 : 643

Nanak thirsts for the Blessed Vision of the Lord's Darshan; he has met God, the Inner-knower, the Searcher of hearts. ||4||5||16||

613 : 644

Sorat'h, Fifth Mehl:

613 : 645

We are filthy, and You are immaculate, O Creator Lord; we are worthless, and You are the Great Giver.

613 : 646

We are fools, and You are wise and all-knowing. You are the knower of all things. ||1||

613 : 647

O Lord, this is what we are, and this is what You are.

613 : 648

We are sinners, and You are the Destroyer of sins. Your abode is so beautiful, O Lord and Master. ||Pause||

613 : 649

You fashion all, and having fashioned them, You bless them. You bestow upon them soul, body and the breath of life.

613 : 650

We are worthless – we have no virtue at all; please, bless us with Your gift, O Merciful Lord and Master. ||2||

613 : 651

You do good for us, but we do not see it as good; You are kind and compassionate, forever and ever.

613 : 652

You are the Giver of peace, the Primal Lord, the Architect of Destiny; please, save us, Your children! ||3||

613 : 653

You are the treasure, eternal Lord King; all beings and creatures beg of You.

613 : 654

Says Nanak, such is our condition; please, Lord, keep us on the Path of the Saints.  
||4||6||17||

613 : 655

Sorat'h, Fifth Mehl, Second House:

613 : 656

In our mother's womb, You blessed us with Your meditative remembrance, and You preserved us there.

613 : 657

Through the countless waves of the ocean of fire, please, carry us across and save us, O Savior Lord! ||1||

613 : 658

O Lord, You are the Master above my head.

613 : 659

Here and hereafter, You alone are my Support. ||Pause||

613 : 660

He looks upon the creation like a mountain of gold, and sees the Creator as a blade of grass.

613 : 661

You are the Great Giver, and we are all mere beggars; O God, You give gifts according to Your Will. ||2||

613 : 662

In an instant, You are one thing, and in another instant, You are another. Wondrous are Your ways!

613 : 663

You are beautiful, mysterious, profound, unfathomable, lofty, inaccessible and infinite. ||3||

-- Raag Sorat'h – Part 019 --

## Raag Sorat'h – Part 020

---

614 : 664

When You brought me to the Saadh Sangat, the Company of the Holy, then I heard the Bani of Your Word.

614 : 665

Nanak is in ecstasy, beholding the Glory of the Primal Lord of Nirvaanaa. ||4||7||18||

614 : 666

Sorat'h, Fifth Mehl:

614 : 667

I am the dust of the feet of the Beloved Saints; I seek the Protection of their Sanctuary.

614 : 668

The Saints are my all-powerful Support; the Saints are my ornament and decoration. ||1||

614 : 669

I am hand and glove with the Saints.

614 : 670

I have realized my pre-ordained destiny.

614 : 671

This mind is yours, O Siblings of Destiny. ||Pause||

614 : 672

My dealings are with the Saints, and my business is with the Saints.

614 : 673

I have earned the profit with the Saints, and the treasure filled to over-flowing with devotion to the Lord. ||2||

614 : 674

The Saints entrusted to me the capital, and my mind's delusion was dispelled.

614 : 675

What can the Righteous Judge of Dharma do now? All my accounts have been torn up. ||3||

614 : 676

I have found the greatest bliss, and I am at peace, by the Grace of the Saints.

614 : 677

Says Nanak, my mind is reconciled with the Lord; it is imbued with the wondrous Love of the Lord. ||4||8||19||

614 : 678

Sorat'h, Fifth Mehl:

614 : 679

All the things that you see, O man, you shall have to leave behind.

614 : 680

Let your dealings be with the Lord's Name, and you shall attain the state of Nirvaanaa. ||1||

614 : 681

O my Beloved, You are the Giver of peace.

614 : 682

The Perfect Guru has given me these Teachings, and I am attuned to You. ||Pause||

614 : 683

In sexual desire, anger, greed, emotional attachment and self-conceit, peace is not to be found.

614 : 684

So be the dust of the feet of all, O my mind, and then you shall find bliss, joy and peace. ||2||

614 : 685

He knows the condition of your inner self, and He will not let your work go in vain – serve Him, O mind.

614 : 686

Worship Him, and dedicate this mind unto Him, the Image of the Undying Lord, the Divine Guru. ||3||

614 : 687

He is the Lord of the Universe, the Compassionate Lord, the Supreme Lord God, the Formless Lord.

614 : 688

The Naam is my merchandise, the Naam is my nourishment; the Naam, O Nanak, is the Support of my breath of life. ||4||9||20||

614 : 689

Sorat'h, Fifth Mehl:

614 : 690

He infuses the breath into the dead bodies, and he reunited the separated ones.

614 : 691

Even beasts, demons and fools become attentive listeners, when He sings the Praises of the Lord's Name. ||1||

614 : 692

Behold the glorious greatness of the Perfect Guru.

614 : 693

His worth cannot be described. ||Pause||

614 : 694

He has demolished the abode of sorrow and disease, and brought bliss, joy and happiness.

614 : 695

He effortlessly awards the fruits of the mind's desire, and all works are brought to perfection. ||2||

614 : 696

He finds peace in this world, and his face is radiant in the world hereafter; his comings and goings are finished.

614 : 697

He becomes fearless, and his heart is filled with the Naam, the Name of the Lord; his mind is pleasing to the True Guru. ||3||

614 : 698

Standing up and sitting down, he sings the Glorious Praises of the Lord; his pain, sorrow and doubt are dispelled.

614 : 699

Says Nanak, his karma is perfect; his mind is attached to the Guru's feet. ||4||10||21||

614 : 700

Sorat'h, Fifth Mehl:

614 : 701

Forsaking the jewel, he is attached to the shell; nothing will come of it.

-- Raag Sorat'h – Part 020 --

## Raag Sorat'h – Part 021

---

615 : 702

O my mind, meditate forever on the Perfect, Supreme Lord God, the Transcendent Lord.  
||1||

615 : 703

Meditate in remembrance on the Name of the Lord, Har, Har, O mortal.

615 : 704

Your frail body shall perish, you ignorant fool. ||Pause||

615 : 705

Illusions and dream-objects possess nothing of greatness.

615 : 706

Without meditating on the Lord, nothing succeeds, and nothing will go along with you. ||2||

615 : 707

Acting in egotism and pride, his life passes away, and he does nothing for his soul.

615 : 708

Wandering and wandering all around, he is never satisfied; he does not remember the Name of the Lord. ||3||

615 : 709

Intoxicated with the taste of corruption, cruel pleasures and countless sins, he is consigned to the cycle of reincarnation.

615 : 710

Nanak offers his prayer to God, to eradicate his demerits. ||4||11||22||

615 : 711

Sorat'h, Fifth Mehl:

615 : 712

Sing the Glorious Praises of the Perfect, Imperishable Lord, and the poison of sexual desire and anger shall be burnt away.

615 : 713

You shall cross over the awesome, arduous ocean of fire, in the Saadh Sangat, the Company of the Holy. ||1||

615 : 714

The Perfect Guru has dispelled the darkness of doubt.

615 : 715

Remember God with love and devotion; He is near at hand. ||Pause||

615 : 716

Drink in the sublime essence, the treasure of the Name of the Lord, Har, Har, and your mind and body shall remain satisfied.

615 : 717

The Transcendent Lord is totally permeating and pervading everywhere; where would He come from, and where would He go? ||2||

615 : 718

One whose mind is filled with the Lord, is a person of meditation, penance, self–restraint and spiritual wisdom, and a knower of reality.

615 : 719

The Gurmukh obtains the jewel of the Naam; his efforts come to perfect fruition. ||3||

615 : 720

All his struggles, sufferings and pains are dispelled, and the noose of death is cut away from him.

615 : 721

Says Nanak, God has extended His Mercy, and so his mind and body blossom forth. ||4||12||23||

615 : 722

Sorat'h, Fifth Mehl:

615 : 723

God is the Doer, the Cause of causes, the Great Giver; God is the Supreme Lord and Master.

615 : 724

The Merciful Lord created all beings; God is the Inner-knower, the Searcher of hearts. ||1||

615 : 725

My Guru is Himself my friend and support.

615 : 726

I am in celestial peace, bliss, joy, pleasure and wondrous glory. ||Pause||

615 : 727

Seeking the Sanctuary of the Guru, my fears have been dispelled, and I am accepted in the Court of the True Lord.

615 : 728

Singing His Glorious Praises, and worshipping in adoration the Name of the Lord, I have reached my destination. ||2||

615 : 729

Everyone applauds and congratulates me; the Saadh Sangat, the Company of the Holy, is dear to me.

615 : 730

I am forever a sacrifice to my God, who has totally protected and preserved my honor. ||3||

615 : 731

They are saved, who receive the Blessed Vision of His Darshan; they listen to the spiritual dialogue of the Naam.

615 : 732

Nanak's God has become Merciful to him; he has arrived home in ecstasy. ||4||13||24||

615 : 733

Sorat'h, Fifth Mehl:

615 : 734

In God's Sanctuary, all fears depart, suffering disappears, and peace is obtained.

615 : 735

When the Supreme Lord God and Master becomes merciful, we meditate on the Perfect True Guru. ||1||

615 : 736

O Dear God, You are my Lord Master and Great Giver.

615 : 737

By Your Mercy, O God, Merciful to the meek, imbue me with Your Love, that I might sing  
Your Glorious Praises. ||Pause||

615 : 738

The True Guru has implanted the treasure of the Naam within me, and all my anxieties  
have been dispelled.

-- Raag Sorat'h – Part 021 --

## Raag Sorat'h – Part 022

---

616 : 739

By His Mercy, He has made me His own, and the imperishable Lord has come to dwell within my mind. ||2||

616 : 740

No misfortune afflicts one who is protected by the True Guru.

616 : 741

The Lotus Feet of God come to abide within his heart, and he savors the sublime essence of the Lord's Ambrosial Nectar. ||3||

616 : 742

So, as a servant, serve your God, who fulfills your mind's desires.

616 : 743

Slave Nanak is a sacrifice to the Perfect Lord, who has protected and preserved his honor. ||4||14||25||

616 : 744

Sorat'h, Fifth Mehl:

616 : 745

Infatuated with the darkness of emotional attachment to Maya, he does not know the Lord, the Great Giver.

616 : 746

The Lord created his body and fashioned his soul, but he claims that his power is his own. ||1||

616 : 747

O foolish mind, God, your Lord and Master is watching over you.

616 : 748

Whatever you do, He knows; nothing can remain concealed from Him. ||Pause||

616 : 749

You are intoxicated with the tastes of the tongue, with greed and pride; countless sins spring from these.

616 : 750

You wandered in pain through countless incarnations, weighed down by the chains of egotism. ||2||

616 : 751

Behind closed doors, hidden by many screens, the man takes his pleasure with another man's wife.

616 : 752

When Chitr and Gupt, the celestial accountants of the conscious and subconscious, call for your account, who will screen you then? ||3||

616 : 753

O Perfect Lord, Merciful to the meek, Destroyer of pain, without You, I have no shelter at all.

616 : 754

Please, lift me up out of the world-ocean; O God, I have come to Your Sanctuary. ||4||15||26||

616 : 755

Sorat'h, Fifth Mehl:

616 : 756

The Supreme Lord God has become my helper and friend; His sermon and the Kirtan of His Praises have brought me peace.

616 : 757

Chant the Word of the Perfect Guru's Bani, and be ever in bliss, O mortal. ||1||

616 : 758

Remember the True Lord in meditation, O Siblings of Destiny.

616 : 759

In the Saadh Sangat, the Company of the Holy, eternal peace is obtained, and the Lord is never forgotten. ||Pause||

616 : 760

Your Name, O Transcendent Lord, is Ambrosial Nectar; whoever meditates on it, lives.

616 : 761

One who is blessed with God's Grace – that humble servant becomes immaculate and pure. ||2||

616 : 762

Obstacles are removed, and all pains are eliminated; my mind is attached to the Guru's feet.

616 : 763

Singing the Glorious Praises of the immovable and imperishable Lord, one remains awake to the Lord's Love, day and night. ||3||

616 : 764

He obtains the fruits of his mind's desires, listening to the comforting sermon of the Lord.

616 : 765

In the beginning, in the middle, and in the end, God is Nanak's best friend. ||4||16||27||

616 : 766

Sorat'h, Fifth Mehl, Panch–Padas:

616 : 767

May my emotional attachment, my sense of mine and yours, and my self–conceit be dispelled. ||1||

616 : 768

O Saints, show me such a way,

616 : 769

by which my egotism and pride might be eliminated. ||1||Pause||

616 : 770

I see the Supreme Lord God in all beings, and I am the dust of all. ||2||

616 : 771

I see God always with me, and the wall of doubt has been shattered. ||3||

616 : 772

The medicine of the Naam, and the Immaculate Water of Ambrosial Nectar, are obtained through the Guru's Gate. ||4||

616 : 773

Says Nanak, one who has such pre–ordained destiny inscribed upon his forehead, meets with the Guru, and his diseases are cured. ||5||17||28||



## Raag Sorat'h – Part 023

---

617 : 774

Sorat'h, Fifth Mehl, Second House, Du–Padas:

617 : 775

One Universal Creator God. By The Grace Of The True Guru:

617 : 776

Fire is contained in all firewood, and butter is contained in all milk.

617 : 777

God's Light is contained in the high and the low; the Lord is in the hearts of all beings. ||1||

617 : 778

O Saints, He is pervading and permeating each and every heart.

617 : 779

The Perfect Lord is completely permeating everyone, everywhere; He is diffused in the water and the land. ||1||Pause||

617 : 780

Nanak sings the Praises of the Lord, the treasure of excellence; the True Guru has dispelled his doubt.

617 : 781

The Lord is pervading everywhere, permeating all, and yet, He is unattached from all. ||2||1||29||

617 : 782

Sorat'h, Fifth Mehl:

617 : 783

Meditating on Him, one is in ecstasy; the pains of birth and death and fear are removed.

617 : 784

The four cardinal blessings, and the nine treasures are received; you shall never feel hunger or thirst again. ||1||

617 : 785

Chanting His Name, you shall be at peace.

617 : 786

With each and every breath, meditate on the Lord and Master, O my soul, with mind, body and mouth. ||1||Pause||

617 : 787

You shall find peace, and your mind shall be soothed and cooled; the fire of desire shall not burn within you.

617 : 788

The Guru has revealed God to Nanak, in the three worlds, in the water, the earth and the woods. ||2||2||30||

617 : 789

Sorat'h, Fifth Mehl:

617 : 790

Sexual desire, anger, greed, falsehood and slander – please, save me from these, O Lord.

617 : 791

Please eradicate these from within me, and call me to come close to You. ||1||

617 : 792

You alone teach me Your Ways.

617 : 793

With the Lord's humble servants, I sing His Praises. ||1||Pause||

617 : 794

May I never forget the Lord within my heart; please, instill such understanding within my mind.

617 : 795

By great good fortune, servant Nanak has met with the Perfect Guru, and now, he will not go anywhere else. ||2||3||31||

617 : 796

Sorat'h, Fifth Mehl:

617 : 797

Meditating in remembrance on Him, all things are obtained, and one's efforts shall not be in vain.

617 : 798

Forsaking God, why do you attach yourself to another? He is contained in everything. ||1||

617 : 799

O Saints, meditate in remembrance on the World–Lord, Har, Har.

617 : 800

Joining the Saadh Sangat, the Company of the Holy, meditate on the Naam, the Name of the Lord; your efforts shall be rewarded. ||1||Pause||

617 : 801

He ever preserves and cherishes His servant; with Love, He hugs him close.

617 : 802

Says Nanak, forgetting You, O God, how can the world find life? ||2||4||32||

617 : 803

Sorat'h, Fifth Mehl:

617 : 804

He is imperishable, the Giver of all beings; meditating on Him, all filth is removed.

617 : 805

He is the treasure of excellence, the object of His devotees, but rare are those who find Him. ||1||

617 : 806

O my mind, meditate on the Guru, and God, the Cherisher of the world.

617 : 807

Seeking His Sanctuary, one finds peace, and he shall not suffer in pain again. ||1||Pause||

617 : 808

By great good fortune, one obtains the Saadh Sangat, the Company of the Holy. Meeting them, evil-mindedness is eliminated.

## Raag Sorat'h – Part 024

---

618 : 809

Slave Nanak yearns for the dust of the feet of those, who have woven the Lord's Name into their hearts. ||2||5||33||

618 : 810

Sorat'h, Fifth Mehl:

618 : 811

He dispels the pains of countless incarnations, and lends support to the dry and shrivelled mind.

618 : 812

Beholding the Blessed Vision of His Darshan, one is enraptured, contemplating the Name of the Lord. ||1||

618 : 813

My physician is the Guru, the Lord of the Universe.

618 : 814

He places the medicine of the Naam into my mouth, and cuts away the noose of Death. ||1||Pause||

618 : 815

He is the all-powerful, Perfect Lord, the Architect of Destiny; He Himself is the Doer of deeds.

618 : 816

The Lord Himself saves His slave; Nanak takes the Support of the Naam. ||2||6||34||

618 : 817

Sorat'h, Fifth Mehl:

618 : 818

Only You know the state of my innermost self; You alone can judge me.

618 : 819

Please forgive me, O Lord God Master; I have committed thousands of sins and mistakes.  
||1||

618 : 820

O my Dear Lord God Master, You are always near me.

618 : 821

O Lord, please bless Your disciple with the shelter of Your feet. ||1||Pause||

618 : 822

Infinite and endless is my Lord and Master; He is lofty, virtuous and profoundly deep.

618 : 823

Cutting away the noose of death, the Lord has made Nanak His slave, and now, what does he owe to anyone else? ||2||7||35||

618 : 824

Sorat'h, Fifth Mehl:

618 : 825

The Guru, the Lord of the Universe, became merciful to me, and I obtained all of my mind's desires.

618 : 826

I have become stable and steady, touching the Lord's Feet, and singing the Glorious Praises of the Lord of the Universe. ||1||

618 : 827

It is a good time, a perfectly auspicious time.

618 : 828

I am in celestial peace, tranquility and ecstasy, chanting the Naam, the Name of the Lord; the unstruck melody of the sound current vibrates and resounds. ||1||Pause||

618 : 829

Meeting with my Beloved Lord and Master, my home has become a mansion filled with happiness.

618 : 830

Servant Nanak has attained the treasure of the Lord's Name; all his desires have been fulfilled. ||2||8||36||

618 : 831

Sorat'h, Fifth Mehl:

618 : 832

The Guru's feet abide within my heart; God has blessed me with good fortune.

618 : 833

The Perfect Transcendent Lord became merciful to me, and I found the treasure of the Naam within my mind. ||1||

618 : 834

My Guru is my Saving Grace, my only best friend.

618 : 835

Over and over again, He blesses me with double, even four-fold, greatness. ||1||Pause||

618 : 836

God saves all beings and creatures, giving them the Blessed Vision of His Darshan.

618 : 837

Wondrous is the glorious greatness of the Perfect Guru; Nanak is forever a sacrifice to Him.  
||2||9||37||

618 : 838

Sorat'h, Fifth Mehl:

618 : 839

I gather in and collect the immaculate wealth of the Naam; this commodity is inaccessible and incomparable.

618 : 840

Revel in it, delight in it, be happy and enjoy peace, and live long, O Sikhs and brethren. ||1||

618 : 841

I have the support of the Lotus Feet of the Lord.

618 : 842

By the Grace of the Saints, I have found the boat of Truth; embarking on it, I sail across the ocean of poison. ||1||Pause||

618 : 843

The perfect, imperishable Lord has become merciful; He Himself has taken care of me.

618 : 844

Beholding, beholding His Vision, Nanak has blossomed forth in ecstasy. O Nanak, He is beyond estimation. ||2||10||38||

618 : 845

Sorat'h, Fifth Mehl:

618 : 846

The Perfect Guru has revealed His power, and compassion has welled up in every heart.

618 : 847

Blending me with Himself, He has blessed me with glorious greatness, and I have found pleasure and happiness. ||1||

618 : 848

The Perfect True Guru is always with me.

--- Raag Sorat'h – Part 024 ---

## Raag Sorat'h – Part 025

---

619 : 849

Meditating on the Supreme Lord God, I am forever in ecstasy. ||Pause||

619 : 850

Inwardly and outwardly, in all places and interspaces, wherever I look, He is there.

619 : 851

Nanak has found the Guru, by great good fortune; no one else is as great as He.  
||2||11||39||

619 : 852

Sorat'h, Fifth Mehl:

619 : 853

I have been blessed with peace, pleasure, bliss, and the celestial sound current, gazing upon the feet of God.

619 : 854

The Savior has saved His child, and the True Guru has cured his fever. ||1||

619 : 855

I have been saved, in the True Guru's Sanctuary;

619 : 856

service to Him does not go in vain. ||1||Pause||

619 : 857

There is peace within the home of one's heart, and there is peace outside as well, when

God becomes kind and compassionate.

619 : 858

O Nanak, no obstacles block my way; my God has become gracious and merciful to me.  
||2||12||40||

619 : 859

Sorat'h, Fifth Mehl:

619 : 860

In the Saadh Sangat, the Company of the Holy, my mind became excited, and I sang the Praises of the jewel of the Naam.

619 : 861

My anxiety was dispelled, meditating in remembrance on the Infinite Lord; I have crossed over the world ocean, O Siblings of Destiny. ||1||

619 : 862

I enshrine the Lord's Feet within my heart.

619 : 863

I have found peace, and the celestial sound current resounds within me; countless diseases have been eradicated. ||Pause||

619 : 864

Which of Your Glorious Virtues can I speak and describe? Your worth cannot be estimated.

619 : 865

O Nanak, the Lord's devotees become imperishable and immortal; their God becomes their friend and support. ||2||13||41||

619 : 866

Sorat'h, Fifth Mehl:

619 : 867

My sufferings have come to an end, and all diseases have been eradicated.

619 : 868

God has showered me with His Grace. Twenty–four hours a day, I worship and adore my Lord and Master; my efforts have come to fruition. ||1||

619 : 869

O Dear Lord, You are my peace, wealth and capital.

619 : 870

Please, save me, O my Beloved! I offer this prayer to my God. ||Pause||

619 : 871

Whatever I ask for, I receive; I have total faith in my Master.

619 : 872

Says Nanak, I have met with the Perfect Guru, and all my fears have been dispelled. ||2||14||42||

619 : 873

Sorat'h, Fifth Mehl:

619 : 874

Meditating, meditating in remembrance on my Guru, the True Guru, all pains have been eradicated.

619 : 875

The fever and the disease are gone, through the Word of the Guru's Teachings, and I have obtained the fruits of my mind's desires. ||1||

619 : 876

My Perfect Guru is the Giver of peace.

619 : 877

He is the Doer, the Cause of causes, the Almighty Lord and Master, the Perfect Primal Lord, the Architect of Destiny. ||Pause||

619 : 878

Sing the Glorious Praises of the Lord in bliss, joy and ecstasy; Guru Nanak has become kind and compassionate.

619 : 879

Shouts of cheers and congratulations ring out all over the world; the Supreme Lord God has become my Savior and Protector. ||2||15||43||

619 : 880

Sorat'h, Fifth Mehl:

619 : 881

He did not take my accounts into account; such is His forgiving nature.

619 : 882

He gave me His hand, and saved me and made me His own; forever and ever, I enjoy His Love. ||1||

619 : 883

The True Lord and Master is forever merciful and forgiving.

619 : 884

My Perfect Guru has bound me to Him, and now, I am in absolute ecstasy. ||Pause||

619 : 885

The One who fashioned the body and placed the soul within, who gives you clothing and nourishment

619 : 886

– He Himself preserves the honor of His slaves. Nanak is forever a sacrifice to Him.  
||2||16||44||

-- Raag Sorat'h – Part 025 --

## Raag Sorat'h – Part 026

---

620 : 887

Sorat'h, Fifth Mehl:

620 : 888

The Lord God Himself has rid the whole world of its sins, and saved it.

620 : 889

The Supreme Lord God extended His mercy, and confirmed His innate nature. ||1||

620 : 890

I have attained the Protective Sanctuary of the Lord, my King.

620 : 891

In celestial peace and ecstasy, I sing the Glorious Praises of the Lord, and my mind, body and being are at peace. ||Pause||

620 : 892

My True Guru is the Savior of sinners; I have placed my trust and faith in Him.

620 : 893

The True Lord has heard Nanak's prayer, and He has forgiven everything. ||2||17||45||

620 : 894

Sorat'h, Fifth Mehl:

620 : 895

The Supreme Lord God, the Transcendent Lord, has forgiven me, and all diseases have been cured.

620 : 896

Those who come to the Sanctuary of the True Guru are saved, and all their affairs are resolved. ||1||

620 : 897

The Lord's humble servant meditates in remembrance on the Naam, the Name of the Lord; this is his only support.

620 : 898

The Perfect True Guru extended His Mercy, and the fever has been dispelled. ||Pause||

620 : 899

So celebrate and be happy, my beloveds – the Guru has saved Hargobind.

620 : 900

Great is the glorious greatness of the Creator, O Nanak; True is the Word of His Shabad, and True is the sermon of His Teachings. ||2||18||46||

620 : 901

Sorat'h, Fifth Mehl:

620 : 902

My Lord and Master has become Merciful, in His True Court.

620 : 903

The True Guru has taken away the fever, and the whole world is at peace, O Siblings of Destiny.

620 : 904

The Lord Himself protects His beings and creatures, and the Messenger of Death is out of work. ||1||

620 : 905

Enshrine the Lord's feet within your heart.

620 : 906

Forever and ever, meditate in remembrance on God, O Siblings of Destiny. He is the Eradicator of suffering and sins. ||1||Pause||

620 : 907

He fashioned all beings, O Siblings of Destiny, and His Sanctuary saves them.

620 : 908

He is the Almighty Creator, the Cause of causes, O Siblings of Destiny; He, the True Lord, is True.

620 : 909

Nanak: meditate on God, O Siblings of Destiny, and your mind and body shall be cool and calm. ||2||19||47||

620 : 910

Sorat'h, Fifth Mehl:

620 : 911

O Saints, meditate on the Name of the Lord, Har, Har.

620 : 912

Never forget God, the ocean of peace; thus you shall obtain the fruits of your mind's desires. ||1||Pause||

620 : 913

Extending His Mercy, the Perfect True Guru has dispelled the fever.

620 : 914

The Supreme Lord God has become kind and compassionate, and my whole family is now free of pain and suffering. ||1||

620 : 915

The Treasure of absolute joy, sublime elixir and beauty, the Name of the Lord is my only Support.

620 : 916

O Nanak, the Transcendent Lord has preserved my honor, and saved the whole world. ||2||20||48||

620 : 917

Sorat'h, Fifth Mehl:

620 : 918

My True Guru is my Savior and Protector.

620 : 919

Showering us with His Mercy and Grace, God extended His Hand, and saved Hargobind, who is now safe and secure. ||1||Pause||

620 : 920

The fever is gone – God Himself eradicated it, and preserved the honor of His servant.

620 : 921

I have obtained all blessings from the Saadh Sangat, the Company of the Holy; I am a sacrifice to the True Guru. ||1||

620 : 922

God has saved me, both here and hereafter. He has not taken my merits and demerits into account.



## Raag Sorat'h – Part 027

---

621 : 923

Your Word is eternal, O Guru Nanak; You placed Your Hand of blessing upon my forehead.  
||2||21||49||

621 : 924

Sorat'h, Fifth Mehl:

621 : 925

All beings and creatures were created by Him; He alone is the support and friend of the Saints.

621 : 926

He Himself preserves the honor of His servants; their glorious greatness becomes perfect.  
||1||

621 : 927

The Perfect Supreme Lord God is always with me.

621 : 928

The Perfect Guru has perfectly and totally protected me, and now everyone is kind and compassionate to me. ||1||Pause||

621 : 929

Night and day, Nanak meditates on the Naam, the Name of the Lord; He is the Giver of the soul, and the breath of life itself.

621 : 930

He hugs His slave close in His loving embrace, like the mother and father hug their child.  
||2||22||50||

621 : 931

Sorat'h, Fifth Mehl, Third House, Chau–Padas:

621 : 932

One Universal Creator God. By The Grace Of The True Guru:

621 : 933

Meeting with the council, my doubts were not dispelled.

621 : 934

The chiefs did not give me satisfaction.

621 : 935

I presented my dispute to the noblemen as well.

621 : 936

But it was only settled by meeting with the King, my Lord. ||1||

621 : 937

Now, I do not go searching anywhere else,

621 : 938

because I have met the Guru, the Lord of the Universe. ||Pause||

621 : 939

When I came to God's Darbaar, His Holy Court,

621 : 940

then all of my cries and complaints were settled.

621 : 941

Now that I have attained what I had sought,

621 : 942

where should I come and where should I go? ||2||

621 : 943

There, true justice is administered.

621 : 944

There, the Lord Master and His disciple are one and the same.

621 : 945

The Inner-knower, the Searcher of hearts, knows.

621 : 946

Without our speaking, He understands. ||3||

621 : 947

He is the King of all places.

621 : 948

There, the unstruck melody of the Shabad resounds.

621 : 949

Of what use is cleverness when dealing with Him?

621 : 950

Meeting with Him, O Nanak, one loses his self-conceit. ||4||1||51||

621 : 951

Sorat'h, Fifth Mehl:

621 : 952

Enshrine the Naam, the Name of the Lord, within your heart;

621 : 953

sitting within your own home, meditate on the Guru.

621 : 954

The Perfect Guru has spoken the Truth;

621 : 955

the True Peace is obtained only from the Lord. ||1||

621 : 956

My Guru has become merciful.

621 : 957

In bliss, peace, pleasure and joy, I have returned to my own home, after my purifying bath.  
||Pause||

621 : 958

True is the glorious greatness of the Guru;

621 : 959

His worth cannot be described.

621 : 960

He is the Supreme Overlord of kings.

621 : 961

Meeting with the Guru, the mind is enraptured. ||2||

621 : 962

All sins are washed away,

621 : 963

meeting with the Saadh Sangat, the Company of the Holy.

621 : 964

The Lord's Name is the treasure of excellence;

621 : 965

chanting it, one's affairs are perfectly resolved. ||3||

621 : 966

The Guru has opened the door of liberation,

621 : 967

and the entire world applauds Him with cheers of victory.

621 : 968

O Nanak, God is always with me;

621 : 969

my fears of birth and death are gone. ||4||2||52||

621 : 970

Sorat'h, Fifth Mehl:

621 : 971

The Perfect Guru has granted His Grace,

621 : 972

and God has fulfilled my desire.

621 : 973

After taking my bath of purification, I returned to my home,

621 : 974

and I found bliss, happiness and peace. ||1||

621 : 975

O Saints, salvation comes from the Lord's Name.

621 : 976

While standing up and sitting down, meditate on the Lord's Name. Night and day, do good deeds. ||1||Pause||

-- Raag Sorat'h – Part 027 --

## Raag Sorat'h – Part 028

---

622 : 977

The way of the Saints is the ladder of righteous living, found only by great good fortune.

622 : 978

The sins of millions of incarnations are washed away, by focusing your consciousness on the Lord's feet. ||2||

622 : 979

So sing the Praises of your God forever; His almighty power is perfect.

622 : 980

All beings and creatures are purified, listening to the True Teachings of the True Guru. ||3||

622 : 981

The True Guru has implanted the Naam, the Name of the Lord, within me; it is the Eliminator of obstructions, the Destroyer of all pains.

622 : 982

All of my sins were erased, and I have been purified; servant Nanak has returned to his home of peace. ||4||3||53||

622 : 983

Sorat'h, Fifth Mehl:

622 : 984

O Lord Master, You are the ocean of excellence.

622 : 985

My home and all my possessions are Yours.

622 : 986

The Guru, the Lord of the world, is my Savior.

622 : 987

All beings have become kind and compassionate to me. ||1||

622 : 988

Meditating on the Guru's feet, I am in bliss.

622 : 989

There is no fear at all, in God's Sanctuary. ||Pause||

622 : 990

You dwell in the hearts of Your slaves, Lord.

622 : 991

God has laid the eternal foundation.

622 : 992

You are my strength, wealth and support.

622 : 993

You are my Almighty Lord and Master. ||2||

622 : 994

Whoever finds the Saadh Sangat, the Company of the Holy,

622 : 995

is saved by God Himself.

622 : 996

By His Grace, He has blessed me with the sublime essence of the Naam.

622 : 997

All joy and pleasure then came to me. ||3||

622 : 998

God became my helper and my best friend;

622 : 999

everyone rises up and bows down at my feet.

622 : 1000

With each and every breath, meditate on God;

622 : 1001

O Nanak, sing the songs of joy to the Lord. ||4||4||54||

622 : 1002

Sorat'h, Fifth Mehl:

622 : 1003

Celestial peace and bliss have come,

622 : 1004

meeting God, who is so pleasing to my mind.

622 : 1005

The Perfect Guru showered me with His Mercy,

622 : 1006

and I attained salvation. ||1||

622 : 1007

My mind is absorbed in loving devotional worship of the Lord,

622 : 1008

and the unstruck melody of the celestial sound current ever resounds within me. ||Pause||

622 : 1009

The Lord's feet are my all-powerful shelter and support;

622 : 1010

my dependence on other people is totally finished.

622 : 1011

I have found the Life of the world, the Great Giver;

622 : 1012

in joyful rapture, I sing the Glorious Praises of the Lord. ||2||

622 : 1013

God has cut away the noose of death.

622 : 1014

My mind's desires have been fulfilled;

622 : 1015

wherever I look, He is there.

622 : 1016

Without the Lord God, there is no other at all. ||3||

622 : 1017

In His Mercy, God has protected and preserved me.

622 : 1018

I am rid of all the pains of countless incarnations.

622 : 1019

I have meditated on the Naam, the Name of the Fearless Lord;

622 : 1020

O Nanak, I have found eternal peace. ||4||5||55||

622 : 1021

Sorat'h, Fifth Mehl:

622 : 1022

The Creator has brought utter peace to my home;

622 : 1023

the fever has left my family.

622 : 1024

The Perfect Guru has saved us.

622 : 1025

I sought the Sanctuary of the True Lord. ||1||

622 : 1026

The Transcendent Lord Himself has become my Protector.

622 : 1027

Tranquility, intuitive peace and poise welled up in an instant, and my mind was comforted forever. ||Pause||

622 : 1028

The Lord, Har, Har, gave me the medicine of His Name,

622 : 1029

which has cured all disease.

622 : 1030

He extended His Mercy to me,

622 : 1031

and resolved all these affairs. ||2||

622 : 1032

God confirmed His loving nature;

622 : 1033

He did not take my merits or demerits into account.

622 : 1034

The Word of the Guru's Shabad has become manifest,



## Raag Sorat'h – Part 029

---

623 : 1035

and through it, my honor was totally preserved. ||3||

623 : 1036

I speak as You cause me to speak;

623 : 1037

O Lord and Master, You are the ocean of excellence.

623 : 1038

Nanak chants the Naam, the Name of the Lord, according to the Teachings of Truth.

623 : 1039

God preserves the honor of His slaves. ||4||6||56||

623 : 1040

Sorat'h, Fifth Mehl:

623 : 1041

The Creator Lord Himself stood between us,

623 : 1042

and not a hair upon my head was touched.

623 : 1043

The Guru made my cleansing bath successful;

623 : 1044

meditating on the Lord, Har, Har, my sins were erased. ||1||

623 : 1045

O Saints, the purifying pool of Ram Das is sublime.

623 : 1046

Whoever bathes in it, his family and ancestry are saved, and his soul is saved as well.  
||1||Pause||

623 : 1047

The world sings cheers of victory,

623 : 1048

and the fruits of his mind's desires are obtained.

623 : 1049

Whoever comes and bathes here, and meditates on his God, is safe and sound. ||2||

623 : 1050

One who bathes in the healing pool of the Saints,

623 : 1051

that humble being obtains the supreme status.

623 : 1052

He does not die, or come and go in reincarnation;

623 : 1053

he meditates on the Name of the Lord, Har, Har. ||3||

623 : 1054

He alone knows this about God,

623 : 1055

whom God blesses with His kindness.

623 : 1056

Baba Nanak seeks the Sanctuary of God;

623 : 1057

all his worries and anxieties are dispelled. ||4||7||57||

623 : 1058

Sorat'h, Fifth Mehl:

623 : 1059

The Supreme Lord God has stood by me and fulfilled me,

623 : 1060

and nothing is left unfinished.

623 : 1061

Attached to the Guru's feet, I am saved;

623 : 1062

I contemplate and cherish the Name of the Lord, Har, Har. ||1||

623 : 1063

He is forever the Savior of His slaves.

623 : 1064

Bestowing His Mercy, He made me His own and preserved me; like a mother or father, He cherishes me. ||1||Pause||

623 : 1065

By great good fortune, I found the True Guru,

623 : 1066

who obliterated the path of the Messenger of Death.

623 : 1067

My consciousness is focused on loving, devotional worship of the Lord.

623 : 1068

One who lives in this meditation is very fortunate indeed. ||2||

623 : 1069

He sings the Ambrosial Word of the Guru's Bani,

623 : 1070

and bathes in the dust of the feet of the Holy.

623 : 1071

He Himself bestows His Name.

623 : 1072

God, the Creator, saves us. ||3||

623 : 1073

The Blessed Vision of the Lord's Darshan is the support of the breath of life.

623 : 1074

This is the perfect, pure wisdom.

623 : 1075

The Inner-knower, the Searcher of hearts, has granted His Mercy;

623 : 1076

slave Nanak seeks the Sanctuary of his Lord and Master. ||4||8||58||

623 : 1077

Sorat'h, Fifth Mehl:

623 : 1078

The Perfect Guru has attached me to His feet.

623 : 1079

I have obtained the Lord as my companion, my support, my best friend.

623 : 1080

Wherever I go, I am happy there.

623 : 1081

By His Kind Mercy, God united me with Himself. ||1||

623 : 1082

So sing forever the Glorious Praises of the Lord with loving devotion.

623 : 1083

You shall obtain all the fruits of your mind's desires, and the Lord shall become the companion and the support of your soul. ||1||Pause||

623 : 1084

The Lord is the support of the breath of life.

623 : 1085

I am the dust of the feet of the Holy people.

623 : 1086

I am a sinner, but the Lord made me pure.

623 : 1087

By His Kind Mercy, the Lord blessed me with His Praises. ||2||

623 : 1088

The Supreme Lord God cherishes and nurtures me.

623 : 1089

He is always with me, the Protector of my soul.

623 : 1090

Singing the Kirtan of the Lord's Praises day and night,

623 : 1091

I shall not be consigned to reincarnation again. ||3||

623 : 1092

One who is blessed by the Primal Lord, the Architect of Destiny,

623 : 1093

realizes the subtle essence of the Lord.

623 : 1094

The Messenger of Death does not come near him.

623 : 1095

In the Lord's Sanctuary, Nanak has found peace. ||4||9||59||

-- Raag Sorat'h – Part 029 --

## Raag Sorat'h – Part 030

---

624 : 1096

Sorat'h, Fifth Mehl:

624 : 1097

The Perfect Guru has made me perfect.

624 : 1098

God is totally pervading and permeating everywhere.

624 : 1099

With joy and pleasure, I take my purifying bath.

624 : 1100

I am a sacrifice to the Supreme Lord God. ||1||

624 : 1101

I enshrine the lotus feet of the Guru within my heart.

624 : 1102

Not even the tiniest obstacle blocks my way; all my affairs are resolved. ||1||Pause||

624 : 1103

Meeting with the Holy Saints, my evil-mindedness was eradicated.

624 : 1104

All the sinners are purified.

624 : 1105

Bathing in the sacred pool of Guru Ram Das,

624 : 1106

all the sins one has committed are washed away. ||2||

624 : 1107

So sing forever the Glorious Praises of the Lord of the Universe;

624 : 1108

joining the Saadh Sangat, the Company of the Holy, meditate on Him.

624 : 1109

The fruits of your mind's desires are obtained

624 : 1110

by meditating on the Perfect Guru within your heart. ||3||

624 : 1111

The Guru, the Lord of the World, is blissful;

624 : 1112

chanting, meditating on the Lord of supreme bliss, He lives.

624 : 1113

Servant Nanak meditates on the Naam, the Name of the Lord.

624 : 1114

God has confirmed His innate nature. ||4||10||60||

624 : 1115

Sorat'h, Fifth Mehl:

624 : 1116

In the ten directions, the clouds cover the sky like a canopy; through the dark clouds, lightning flashes, and I am terrified.

624 : 1117

By bed is empty, and my eyes are sleepless; my Husband Lord has gone far away. ||1||

624 : 1118

Now, I receive no messages from Him, O mother!

624 : 1119

When my Beloved used to go even a mile away, He would send me four letters. ||Pause||

624 : 1120

How could I forget this Dear Beloved of mine? He is the Giver of peace, and all virtues.

624 : 1121

Ascending to His Mansion, I gaze upon His path, and my eyes are filled with tears. ||2||

624 : 1122

The wall of egotism and pride separates us, but I can hear Him nearby.

624 : 1123

There is a veil between us, like the wings of a butterfly; without being able to see Him, He seems so far away. ||3||

624 : 1124

The Lord and Master of all has become merciful; He has dispelled all my sufferings.

624 : 1125

Says Nanak, when the Guru tore down the wall of egotism, then, I found my Merciful Lord and Master. ||4||

624 : 1126

All my fears have been dispelled, O mother!

624 : 1127

Whoever I seek, the Guru leads me to find.

624 : 1128

The Lord, our King, is the treasure of all virtue. ||Second Pause||11||61||

624 : 1129

Sorat'h, Fifth Mehl:

624 : 1130

The Restorer of what was taken away, the Liberator from captivity; the Formless Lord, the Destroyer of pain.

624 : 1131

I do not know about karma and good deeds; I do not know about Dharma and righteous living. I am so greedy, chasing after Maya.

624 : 1132

I go by the name of God's devotee; please, save this honor of Yours. ||1||

624 : 1133

O Dear Lord, You are the honor of the dishonored.

624 : 1134

You make the unworthy ones worthy, O my Lord of the Universe; I am a sacrifice to Your almighty creative power. ||Pause||

624 : 1135

Like the child, innocently making thousands of mistakes

624 : 1136

– his father teaches him, and scolds him so many times, but still, he hugs him close in his embrace.

624 : 1137

Please forgive my past actions, God, and place me on Your path for the future. ||2||

624 : 1138

The Lord, the Inner-knower, the Searcher of hearts, knows all about my state of mind; so who else should I go to and speak to?

624 : 1139

The Lord, the Lord of the Universe, is not pleased by mere recitation of words; if it is pleasing to His Will, He preserves our honor.

624 : 1140

I have seen all other shelters, but Yours alone remains for me. ||3||

— Raag Sorat'h – Part 030 —

## Raag Sorat'h – Part 031

---

625 : 1141

Becoming kind and compassionate, God the Lord and Master Himself listens to my prayer.

625 : 1142

He unites me in Union with the Perfect True Guru, and all the cares and anxieties of my mind are dispelled.

625 : 1143

The Lord, Har, Har, has placed the medicine of the Naam into my mouth; servant Nanak abides in peace. ||4||12||62||

625 : 1144

Sorat'h, Fifth Mehl:

625 : 1145

Remembering, remembering God in meditation, bliss ensues, and one is rid of all suffering and pain.

625 : 1146

Singing the Glorious Praises of God, and meditating on Him, all my affairs are brought into harmony. ||1||

625 : 1147

Your Name is the Life of the world.

625 : 1148

The Perfect Guru has taught me, that by meditating, I cross over the terrifying world-ocean. ||Pause||

625 : 1149

You are Your own advisor; You hear everything, God, and You do everything.

625 : 1150

You Yourself are the Giver, and You Yourself are the Enjoyer. What can this poor creature do? ||2||

625 : 1151

Which of Your Glorious Virtues should I describe and speak of? Your value cannot be described.

625 : 1152

I live by beholding, beholding You, O God. Your glorious greatness is wonderful and amazing! ||3||

625 : 1153

Granting His Grace, God my Lord and Master Himself saved my honor, and my intellect has been made perfect.

625 : 1154

Forever and ever, Nanak is a sacrifice, longing for the dust of the feet of the Saints. ||4||13||63||

625 : 1155

Sorat'h, Fifth Mehl:

625 : 1156

I bow in reverence to the Perfect Guru.

625 : 1157

God has resolved all my affairs.

625 : 1158

The Lord has showered me with His Mercy.

625 : 1159

God has perfectly preserved my honor. ||1||

625 : 1160

He has become the help and support of His slave.

625 : 1161

The Creator has achieved all my goals, and now, nothing is lacking. ||Pause||

625 : 1162

The Creator Lord has caused the pool of nectar to be constructed.

625 : 1163

The wealth of Maya follows in my footsteps,

625 : 1164

and now, nothing is lacking at all.

625 : 1165

This is pleasing to my Perfect True Guru. ||2||

625 : 1166

Remembering, remembering the Merciful Lord in meditation,

625 : 1167

all beings have become kind and compassionate to me.

625 : 1168

Hail! Hail to the Lord of the world,

625 : 1169

who created the perfect creation. ||3||

625 : 1170

You are my Great Lord and Master.

625 : 1171

These blessings and wealth are Yours.

625 : 1172

Servant Nanak has meditated on the One Lord;

625 : 1173

he has obtained the fruitful rewards for all good deeds. ||4||14||64||

625 : 1174

Sorat'h, Fifth Mehl, Third House, Du–Padas:

625 : 1175

One Universal Creator God. By The Grace Of The True Guru:

625 : 1176

Bathing in the nectar tank of Ram Das,

625 : 1177

all sins are erased.

625 : 1178

One becomes immaculately pure, taking this cleansing bath.

625 : 1179

The Perfect Guru has bestowed this gift. ||1||

625 : 1180

God has blessed all with peace and pleasure.

625 : 1181

Everything is safe and sound, as we contemplate the Word of the Guru's Shabad. ||Pause||

625 : 1182

In the Saadh Sangat, the Company of the Holy, filth is washed off.

625 : 1183

The Supreme Lord God has become our friend and helper.

625 : 1184

Nanak meditates on the Naam, the Name of the Lord.

625 : 1185

He has found God, the Primal Being. ||2||1||65||

625 : 1186

Sorat'h, Fifth Mehl:

625 : 1187

The Supreme Lord God has established that home, in which He comes to mind.



## Raag Sorat'h – Part 032

---

626 : 1188

I found the Guru, the ocean of peace, and all my doubts were dispelled. ||1||

626 : 1189

This is the glorious greatness of the Naam.

626 : 1190

Twenty-four hours a day, I sing His Glorious Praises.

626 : 1191

I obtained this from the Perfect Guru. ||Pause||

626 : 1192

God's sermon is inexpressible.

626 : 1193

His humble servants speak words of Ambrosial Nectar.

626 : 1194

Slave Nanak has spoken.

626 : 1195

Through the Perfect Guru, it is known. ||2||2||66||

626 : 1196

Sorat'h, Fifth Mehl:

626 : 1197

The Guru has blessed me with peace here,

626 : 1198

and the Guru has arranged peace and pleasure for me hereafter.

626 : 1199

I have all treasures and comforts,

626 : 1200

meditating on the Guru in my heart. ||1||

626 : 1201

This is the glorious greatness of my True Guru;

626 : 1202

I have obtained the fruits of my mind's desires.

626 : 1203

O Saints, His Glory increases day by day. ||Pause||

626 : 1204

All beings and creatures have become kind and compassionate to me; my God has made them so.

626 : 1205

Nanak has met with the Lord of the world with intuitive ease, and with Truth, he is pleased.  
||2||3||67||

626 : 1206

Sorat'h, Fifth Mehl:

626 : 1207

The Word of the Guru's Shabad is my Saving Grace.

626 : 1208

It is a guardian posted on all four sides around me.

626 : 1209

My mind is attached to the Lord's Name.

626 : 1210

The Messenger of Death has run away in shame. ||1||

626 : 1211

O Dear Lord, You are my Giver of peace.

626 : 1212

The Perfect Lord, the Architect of Destiny, has shattered my bonds, and made my mind immaculately pure. ||Pause||

626 : 1213

O Nanak, God is eternal and imperishable.

626 : 1214

Service to Him shall never go unrewarded.

626 : 1215

Your slaves are in bliss;

626 : 1216

chanting and meditating, their desires are fulfilled. ||2||4||68||

626 : 1217

Sorat'h, Fifth Mehl:

626 : 1218

I am a sacrifice to my Guru.

626 : 1219

He has totally preserved my honor.

626 : 1220

I have obtained the fruits of my mind's desires.

626 : 1221

I meditate forever on my God. ||1||

626 : 1222

O Saints, without Him, there is no other at all.

626 : 1223

He is God, the Cause of causes. ||Pause||

626 : 1224

My God has given me His Blessing.

626 : 1225

He has made all creatures subject to me.

626 : 1226

Servant Nanak meditates on the Naam, the Name of the Lord,

626 : 1227

and all his sorrows depart. ||2||5||69||

626 : 1228

Sorat'h, Fifth Mehl:

626 : 1229

The Perfect Guru has dispelled the fever.

626 : 1230

The unstruck melody of the sound current resounds.

626 : 1231

God has bestowed all comforts.

626 : 1232

In His Mercy, He Himself has given them. ||1||

626 : 1233

The True Guru Himself has eradicated the disease.

626 : 1234

All the Sikhs and Saints are filled with joy, meditating on the Name of the Lord, Har, Har.  
||Pause||

626 : 1235

They obtain that which they ask for.

626 : 1236

God gives to His Saints.

626 : 1237

God saved Hargobind.

626 : 1238

Servant Nanak speaks the Truth. ||2||6||70||

626 : 1239

Sorat'h, Fifth Mehl:

626 : 1240

You make me do what pleases You.

626 : 1241

I have no cleverness at all.

626 : 1242

I am just a child – I seek Your Protection.

626 : 1243

God Himself preserves my honor. ||1||

626 : 1244

The Lord is my King; He is my mother and father.

626 : 1245

In Your Mercy, You cherish me; I do whatever You make me do. ||Pause||

626 : 1246

The beings and creatures are Your creation.

626 : 1247

O God, their reins are in Your hands.

-- Raag Sorat'h – Part 032 --

## Raag Sorat'h – Part 033

---

627 : 1248

Whatever You cause us to do, we do.

627 : 1249

Nanak, Your slave, seeks Your Protection. ||2||7||71||

627 : 1250

Sorat'h, Fifth Mehl:

627 : 1251

I have woven the Lord's Name into the fabric of my heart.

627 : 1252

All my affairs are resolved.

627 : 1253

His mind is attached to God's feet,

627 : 1254

whose destiny is perfect. ||1||

627 : 1255

Joining the Saadh Sangat, the Company of the Holy, I meditate on the Lord.

627 : 1256

Twenty–four hours a day, I worship and adore the Lord, Har, Har; I have obtained the fruits of my mind's desires. ||Pause||

627 : 1257

The seeds of my past actions have sprouted.

627 : 1258

My mind is attached to the Lord's Name.

627 : 1259

My mind and body are absorbed into the Blessed Vision of the Lord's Darshan.

627 : 1260

Slave Nanak sings the Glorious Praises of the True Lord. ||2||8||72||

627 : 1261

Sorat'h, Fifth Mehl:

627 : 1262

Meeting with the Guru, I contemplate God.

627 : 1263

All of my affairs have been resolved.

627 : 1264

No one speaks ill of me.

627 : 1265

Everyone congratulates me on my victory. ||1||

627 : 1266

O Saints, I seek the True Sanctuary of the Lord and Master.

627 : 1267

All beings and creatures are in His hands; He is God, the Inner-knower, the Searcher of hearts. ||Pause||

627 : 1268

He has resolved all of my affairs.

627 : 1269

God has confirmed His innate nature.

627 : 1270

God's Name is the Purifier of sinners.

627 : 1271

Servant Nanak is forever a sacrifice to Him. ||2||9||73||

627 : 1272

Sorat'h, Fifth Mehl:

627 : 1273

The Supreme Lord God created and embellished him.

627 : 1274

The Guru has saved this small child.

627 : 1275

So celebrate and be happy, father and mother.

627 : 1276

The Transcendent Lord is the Giver of souls. ||1||

627 : 1277

Your slaves, O Lord, focus on pure thoughts.

627 : 1278

You preserve the honor of Your slaves, and You Yourself arrange their affairs. ||Pause||

627 : 1279

My God is so benevolent.

627 : 1280

His Almighty Power is manifest.

627 : 1281

Nanak has come to His Sanctuary.

627 : 1282

He has obtained the fruits of his mind's desires. ||2||10||74||

627 : 1283

Sorat'h, Fifth Mehl:

627 : 1284

Forever and ever, I chant the Lord's Name.

627 : 1285

God Himself has saved my child.

627 : 1286

He healed him from the smallpox.

627 : 1287

My troubles have been removed through the Lord's Name. ||1||

627 : 1288

My God is forever Merciful.

627 : 1289

He heard the prayer of His devotee, and now all beings are kind and compassionate to him.  
||Pause||

627 : 1290

God is Almighty, the Cause of causes.

627 : 1291

Remembering the Lord in meditation, all pains and sorrows vanish.

627 : 1292

He has heard the prayer of His slave.

627 : 1293

O Nanak, now everyone sleeps in peace. ||2||11||75||

627 : 1294

Sorat'h, Fifth Mehl:

627 : 1295

I meditated on my Guru.

627 : 1296

I met with Him, and returned home in joy.

627 : 1297

This is the glorious greatness of the Naam.

627 : 1298

Its value cannot be estimated. ||1||

627 : 1299

O Saints, worship and adore the Lord, Har, Har, Har.

627 : 1300

Worship the Lord in adoration, and you shall obtain everything; your affairs shall all be resolved. ||Pause||

627 : 1301

He alone is attached in loving devotion to God,

627 : 1302

who realizes his great destiny.

627 : 1303

Servant Nanak meditates on the Naam, the Name of the Lord.

627 : 1304

He obtains the rewards of all joys and peace. ||2||12||76||

627 : 1305

Sorat'h, Fifth Mehl:

627 : 1306

The Transcendent Lord has given me His support.

627 : 1307

The house of pain and disease has been demolished.

627 : 1308

The men and women celebrate.

627 : 1309

The Lord God, Har, Har, has extended His Mercy. ||1||

— Raag Sorat'h – Part 033 —

## Raag Sorat'h – Part 034

---

628 : 1310

O Saints, there is peace everywhere.

628 : 1311

The Supreme Lord God, the Perfect Transcendent Lord, is pervading everywhere. ||Pause||

628 : 1312

The Bani of His Word emanated from the Primal Lord.

628 : 1313

It eradicates all anxiety.

628 : 1314

The Lord is merciful, kind and compassionate.

628 : 1315

Nanak chants the Naam, the Name of the True Lord. ||2||13||77||

628 : 1316

Sorat'h, Fifth Mehl:

628 : 1317

Here and hereafter, He is our Savior.

628 : 1318

God, the True Guru, is Merciful to the meek.

628 : 1319

He Himself protects His slaves.

628 : 1320

In each and every heart, the Beautiful Word of His Shabad resounds. ||1||

628 : 1321

I am a sacrifice to the Guru's Feet.

628 : 1322

Day and night, with each and every breath, I remember Him; He is totally pervading and permeating all places. ||Pause||

628 : 1323

He Himself has become my help and support.

628 : 1324

True is the support of the True Lord.

628 : 1325

Glorious and great is devotional worship to You.

628 : 1326

Nanak has found God's Sanctuary. ||2||14||78||

628 : 1327

Sorat'h, Fifth Mehl:

628 : 1328

When it was pleasing to the Perfect True Guru,

628 : 1329

then I chanted the Naam, the Name of the Pervading Lord.

628 : 1330

The Lord of the Universe extended His Mercy to me,

628 : 1331

and God saved my honor. ||1||

628 : 1332

The Lord's feet are forever peace-giving.

628 : 1333

Whatever fruit one desires, he receives; his hopes shall not go in vain. ||1||Pause||

628 : 1334

That Saint, unto whom the Lord of Life, the Great Giver, extends His Mercy – he alone sings the Glorious Praises of the Lord.

628 : 1335

His soul is absorbed in loving devotional worship; his mind is pleasing to the Supreme Lord God. ||2||

628 : 1336

Twenty-four hours a day, he chants the Praises of the Lord, and the bitter poison does not affect him.

628 : 1337

My Creator Lord has united me with Himself, and the Holy Saints have become my companions. ||3||

628 : 1338

Taking me by the hand, He has given me everything, and blended me with Himself.

628 : 1339

Says Nanak, everything has been perfectly resolved; I have found the Perfect True Guru.  
||4||15||79||

628 : 1340

Sorat'h, Fifth Mehl:

628 : 1341

Humility is my spiked club.

628 : 1342

My dagger is to be the dust of all men's feet.

628 : 1343

No evil-doer can withstand these weapons.

628 : 1344

The Perfect Guru has given me this understanding. ||1||

628 : 1345

The Name of the Lord, Har, Har, is the support and shelter of the Saints.

628 : 1346

One who remembers the Lord in meditation, is emancipated; millions have been saved in this way. ||1||Pause||

628 : 1347

In the Society of the Saints, I sing His Praises.

628 : 1348

I have found this, the perfect wealth of the Lord.

628 : 1349

Says Nanak, I have eradicated my self-conceit.

628 : 1350

I see the Supreme Lord God everywhere. ||2||16||80||

628 : 1351

Sorat'h, Fifth Mehl:

628 : 1352

The Perfect Guru has done it perfectly.

628 : 1353

He blessed me with forgiveness.

628 : 1354

I have found lasting peace and bliss.

628 : 1355

Everywhere, the people dwell in peace. ||1||

628 : 1356

Devotional worship to the Lord is what gives rewards.

628 : 1357

The Perfect Guru, by His Grace, gave it to me; how rare are those who know this. ||Pause||

628 : 1358

Sing the Word of the Guru's Bani, O Siblings of Destiny.

628 : 1359

That is always rewarding and peace-giving.

628 : 1360

Nanak has meditated on the Naam, the Name of the Lord.

628 : 1361

He has realized his pre-ordained destiny. ||2||17||81||

628 : 1362

Sorat'h, Fifth Mehl:

-- Raag Sorat'h – Part 034 --

## Raag Sorat'h – Part 035

---

629 : 1363

I worship and adore the Perfect Guru.

629 : 1364

All my affairs have been resolved.

629 : 1365

All desires have been fulfilled.

629 : 1366

The unstruck melody of the sound current resounds. ||1||

629 : 1367

O Saints, meditating on the Lord, we obtain peace.

629 : 1368

In the home of the Saints, celestial peace is pervading; all pain and suffering is dispelled.  
||1||Pause||

629 : 1369

The Word of the Perfect Guru's Bani

629 : 1370

is pleasing to the Mind of the Supreme Lord God.

629 : 1371

Slave Nanak speaks

629 : 1372

the Unspoken, immaculate sermon of the Lord. ||2||18||82||

629 : 1373

Sorat'h, Fifth Mehl:

629 : 1374

The hungry man is not ashamed to eat.

629 : 1375

Just so, the humble servant of the Lord sings the Glorious Praises of the Lord. ||1||

629 : 1376

Why are you so lazy in your own affairs?

629 : 1377

Remembering Him in meditation, your face shall be radiant in the Court of the Lord; you shall find peace, forever and ever. ||1||Pause||

629 : 1378

Just as the lustful man is enticed by lust,

629 : 1379

so is the Lord's slave pleased with the Lord's Praise. ||2||

629 : 1380

Just as the mother holds her baby close,

629 : 1381

so does the spiritual person cherish the Naam, the Name of the Lord. ||3||

629 : 1382

This is obtained from the Perfect Guru.

629 : 1383

Servant Nanak meditates on the Naam, the Name of the Lord. ||4||19||83||

629 : 1384

Sorat'h, Fifth Mehl:

629 : 1385

Safe and sound, I have returned home.

629 : 1386

The slanderer's face is blackened with ashes.

629 : 1387

The Perfect Guru has dressed in robes of honor.

629 : 1388

All my pains and sufferings are over. ||1||

629 : 1389

O Saints, this is the glorious greatness of the True Lord.

629 : 1390

He has created such wonder and glory! ||1||Pause||

629 : 1391

I speak according to the Will of my Lord and Master.

629 : 1392

God's slave chants the Word of His Bani.

629 : 1393

O Nanak, God is the Giver of peace.

629 : 1394

He has created the perfect creation. ||2||20||84||

629 : 1395

Sorat'h, Fifth Mehl:

629 : 1396

Within my heart, I meditate on God.

629 : 1397

I have returned home safe and sound.

629 : 1398

The world has become contented.

629 : 1399

The Perfect Guru has saved me. ||1||

629 : 1400

O Saints, my God is forever merciful.

629 : 1401

The Lord of the world does not call His devotee to account; He protects His children.  
||1||Pause||

629 : 1402

I have enshrined the Lord's Name within my heart.

629 : 1403

He has resolved all my affairs.

629 : 1404

The Perfect Guru was pleased, and blessed me,

629 : 1405

and now, Nanak shall never again suffer pain. ||2||21||85||

629 : 1406

Sorat'h, Fifth Mehl:

629 : 1407

The Lord abides in my mind and body.

629 : 1408

Everyone congratulates me on my victory.

629 : 1409

This is the glorious greatness of the Perfect Guru.

629 : 1410

His value cannot be described. ||1||

629 : 1411

I am a sacrifice to Your Name.

629 : 1412

He alone, whom You have forgiven, O my Beloved, sings Your Praises. ||1||Pause||

629 : 1413

You are my Great Lord and Master.

629 : 1414

You are the support of the Saints.

629 : 1415

Nanak has entered God's Sanctuary.

629 : 1416

The faces of the slanderers are blackened with ashes. ||2||22||86||

629 : 1417

Sorat'h, Fifth Mehl:

629 : 1418

Peace in this world, O my friends,

629 : 1419

and bliss in the world hereafter – God has given me this.

629 : 1420

The Transcendent Lord has arranged these arrangements;

629 : 1421

I shall never waver again. ||1||

*Raag Sorat'h – Part 035*

629 : 1422

My mind is pleased with the True Lord Master.

629 : 1423

I know the Lord to be pervading all. ||1||Pause||

-- Raag Sorat'h – Part 035 --

## Raag Sorat'h – Part 036

---

630 : 1424

All beings are Yours, O Merciful Lord.

630 : 1425

You cherish Your devotees.

630 : 1426

Your glorious greatness is wonderful and marvellous.

630 : 1427

Nanak ever meditates on the Naam, the Name of the Lord. ||2||23||87||

630 : 1428

Sorat'h, Fifth Mehl:

630 : 1429

The Lord is always with me.

630 : 1430

The Messenger of Death does not approach me.

630 : 1431

God holds me close in His embrace, and protects me.

630 : 1432

True are the Teachings of the True Guru. ||1||

630 : 1433

The Perfect Guru has done it perfectly.

630 : 1434

He has beaten and driven off my enemies, and given me, His slave, the sublime understanding of the neutral mind. ||1||Pause||

630 : 1435

God has blessed all places with prosperity.

630 : 1436

I have returned again safe and sound.

630 : 1437

Nanak has entered God's Sanctuary.

630 : 1438

It has eradicated all disease. ||2||24||88||

630 : 1439

Sorat'h, Fifth Mehl:

630 : 1440

The True Guru is the Giver of all peace and comfort – seek His Sanctuary.

630 : 1441

Beholding the Blessed Vision of His Darshan, bliss ensues, pain is dispelled, and one sings the Lord's Praises. ||1||

630 : 1442

Drink in the sublime essence of the Lord, O Siblings of Destiny.

630 : 1443

Chant the Naam, the Name of the Lord; worship the Naam in adoration, and enter the Sanctuary of the Perfect Guru. ||Pause||

630 : 1444

Only one who has such pre-ordained destiny receives it; he alone becomes perfect, O Siblings of Destiny.

630 : 1445

Nanak's prayer, O Dear God, is to remain lovingly absorbed in the Naam. ||2||25||89||

630 : 1446

Sorat'h, Fifth Mehl:

630 : 1447

The Lord is the Cause of Causes, the Inner-knower, the Searcher of hearts; He preserves the honor of His servant.

630 : 1448

He is hailed and congratulated throughout the world, and he tastes the sublime essence of the Word of the Guru's Shabad. ||1||

630 : 1449

Dear God, Lord of the world, You are my only support.

630 : 1450

You are all-powerful, the Giver of Sanctuary; twenty-four hours a day, I meditate on You. ||Pause||

630 : 1451

That humble being, who vibrates upon You, O God, is not afflicted by anxiety.

630 : 1452

Attached to the Feet of the True Guru, his fear is dispelled, and within his mind, he sings the Glorious Praises of the Lord. ||2||

630 : 1453

He abides in celestial peace and utter ecstasy; the True Guru has comforted him.

630 : 1454

He has returned home victorious, with honor, and his hopes have been fulfilled. ||3||

630 : 1455

Perfect are the Teachings of the Perfect Guru; Perfect are the actions of God.

630 : 1456

Grasping hold of the Guru's feet, Nanak has crossed over the terrifying world–ocean, chanting the Name of the Lord, Har, Har. ||4||26||90||

630 : 1457

Sorat'h, Fifth Mehl:

630 : 1458

Becoming merciful, the Destroyer of the pains of the poor has Himself devised all devices.

630 : 1459

In an instant, He has saved His humble servant; the Perfect Guru has cut away his bonds. ||1||

630 : 1460

O my mind, meditate forever on the Guru, the Lord of the Universe.

630 : 1461

All illness shall depart from this body, and you shall obtain the fruits of your mind's desires.  
||Pause||

630 : 1462

God created all beings and creatures; He is lofty, inaccessible and infinite.

630 : 1463

In the Saadh Sangat, the Company of the Holy, Nanak meditates on the Naam, the Name of the Lord; his face is radiant in the Court of the Lord. ||2||27||91||

630 : 1464

Sorat'h, Fifth Mehl:

630 : 1465

I meditate in remembrance on my Lord.

630 : 1466

Day and night, I ever meditate on Him.

630 : 1467

He gave me His hand, and protected me.

630 : 1468

I drink in the most sublime essence of the Lord's Name. ||1||

-- Raag Sorat'h – Part 036 --

## Raag Sorat'h – Part 037

---

631 : 1469

I am a sacrifice to my Guru.

631 : 1470

God, the Great Giver, the Perfect One, has become merciful to me, and now, all are kind to me. ||Pause||

631 : 1471

Servant Nanak has entered His Sanctuary.

631 : 1472

He has perfectly preserved his honor.

631 : 1473

All suffering has been dispelled.

631 : 1474

So enjoy peace, O my Siblings of Destiny! ||2||28||92||

631 : 1475

Sorat'h, Fifth Mehl:

631 : 1476

Hear my prayer, O my Lord and Master; all beings and creatures were created by You.

631 : 1477

You preserve the honor of Your Name, O Lord, Cause of causes. ||1||

631 : 1478

O Dear God, Beloved, please, make me Your own.

631 : 1479

Whether good or bad, I am Yours. ||Pause||

631 : 1480

The Almighty Lord and Master heard my prayer; cutting away my bonds, He has adorned me.

631 : 1481

He dressed me in robes of honor, and blended His servant with Himself; Nanak is revealed in glory throughout the world. ||2||29||93||

631 : 1482

Sorat'h, Fifth Mehl:

631 : 1483

All beings and creatures are subservient to all those who serve in the Lord's Court.

631 : 1484

Their God made them His own, and carried them across the terrifying world–ocean. ||1||

631 : 1485

He resolves all the affairs of His Saints.

631 : 1486

He is merciful to the meek, kind and compassionate, the ocean of kindness, my Perfect Lord and Master. ||Pause||

631 : 1487

I am asked to come and be seated, everywhere I go, and I lack nothing.

631 : 1488

The Lord blesses His humble devotee with robes of honor; O Nanak, the Glory of God is manifest. ||2||30||94||

631 : 1489

Sorat'h, Ninth Mehl:

631 : 1490

One Universal Creator God. By The Grace Of The True Guru:

631 : 1491

O mind, love the Lord.

631 : 1492

With your ears, hear the Glorious Praises of the Lord of the Universe, and with your tongue, sing His song. ||1||Pause||

631 : 1493

Join the Saadh Sangat, the Company of the Holy, and meditate in remembrance on the Lord; even a sinner like yourself will become pure.

631 : 1494

Death is on the prowl, with its mouth wide open, friend. ||1||

631 : 1495

Today or tomorrow, eventually it will seize you; understand this in your consciousness.

631 : 1496

Says Nanak, meditate, and vibrate upon the Lord; this opportunity is slipping away! ||2||1||

631 : 1497

Sorat'h, Ninth Mehl:

631 : 1498

The mind remains in the mind.

631 : 1499

He does not meditate on the Lord, nor does he perform service at sacred shrines, and so death seizes him by the hair. ||1||Pause||

631 : 1500

Wife, friends, children, carriages, property, total wealth, the entire world

631 : 1501

– know that all of these things are false. The Lord's meditation alone is true. ||1||

631 : 1502

Wandering, wandering around for so many ages, he has grown weary, and finally, he obtained this human body.

631 : 1503

Says Nanak, this is the opportunity to meet the Lord; why don't you remember Him in meditation? ||2||2||

631 : 1504

Sorat'h, Ninth Mehl:

631 : 1505

O mind, what evil–mindedness have you developed?

631 : 1506

You are engrossed in the pleasures of other men's wives, and slander; you have not worshipped the Lord at all. ||1||Pause||

631 : 1507

You do not know the way to liberation, but you run all around chasing wealth.

-- Raag Sorat'h – Part 037 --

## Raag Sorat'h – Part 038

---

632 : 1508

In the end, nothing shall go along with you; you have entrapped yourself in vain. ||1||

632 : 1509

You have not meditated or vibrated upon the Lord; you have not served the Guru, or His humble servants; spiritual wisdom has not welled up within you.

632 : 1510

The Immaculate Lord is within your heart, and yet you search for Him in the wilderness. ||2||

632 : 1511

You have wandered through many many births; you are exhausted but have still not found a way out of this endless cycle.

632 : 1512

Now that you have obtained this human body, meditate on the Lord's Feet; Nanak advises with this advice. ||3||3||

632 : 1513

Sorat'h, Ninth Mehl:

632 : 1514

O mind, contemplate the Sanctuary of God.

632 : 1515

Meditating on Him in remembrance, Ganika the prostitute was saved; enshrine His Praises within your heart. ||1||Pause||

632 : 1516

Meditating on Him in remembrance, Dhroo became immortal, and obtained the state of fearlessness.

632 : 1517

The Lord and Master removes suffering in this way – why have you forgotten Him? ||1||

632 : 1518

As soon as the elephant took to the protective Sanctuary of the Lord, the ocean of mercy, he escaped from the crocodile.

632 : 1519

How much can I describe the Glorious Praises of the Naam? Whoever chants the Lord's Name, his bonds are broken. ||2||

632 : 1520

Ajaamal, known throughout the world as a sinner, was redeemed in an instant.

632 : 1521

Says Nanak, remember the Chintaamani, the jewel which fulfills all desires, and you too shall be carried across and saved. ||3||4||

632 : 1522

Sorat'h, Ninth Mehl:

632 : 1523

What efforts should the mortal make,

632 : 1524

to attain devotional worship of the Lord, and eradicate the fear of death? ||1||Pause||

632 : 1525

Which actions, what sort of knowledge, and what religion – what Dharma should one practice?

632 : 1526

What Name of the Guru should one remember in meditation, to cross over the terrifying world–ocean? ||1||

632 : 1527

In this Dark Age of Kali Yuga, the Name of the One Lord is the treasure of mercy; chanting it, one obtains salvation.

632 : 1528

No other religion is comparable to this; so speak the Vedas. ||2||

632 : 1529

He is beyond pain and pleasure, forever unattached; He is called the Lord of the world.

632 : 1530

He dwells deep within your inner self, O Nanak, like the image in a mirror. ||3||5||

632 : 1531

Sorat'h, Ninth Mehl:

632 : 1532

O mother, how can I see the Lord of the world?

632 : 1533

In the utter darkness of emotional attachment and spiritual ignorance, my mind remains entangled. ||1||Pause||

632 : 1534

Deluded by doubt, I have wasted my whole life; I have not obtained a stable intellect.

632 : 1535

I remain under the influence of corrupting sins, night and day, and I have not renounced wickedness. ||1||

632 : 1536

I never joined the Saadh Sangat, the Company of the Holy, and I did not sing the Kirtan of God's Praises.

632 : 1537

O servant Nanak, I have no virtues at all; keep me in Your Sanctuary, Lord. ||2||6||

632 : 1538

Sorat'h, Ninth Mehl:

632 : 1539

O mother, my mind is out of control.

632 : 1540

Night and day, it runs after sin and corruption. How can I restrain it? ||1||Pause||

632 : 1541

He listens to the teachings of the Vedas, the Puraanas and the Simritees, but he does not enshrine them in his heart, even for an instant.

632 : 1542

Engrossed in the wealth and women of others, his life passes away uselessly. ||1||

632 : 1543

He has gone insane with the wine of Maya, and does not understand even a bit of spiritual wisdom.

632 : 1544

Deep within his heart, the Immaculate Lord dwells, but he does not know this secret. ||2||

-- Raag Sorat'h – Part 038 --

## Raag Sorat'h – Part 039

---

633 : 1545

When I came to the Sanctuary of the Holy Saints, all my evil-mindedness was dispelled.

633 : 1546

Then, O Nanak, I remembered the Chintaamani, the jewel which fulfills all desires, and the noose of Death was snapped. ||3||7||

633 : 1547

Sorat'h, Ninth Mehl:

633 : 1548

O man, grasp this Truth firmly in your soul.

633 : 1549

The whole world is just like a dream; it will pass away in an instant. ||1||Pause||

633 : 1550

Like a wall of sand, built up and plastered with great care, which does not last even a few days,

633 : 1551

just so are the pleasures of Maya. Why are you entangled in them, you ignorant fool? ||1||

633 : 1552

Understand this today – it is not yet too late! Chant and vibrate the Name of the Lord.

633 : 1553

Says Nanak, this is the subtle wisdom of the Holy Saints, which I proclaim out loud to you.

||2||8||

633 : 1554

Sorat'h, Ninth Mehl:

633 : 1555

In this world, I have not found any true friend.

633 : 1556

The whole world is attached to its own pleasures, and when trouble comes, no one is with you. ||1||Pause||

633 : 1557

Wives, friends, children and relatives – all are attached to wealth.

633 : 1558

When they see a poor man, they all forsake his company and run away. ||1||

633 : 1559

So what should I say to this crazy mind, which is affectionately attached to them?

633 : 1560

The Lord is the Master of the meek, the Destroyer of all fears, and I have forgotten to praise Him. ||2||

633 : 1561

Like a dog's tail, which will never straighten out, the mind will not change, no matter how many things are tried.

633 : 1562

Says Nanak, please, Lord, uphold the honor of Your innate nature; I chant Your Name.  
||3||9||

633 : 1563

Sorat'h, Ninth Mehl:

633 : 1564

O mind, you have not accepted the Guru's Teachings.

633 : 1565

What is the use of shaving your head, and wearing saffron robes? ||1||Pause||

633 : 1566

Abandoning Truth, you cling to falsehood; your life is uselessly wasting away.

633 : 1567

Practicing hypocrisy, you fill your belly, and then sleep like an animal. ||1||

633 : 1568

You do not know the Way of the Lord's meditation; you have sold yourself into Maya's hands.

633 : 1569

The madman remains entangled in vice and corruption; he has forgotten the jewel of the Naam. ||2||

633 : 1570

He remains thoughtless, not thinking of the Lord of the Universe; his life is uselessly passing away.

633 : 1571

Says Nanak, O Lord, please, confirm your innate nature; this mortal is continually making mistakes. ||3||10||

633 : 1572

Sorat'h, Ninth Mehl:

633 : 1573

That man, who in the midst of pain, does not feel pain,

633 : 1574

who is not affected by pleasure, affection or fear, and who looks alike upon gold and dust;||1||Pause||

633 : 1575

Who is not swayed by either slander or praise, nor affected by greed, attachment or pride;

633 : 1576

who remains unaffected by joy and sorrow, honor and dishonor;||1||

633 : 1577

who renounces all hopes and desires and remains desireless in the world;

633 : 1578

who is not touched by sexual desire or anger – within his heart, God dwells. ||2||

633 : 1579

That man, blessed by Guru's Grace, understands this way.

633 : 1580

O Nanak, he merges with the Lord of the Universe, like water with water. ||3||11||



## Raag Sorat'h – Part 040

---

634 : 1581

Sorat'h, Ninth Mehl:

634 : 1582

O dear friend, know this in your mind.

634 : 1583

The world is entangled in its own pleasures; no one is for anyone else. ||1||Pause||

634 : 1584

In good times, many come and sit together, surrounding you on all four sides.

634 : 1585

But when hard times come, they all leave, and no one comes near you. ||1||

634 : 1586

Your wife, whom you love so much, and who has remained ever attached to you,

634 : 1587

runs away crying, "Ghost! Ghost!", as soon as the swan-soul leaves this body. ||2||

634 : 1588

This is the way they act – those whom we love so much.

634 : 1589

At the very last moment, O Nanak, no one is any use at all, except the Dear Lord.  
||3||12||139||

634 : 1590

Sorat'h, First Mehl, First House, Ashtapadees, Chau–Tukas:

634 : 1591

One Universal Creator God. By The Grace Of The True Guru:

634 : 1592

I am not torn by duality, because I do not worship any other than the Lord; I do not visit tombs or crematoriums.

634 : 1593

I do not enter the houses of strangers, engrossed in desire. The Naam, the Name of the Lord, has satisfied my desires.

634 : 1594

Deep within my heart, the Guru has shown me the home of my being, and my mind is imbued with peace and poise, O Siblings of Destiny.

634 : 1595

You Yourself are all–knowing, and You Yourself are all–seeing; You alone bestow intelligence, O Lord. ||1||

634 : 1596

My mind is detached, imbued with detachment; the Word of the Shabad has pierced my mind, O my mother.

634 : 1597

God's Light shines continually within the nucleus of my deepest self; I am lovingly attached to the Bani, the Word of the True Lord Master. ||Pause||

634 : 1598

Countless detached renunciates talk of detachment and renunciation, but he alone is a true renunciate, who is pleasing to the Lord Master.

634 : 1599

The Word of the Shabad is ever in his heart; he is absorbed in the Fear of God, and he works to serve the Guru.

634 : 1600

He remembers the One Lord, his mind does not waver, and he restrains its wanderings.

634 : 1601

He is intoxicated with celestial bliss, and is ever imbued with the Lord's Love; he sings the Glorious Praises of the True Lord. ||2||

634 : 1602

The mind is like the wind, but if it comes to rest in peace, even for an instant, then he shall abide in the peace of the Name, O Siblings of Destiny.

634 : 1603

His tongue, eyes and ears are imbued with Truth; O Lord, You quench the fires of desire.

634 : 1604

In hope, the renunciate remains free of hopes; in the home of his own inner self, he is absorbed in the trance of deep meditation.

634 : 1605

He remains content, satisfied with the charity of the Naam; he drinks in the Ambrosial Amrit with ease. ||3||

634 : 1606

There is no renunciation in duality, as long as there is even a particle of duality.

634 : 1607

The whole world is Yours, Lord; You alone are the Giver. There is not any other, O Siblings of Destiny.

634 : 1608

The self-willed manmukh dwells in misery forever, while the Lord bestows greatness upon the Gurmukh.

634 : 1609

God is infinite, endless, inaccessible and unfathomable; His worth cannot be described. ||4||

634 : 1610

The consciousness in deep Samaadhi, the Supreme Being, the Lord of the three worlds – these are Your Names, Lord.

634 : 1611

The creatures born into this world have their destiny inscribed upon their foreheads; they experience according to their destinies.

634 : 1612

The Lord Himself causes them to do good and bad deeds; He Himself makes them steadfast in devotional worship.

634 : 1613

The filth of their mind and mouth is washed off when they live in the Fear of God; the inaccessible Lord Himself blesses them with spiritual wisdom. ||5||

-- Raag Sorat'h – Part 040 --

# Raag Sorat'h – Part 041

---

635 : 1614

Only those who taste it know its sweet taste, like the mute, who eats the candy, and only smiles.

635 : 1615

How can I describe the indescribable, O Siblings of Destiny? I shall follow His Will forever.

635 : 1616

If one meets with the Guru, the Generous Giver, then he understands; those who have no Guru cannot understand this.

635 : 1617

As the Lord causes us to act, so do we act, O Siblings of Destiny. What other clever tricks can anyone try? ||6||

635 : 1618

Some are deluded by doubt, while others are imbued with devotional worship; Your play is infinite and endless.

635 : 1619

As You engage them, they receive the fruits of their rewards; You alone are the One who issues Your Commands.

635 : 1620

I would serve You, if anything were my own; my soul and body are Yours.

635 : 1621

One who meets with the True Guru, by His Grace, takes the Support of the Ambrosial Naam. ||7||

635 : 1622

He dwells in the heavenly realms, and his virtues radiantly shine forth; meditation and spiritual wisdom are found in virtue.

635 : 1623

The Naam is pleasing to his mind; he speaks it, and causes others to speak it as well. He speaks the essential essence of wisdom.

635 : 1624

The Word of the Shabad is his Guru and spiritual teacher, profound and unfathomable; without the Shabad, the world is insane.

635 : 1625

He is a perfect renunciate, naturally at ease, O Nanak, whose mind is pleased with the True Lord. ||8||1||

635 : 1626

Sorat'h, First Mehl, Ti–Tukas:

635 : 1627

Hope and desire are entrapments, O Siblings of Destiny. Religious rituals and ceremonies are traps.

635 : 1628

Because of good and bad deeds, one is born into the world, O Siblings of Destiny; forgetting the Naam, the Name of the Lord, he is ruined.

635 : 1629

This Maya is the enticer of the world, O Siblings of Destiny; all such actions are corrupt. ||1||

635 : 1630

Listen, O ritualistic Pandit:

635 : 1631

that religious ritual which produces happiness, O Siblings of Destiny, is contemplation of the essence of the soul. ||Pause||

635 : 1632

You may stand and recite the Shaastras and the Vedas, O Siblings of Destiny, but these are just worldly actions.

635 : 1633

Filth cannot be washed away by hypocrisy, O Siblings of Destiny; the filth of corruption and sin is within you.

635 : 1634

This is how the spider is destroyed, O Siblings of Destiny, by falling head-long in its own web. ||2||

635 : 1635

So many are destroyed by their own evil-mindedness, O Siblings of Destiny; in the love of duality, they are ruined.

635 : 1636

Without the True Guru, the Name is not obtained, O Siblings of Destiny; without the Name, doubt does not depart.

635 : 1637

If one serves the True Guru, then he obtains peace, O Siblings of Destiny; his comings and goings are ended. ||3||

635 : 1638

True celestial peace comes from the Guru, O Siblings of Destiny; the immaculate mind is absorbed into the True Lord.

635 : 1639

One who serves the Guru, understands, O Siblings of Destiny; without the Guru, the way is not found.

635 : 1640

What can anyone do, with greed within? O Siblings of Destiny, by telling lies, they eat poison. ||4||

635 : 1641

O Pandit, by churning cream, butter is produced.

635 : 1642

By churning water, you shall only see water, O Siblings of Destiny; this world is like that.

635 : 1643

Without the Guru, he is ruined by doubt, O Siblings of Destiny; the unseen Divine Lord is in each and every heart. ||5||

635 : 1644

This world is like a thread of cotton, O Siblings of Destiny, which Maya has tied on all ten sides.

635 : 1645

Without the Guru, the knots cannot be untied, O Siblings of Destiny; I am so tired of religious rituals.

635 : 1646

This world is deluded by doubt, O Siblings of Destiny; no one can say anything about it. ||6||

635 : 1647

Meeting with the Guru, the Fear of God comes to abide in the mind; to die in the Fear of God is one's true destiny.

In the Court of the Lord, the Naam is far superior to ritualistic cleansing baths, charity and good deeds, O Siblings of Destiny.

-- Raag Sorat'h – Part 041 --

## Raag Sorat'h – Part 042

---

636 : 1649

One who implants the Naam within himself, through the Guru's halter – O Siblings of Destiny, the Lord dwells in his mind, and he is free of hypocrisy. ||7||

636 : 1650

This body is the jeweller's shop, O Siblings of Destiny; the incomparable Naam is the merchandise.

636 : 1651

The merchant secures this merchandise, O Siblings of Destiny, by contemplating the Word of the Guru's Shabad.

636 : 1652

Blessed is the merchant, O Nanak, who meets the Guru, and engages in this trade. ||8||2||

636 : 1653

Sorat'h, First Mehl:

636 : 1654

Those who serve the True Guru, O Beloved, their companions are saved as well.

636 : 1655

No one blocks their way, O Beloved, and the Lord's Ambrosial Nectar is on their tongue.

636 : 1656

Without the Fear of God, they are so heavy that they sink and drown, O Beloved; but the Lord, casting His Glance of Grace, carries them across. ||1||

636 : 1657

I ever praise You, O Beloved, I ever sing Your Praises.

636 : 1658

Without the boat, one is drowned in the sea of fear, O Beloved; how can I reach the distant shore? ||1||Pause||

636 : 1659

I praise the Praiseworthy Lord, O Beloved; there is no other one to praise.

636 : 1660

Those who praise my God are good, O Beloved; they are imbued with the Word of the Shabad, and His Love.

636 : 1661

If I join them, O Beloved, I can churn the essence and so find joy. ||2||

636 : 1662

The gateway to honor is Truth, O Beloved; it bears the Insignia of the True Name of the Lord.

636 : 1663

We come into the world, and we depart, with our destiny written and pre-ordained, O Beloved; realize the Command of the Commander.

636 : 1664

Without the Guru, this Command is not understood, O Beloved; True is the Power of the True Lord. ||3||

636 : 1665

By His Command, we are conceived, O Beloved, and by His Command, we grow in the womb.

636 : 1666

By His Command, we are born, O Beloved, head–first, and upside–down.

636 : 1667

The Gurmukh is honored in the Court of the Lord, O Beloved; he departs after resolving his affairs. ||4||

636 : 1668

By His Command, one comes into the world, O Beloved, and by His Will, he goes.

636 : 1669

By His Will, some are bound and gagged and driven away, O Beloved; the self–willed manmukhs suffer their punishment.

636 : 1670

By His Command, the Word of the Shabad, is realized, O Beloved, and one goes to the Court of the Lord robed in honor. ||5||

636 : 1671

By His Command, some accounts are accounted for, O Beloved; by His Command, some suffer in egotism and duality.

636 : 1672

By His Command, one wanders in reincarnation, O Beloved; deceived by sins and demerits, he cries out in his suffering.

636 : 1673

If he comes to realize the Command of the Lord's Will, O Beloved, then he is blessed with Truth and Honor. ||6||

636 : 1674

It is so difficult to speak it, O Beloved; how can we speak, and hear, the True Name?

636 : 1675

I am a sacrifice to those who praise the Lord, O Beloved.

636 : 1676

I have obtained the Name, and I am satisfied, O Beloved; by His Grace, I am united in His Union. ||7||

636 : 1677

If my body were to become the paper, O Beloved, and my mind the inkpot;

636 : 1678

and if my tongue became the pen, O Beloved, I would write, and contemplate, the Glorious Praises of the True Lord.

636 : 1679

Blessed is that scribe, O Nanak, who writes the True Name, and enshrines it within his heart. ||8||3||

636 : 1680

Sorat'h, First Mehl, Du–Tukas:

636 : 1681

You are the Giver of virtue, O Immaculate Lord, but my mind is not immaculate, O Siblings of Destiny.

636 : 1682

I am a worthless sinner, O Siblings of Destiny; virtue is obtained from You alone, Lord. ||1||

636 : 1683

O my Beloved Creator Lord, You create, and You behold.

I am a hypocritical sinner, O Siblings of Destiny. Bless my mind and body with Your Name,  
O Lord. ||Pause||

-- Raag Sorat'h – Part 042 --

## Raag Sorat'h – Part 043

---

637 : 1685

The poisonous Maya has enticed the consciousness, O Siblings of Destiny; through clever tricks, one loses his honor.

637 : 1686

The True Lord and Master abides in the consciousness, O Siblings of Destiny, if the Guru's spiritual wisdom permeates it. ||2||

637 : 1687

Beautiful, beautiful, the Lord is called, O Siblings of Destiny; beautiful, like the deep crimson color of the poppy.

637 : 1688

If man loves the Lord with detachment, O Siblings of Destiny, he is judged to be true and infallible in the Lord's court and home. ||3||

637 : 1689

You are pervading the realms of the underworld and the heavenly skies; Your wisdom and glories are in each and every heart.

637 : 1690

Meeting with the Guru, one finds peace, O Siblings of Destiny, and pride is dispelled from the mind. ||4||

637 : 1691

Scrubbing with water, the body can be cleaned, O Siblings of Destiny, but the body becomes dirty again.

637 : 1692

Bathing in the supreme essence of spiritual wisdom, O Siblings of Destiny, the mind and body become pure. ||5||

637 : 1693

Why worship gods and goddesses, O Siblings of Destiny? What can we ask of them? What can they give us?

637 : 1694

The stone gods are washed with water, O Siblings of Destiny, but they just sink in the water. ||6||

637 : 1695

Without the Guru, the unseen Lord cannot be seen, O Siblings of Destiny; the world is drowning, having lost its honor.

637 : 1696

Greatness is in the hands of my Lord and Master, O Siblings of Destiny; as He is pleased, He gives. ||7||

637 : 1697

That soul-bride, who talks sweetly and speaks the Truth, O Siblings of Destiny, becomes pleasing to her Husband Lord.

637 : 1698

Pierced by His Love, she abides in Truth, O Siblings of Destiny, deeply imbued with the Lord's Name. ||8||

637 : 1699

Everyone calls God his own, O Siblings of Destiny, but the all-knowing Lord is known only through the Guru.

637 : 1700

Those who are pierced by His Love are saved, O Siblings of Destiny; they bear the Insignia of the True Word of the Shabad. ||9||

637 : 1701

A large pile of firewood, O Siblings of Destiny, will burn if a small fire is applied.

637 : 1702

In the same way, if the Naam, the Name of the Lord, dwells in the heart for a moment, even for an instant, O Siblings of Destiny, then one meets the Lord with ease, O Nanak. ||10||4||

637 : 1703

Sorat'h, Third Mehl, First House, Ti–Tukas:

637 : 1704

One Universal Creator God. By The Grace Of The True Guru:

637 : 1705

You always preserve the honor of Your devotees, O Dear Lord; You have protected them from the very beginning of time.

637 : 1706

You protected Your servant Prahlaad, O Dear Lord, and annihilated Harnaakhash.

637 : 1707

The Gurmukhs place their faith in the Dear Lord, but the self–willed manmukhs are deluded by doubt. ||1||

637 : 1708

O Dear Lord, this is Your Glory.

637 : 1709

You preserve the honor of Your devotees, O Lord Master; Your devotees seek Your Sanctuary. ||Pause||

637 : 1710

The Messenger of Death cannot touch Your devotees; death cannot even approach them.

637 : 1711

The Name of the Lord alone abides in their minds; through the Naam, the Name of the Lord, they find liberation.

637 : 1712

Wealth and all the spiritual powers of the Siddhis fall at the feet of the Lord's devotees; they obtain peace and poise from the Guru. ||2||

637 : 1713

The self-willed manmukhs have no faith; they are filled with greed and self-interest.

637 : 1714

They are not Gurmukh – they do not understand the Word of the Shabad in their hearts; they do not love the Naam, the Name of the Lord.

637 : 1715

Their masks of falsehood and hypocrisy shall fall off; the self-willed manmukhs speak with insipid words. ||3||

637 : 1716

You are pervading through Your devotees, O Dear God; through Your devotees, You are known.

637 : 1717

All the people are enticed by Maya; they are Yours, Lord – You alone are the Architect of Destiny.



## Raag Sorat'h – Part 044

---

638 : 1718

Overcoming my egotism and quieting the desires within my mind, I have come to realize the Word of the Guru's Shabad. ||4||

638 : 1719

God automatically does the work of those who love the Name of the Lord.

638 : 1720

By Guru's Grace, he ever dwells in their minds, and He resolves all their affairs.

638 : 1721

Whoever challenges them is destroyed; they have the Lord God as their Savior. ||5||

638 : 1722

Without serving the True Guru, no one finds the Lord; the self-willed manmukhs die crying out in pain.

638 : 1723

They come and go, and find no place of rest; in pain and suffering, they perish.

638 : 1724

But one who becomes Gurmukh drinks in the Ambrosial Nectar, and is easily absorbed in the True Name. ||6||

638 : 1725

Without serving the True Guru, one cannot escape reincarnation, even by performing numerous rituals.

638 : 1726

Those who read the Vedas, and argue and debate without the Lord, lose their honor.

638 : 1727

True is the True Guru, and True is the Word of His Bani; in the Guru's Sanctuary, one is saved. ||7||

638 : 1728

Those whose minds are filled with the Lord are judged as true in the Court of the Lord; they are hailed as true in the True Court.

638 : 1729

Their praises echo throughout the ages, and no one can erase them.

638 : 1730

Nanak is forever a sacrifice to those who enshrine the Lord within their hearts. ||8||1||

638 : 1731

Sorat'h, Third Mehl, Du–Tukas:

638 : 1732

He Himself forgives the worthless, O Siblings of Destiny; He commits them to the service of the True Guru.

638 : 1733

Service to the True Guru is sublime, O Siblings of Destiny; through it, one's consciousness is attached to the Lord's Name. ||1||

638 : 1734

The Dear Lord forgives, and unites with Himself.

638 : 1735

I am a sinner, totally without virtue, O Siblings of Destiny; the Perfect True Guru has blended me. ||Pause||

638 : 1736

So many, so many sinners have been forgiven, O beloved one, by contemplating the True Word of the Shabad.

638 : 1737

They got on board the boat of the True Guru, who carried them across the terrifying world-ocean, O Siblings of Destiny. ||2||

638 : 1738

I have been transformed from rusty iron into gold, O Siblings of Destiny, united in Union with the Guru, the Philosopher's Stone.

638 : 1739

Eliminating my self-conceit, the Name has come to dwell within my mind, O Siblings of Destiny; my light has merged in the Light. ||3||

638 : 1740

I am a sacrifice, I am a sacrifice, O Siblings of Destiny, I am forever a sacrifice to my True Guru.

638 : 1741

He has given me the treasure of the Naam; O Siblings of Destiny, through the Guru's Teachings, I am absorbed in celestial bliss. ||4||

638 : 1742

Without the Guru, celestial peace is not produced, O Siblings of Destiny; go and ask the spiritual teachers about this.

638 : 1743

Serve the True Guru forever, O Siblings of Destiny, and eradicate self-conceit from within. ||5||

638 : 1744

Under Guru's Instruction, the Fear of God is produced, O Siblings of Destiny; true and excellent are the deeds done in the Fear of God.

638 : 1745

Then, one is blessed with the treasure of the Lord's Love, O Siblings of Destiny, and the Support of the True Name. ||6||

638 : 1746

I fall at the feet of those who serve their True Guru, O Siblings of Destiny.

638 : 1747

I have fulfilled my life, O Siblings of Destiny, and my family has been saved as well. ||7||

638 : 1748

The True Word of the Guru's Bani, and the True Word of the Shabad, O Siblings of Destiny, are obtained only by Guru's Grace.

638 : 1749

O Nanak, with the Name of the Lord abiding in one's mind, no obstacles stand in one's way, O Siblings of Destiny. ||8||2||

--- Raag Sorat'h – Part 044 ---

## Raag Sorat'h – Part 045

---

639 : 1750

Sorat'h, Third Mehl:

639 : 1751

The Dear Lord is realized through the Word of His Shabad, O Siblings of Destiny, which is found only by perfect destiny.

639 : 1752

The happy soul-brides are forever in peace, O Siblings of Destiny; night and day, they are attuned to the Lord's Love. ||1||

639 : 1753

O Dear Lord, You Yourself color us in Your Love.

639 : 1754

Sing, continually sing His Praises, imbued with His Love, O Siblings of Destiny; be in love with the Lord. ||Pause||

639 : 1755

Work to serve the Guru, O Siblings of Destiny; abandon self-conceit, and focus your consciousness.

639 : 1756

You shall be in peace forever, and you shall not suffer in pain any longer, O Siblings of Destiny; the Lord Himself shall come and abide in your mind. ||2||

639 : 1757

She who does not know the Will of her Husband Lord, O Siblings of Destiny, is an ill-mannered and bitter bride.

639 : 1758

She does things with a stubborn mind, O Siblings of Destiny; without the Name, she is false. ||3||

639 : 1759

They alone sing the Lord's Praises, who have such pre-ordained destiny written upon their foreheads, O Siblings of Destiny; through the Love of the True Lord, they find detachment.

639 : 1760

Night and day, they are imbued with His Love; they utter His Glorious Praises, O Siblings of Destiny, and they lovingly focus their consciousness on the Fearless Guru. ||4||

639 : 1761

He kills and revives all, O Siblings of Destiny; serve Him, day and night.

639 : 1762

How can we forget Him from our minds, O Siblings of Destiny? His gifts are glorious and great. ||5||

639 : 1763

The self-willed manmukh is filthy and double-minded, O Siblings of Destiny; the finds no place of rest in the Court of the Lord.

639 : 1764

But if she becomes Gurmukh, then she chants the Glorious Praises of the Lord, O Siblings of Destiny; she meets her True Beloved, and merges in Him. ||6||

639 : 1765

In this life, she has not focused her consciousness on the Lord, O Siblings of Destiny; how can she show her face when she leaves?

639 : 1766

In spite of the warning calls which were sounded, she has been plundered, O Siblings of Destiny; she yearned only for corruption. ||7||

639 : 1767

Those who dwell upon the Naam, O Siblings of Destiny, their bodies are ever peaceful and tranquil.

639 : 1768

O Nanak, dwell upon the Naam; the Lord is infinite, virtuous and unfathomable, O Siblings of Destiny. ||8||3||

639 : 1769

Sorat'h, Fifth Mehl, First House, Ashtapadees:

639 : 1770

One Universal Creator God. By The Grace Of The True Guru:

639 : 1771

The One who created the whole world, O Siblings of Destiny, is the Almighty Lord, the Cause of causes.

639 : 1772

He fashioned the soul and the body, O Siblings of Destiny, by His own power.

639 : 1773

How can He be described? How can He be seen, O Siblings of Destiny? The Creator is One; He is indescribable.

639 : 1774

Praise the Guru, the Lord of the Universe, O Siblings of Destiny; through Him, the essence is known. ||1||

639 : 1775

O my mind, meditate on the Lord, the Lord God.

639 : 1776

He blesses His servant with the gift of the Naam; He is the Destroyer of pain and suffering.  
||Pause||

639 : 1777

Everything is in His home, O Siblings of Destiny; His warehouse is overflowing with the nine treasures.

639 : 1778

His worth cannot be estimated, O Siblings of Destiny; He is lofty, inaccessible and infinite.

639 : 1779

He cherishes all beings and creatures, O Siblings of Destiny; he continually takes care of them.

639 : 1780

So meet with the Perfect True Guru, O Siblings of Destiny, and merge in the Word of the Shabad. ||2||

639 : 1781

Adoring the feet of the True Guru, O Siblings of Destiny, doubt and fear are dispelled.

639 : 1782

Joining the Society of the Saints, cleanse your mind, O Siblings of Destiny, and dwell in the Name of the Lord.

639 : 1783

The darkness of ignorance shall be dispelled, O Siblings of Destiny, and the lotus of your heart shall blossom forth.

By the Guru's Word, peace wells up, O Siblings of Destiny; all fruits are with the True Guru.  
||3||

-- Raag Sorat'h – Part 045 --

## Raag Sorat'h – Part 046

---

640 : 1785

Give up your sense of mine and yours, O Siblings of Destiny, and become the dust of the feet of all.

640 : 1786

In each and every heart, God is contained, O Siblings of Destiny; He sees, and hears, and is ever-present with us.

640 : 1787

On that day when one forgets the Supreme Lord God, O Siblings of Destiny, on that day, one ought to die crying out in pain.

640 : 1788

He is the all-powerful Cause of Causes, O Siblings of Destiny; he is totally filled with all powers. ||4||

640 : 1789

The Love of the Name is the greatest treasure, O Siblings of Destiny; through it, emotional attachment to Maya is dispelled.

640 : 1790

If it is pleasing to His Will, then He unites us in His Union, O Siblings of Destiny; the Naam, the Name of the Lord, comes to abide in the mind.

640 : 1791

The heart-lotus of the Gurmukh blossoms forth, O Siblings of Destiny, and the heart is illumined.

640 : 1792

The Glory of God has been revealed, O Siblings of Destiny, and the earth and sky have blossomed forth. ||5||

640 : 1793

The Perfect Guru has blessed me with contentment, O Siblings of Destiny; day and night, I remain attached to the Lord's Love.

640 : 1794

My tongue continually chants the Lord's Name, O Siblings of Destiny; this is the true taste, and the object of human life.

640 : 1795

Listening with my ears, I hear and so I live, O Siblings of Destiny; I have obtained the unchanging, unmoving state.

640 : 1796

That soul, which does not place its faith in the Lord shall burn, O Siblings of Destiny. ||6||

640 : 1797

My Lord and Master has so many virtues, O Siblings of Destiny; I am a sacrifice to Him.

640 : 1798

He nurtures even the most worthless, O Siblings of Destiny, and gives home to the homeless.

640 : 1799

He gives us nourishment with each and every breath, O Siblings of Destiny; His Name is everlasting.

640 : 1800

One who meets with the True Guru, O Siblings of Destiny, does so only by perfect destiny. ||7||

640 : 1801

Without Him, I cannot live, even for an instant, O Siblings of Destiny; He is totally filled with all powers.

640 : 1802

With every breath and morsel of food, I will not forget Him, O Siblings of Destiny; I behold Him ever-present.

640 : 1803

In the Saadh Sangat, the Company of the Holy, I meet Him, O Siblings of Destiny; He is totally pervading and permeating everywhere.

640 : 1804

Those who do not embrace love for the Lord, O Siblings of Destiny, always die crying out in pain. ||8||

640 : 1805

Grasping hold of the hem of His robe, O Siblings of Destiny, we are carried across the world-ocean of fear and pain.

640 : 1806

By His Glance of Grace, He has blessed us, O Siblings of Destiny; He shall be with us until the very end.

640 : 1807

My mind and body are soothed and calmed, O Siblings of Destiny, nourished by the food of the Naam.

640 : 1808

Nanak has entered His Sanctuary, O Siblings of Destiny; the Lord is the Destroyer of sins. ||9||1||

640 : 1809

Sorat'h, Fifth Mehl:

640 : 1810

The womb of the mother is an ocean of pain, O Beloved; even there, the Lord causes His Name to be chanted.

640 : 1811

When he emerges, he finds corruption pervading everywhere, O Beloved, and he becomes increasingly attached to Maya.

640 : 1812

One whom the Lord blesses with His kind favor, O Beloved, meets the Perfect Guru.

640 : 1813

He worships the Lord in adoration with each and every breath, O Beloved; he is lovingly attached to the Lord's Name. ||1||

640 : 1814

You are the support of my mind and body, O Beloved; You are the support of my mind and body.

640 : 1815

There is no other Creator except for You, O Beloved; You alone are the Inner-knower, the Searcher of hearts. ||Pause||

640 : 1816

After wandering in doubt for millions of incarnations, he comes into the world, O Beloved; for uncounted lifetimes, he has suffered in pain.

640 : 1817

He has forgotten his True Lord and Master, O Beloved, and so he suffers terrible punishment.

Those who meet with the Perfect True Guru, O Beloved, are attached to the True Name.

-- Raag Sorat'h – Part 046 --

## Raag Sorat'h – Part 047

---

641 : 1819

We are saved by following those, O Beloved, who seek the Sanctuary of the True Lord. ||2||

641 : 1820

He thinks that his food is so sweet, O Beloved, but it makes his body ill.

641 : 1821

It turns out to be bitter, O Beloved, and it produces only sadness.

641 : 1822

The Lord leads him astray in the enjoyment of pleasures, O Beloved, and so his sense of separation does not depart.

641 : 1823

Those who meet the Guru are saved, O Beloved; this is their pre-ordained destiny. ||3||

641 : 1824

He is filled with longing for Maya, O Beloved, and so the Lord does not ever come into his mind.

641 : 1825

Those who forget You, O Supreme Lord Master, their bodies turn to dust.

641 : 1826

They cry out and scream horribly, O Beloved, but their torment does not end.

641 : 1827

Those who meet the Guru, and reform themselves, O Beloved, their capital remains intact.

||4||

641 : 1828

As far as possible, do not associate with the faithless cynics, O Beloved.

641 : 1829

Meeting with them, the Lord is forgotten, O Beloved, and you rise and depart with a blackened face.

641 : 1830

The self-willed manmukh finds no rest or shelter, O Beloved; in the Court of the Lord, they are punished.

641 : 1831

Those who meet with the Guru, and reform themselves, O Beloved, their affairs are resolved. ||5||

641 : 1832

One may have thousands of clever tricks and techniques of austere self-discipline, O Beloved, but not even one of them will go with him.

641 : 1833

Those who turn their backs on the Lord of the Universe, O Beloved, their families are stained with disgrace.

641 : 1834

They do not realize that they do have Him , O Beloved; falsehood will not go with them.

641 : 1835

Those who meet with the True Guru, O Beloved, dwell upon the True Name. ||6||

641 : 1836

When the Lord casts His Glance of Grace, O Beloved, one is blessed with Truth, contentment, wisdom and meditation.

641 : 1837

Night and day, he sings the Kirtan of the Lord's Praises, O Beloved, totally filled with Ambrosial Nectar.

641 : 1838

He crosses over the sea of pain, O Beloved, and swims across the terrifying world–ocean.

641 : 1839

One who is pleasing to His Will, He unites with Himself, O Beloved; he is forever true. ||7||

641 : 1840

The all–powerful Divine Lord is compassionate, O Beloved; He is the Support of His devotees.

641 : 1841

I seek His Sanctuary, O Beloved; He is the Inner–knower, the Searcher of hearts.

641 : 1842

He has adorned me in this world and the next, O Beloved; He has placed the Emblem of Truth upon my forehead.

641 : 1843

I shall never forget that God, O Beloved; Nanak is forever a sacrifice to Him. ||8||2||

641 : 1844

Sorat'h, Fifth Mehl, Second House, Ashtapadees:

641 : 1845

One Universal Creator God. By The Grace Of The True Guru:

641 : 1846

They read scriptures, and contemplate the Vedas; they practice the inner cleansing techniques of Yoga, and control of the breath.

641 : 1847

But they cannot escape from the company of the five passions; they are increasingly bound to egotism. ||1||

641 : 1848

O Beloved, this is not the way to meet the Lord; I have performed these rituals so many times.

641 : 1849

I have collapsed, exhausted, at the Door of my Lord Master; I pray that He may grant me a discerning intellect. ||Pause||

641 : 1850

One may remain silent and use his hands as begging bowls, and wander naked in the forest.

641 : 1851

He may make pilgrimages to river banks and sacred shrines all over the world, but his sense of duality will not leave him. ||2||

-- Raag Sorat'h – Part 047 --

## Raag Sorat'h – Part 048

---

642 : 1852

His mind's desires may lead him to go and dwell at sacred places of pilgrimage, and offer his head to be sawn off;

642 : 1853

but this will not cause the filth of his mind to depart, even though he may make thousands of efforts. ||3||

642 : 1854

He may give gifts of all sorts – gold, women, horses and elephants.

642 : 1855

He may make offerings of corn, clothes and land in abundance, but this will not lead him to the Lord's Door. ||4||

642 : 1856

He may remain devoted to worship and adoration, bowing his forehead to the floor, practicing the six religious rituals.

642 : 1857

He indulges in egotism and pride, and falls into entanglements, but he does not meet the Lord by these devices. ||5||

642 : 1858

He practices the eighty–four postures of Yoga, and acquires the supernatural powers of the Siddhas, but he gets tired of practicing these.

642 : 1859

He lives a long life, but is reincarnated again and again; he has not met with the Lord. ||6||

642 : 1860

He may enjoy princely pleasures, and regal pomp and ceremony, and issue unchallenged commands.

642 : 1861

He may lie on beautiful beds, perfumed with sandalwood oil, but this will led him only to the gates of the most horrible hell. ||7||

642 : 1862

Singing the Kirtan of the Lord's Praises in the Saadh Sangat, the Company of the Holy, is the highest of all actions.

642 : 1863

Says Nanak, he alone obtains it, who is pre–destined to receive it. ||8||

642 : 1864

Your slave is intoxicated with this Love of Yours.

642 : 1865

The Destroyer of the pains of the poor has become merciful to me, and this mind is imbued with the Praises of the Lord, Har, Har. ||Second Pause||1||3||

642 : 1866

Vaar Of Raag Sorat'h, Fourth Mehl:

642 : 1867

One Universal Creator God. By The Grace Of The True Guru:

642 : 1868

Shalok, First Mehl:

642 : 1869

Sorat'h is always beautiful, if it brings the True Lord to dwell in the mind of the soul-bride.

642 : 1870

Her teeth are clean and her mind is not split by duality; the Name of the True Lord is on her tongue.

642 : 1871

Here and hereafter, she abides in the Fear of God, and serves the True Guru without hesitation.

642 : 1872

Discarding worldly adornments, she meets her Husband Lord, and she celebrates joyfully with Him.

642 : 1873

She is adorned forever with the Name in her mind, and she does not have even an iota of filth.

642 : 1874

Her husband's younger and elder brothers, the corrupt desires, have died, suffering in pain; and now, who fears Maya, the mother-in-law?

642 : 1875

If she becomes pleasing to her Husband Lord, O Nanak, she bears the jewel of good karma upon her forehead, and everything is Truth to her. ||1||

642 : 1876

Fourth Mehl:

642 : 1877

Sorat'h is beautiful only when it leads the soul-bride to seek the Lord's Name.

642 : 1878

She pleases her Guru and God; under Guru's Instruction, she speaks the Name of the Lord, Har, Har.

642 : 1879

She is attracted to the Lord's Name, day and night, and her body is drenched in the color of the Love of the Lord, Har, Har.

642 : 1880

No other being like the Lord God can be found; I have looked and searched over the whole world.

642 : 1881

The Guru, the True Guru, has implanted the Naam within me; my mind does not waver any more.

642 : 1882

Servant Nanak is the Lord's slave, the slave of the slaves of the Guru, the True Guru. ||2||

642 : 1883

Pauree:

642 : 1884

You Yourself are the Creator, the Fashioner of the world.

642 : 1885

You Yourself have arranged the play, and You Yourself arrange it.

642 : 1886

You Yourself are the Giver and the Creator; You Yourself are the Enjoyer.

642 : 1887

The Word of Your Shabad is pervading everywhere, O Creator Lord.

642 : 1888

As Gurmukh, I ever praise the Lord; I am a sacrifice to the Guru. ||1||

-- Raag Sorat'h – Part 048 --

## Raag Sorat'h – Part 049

---

643 : 1889

Shalok, Third Mehl:

643 : 1890

In the flames of egotism, he is burnt to death; he wanders in doubt and the love of duality.

643 : 1891

The Perfect True Guru saves him, making him His own.

643 : 1892

This world is burning; through the Sublime Word of the Guru's Shabad, this comes to be seen.

643 : 1893

Those who are attuned to the Shabad are cooled and soothed; O Nanak, they practice Truth. ||1||

643 : 1894

Third Mehl:

643 : 1895

Service to the True Guru is fruitful and rewarding; blessed and acceptable is such a life.

643 : 1896

Those who do not forget the True Guru, in life and in death, are truly wise people.

643 : 1897

Their families are saved, and they are approved by the Lord.

643 : 1898

The Gurmukhs are approved in death as in life, while the self-willed manmukhs continue the cycle of birth and death.

643 : 1899

O Nanak, they are not described as dead, who are absorbed in the Word of the Guru's Shabad. ||2||

643 : 1900

Pauree:

643 : 1901

Serve the Immaculate Lord God, and meditate on the Lord's Name.

643 : 1902

Join the Society of the Holy Saints, and be absorbed in the Lord's Name.

643 : 1903

O Lord, glorious and great is service to You; I am so foolish

643 : 1904

– please, commit me to it. I am Your servant and slave; command me, according to Your Will.

643 : 1905

As Gurmukh, I shall serve You, as Guru has instructed me. ||2||

643 : 1906

Shalok, Third Mehl:

643 : 1907

He acts according to pre-ordained destiny, written by the Creator Himself.

643 : 1908

Emotional attachment has drugged him, and he has forgotten the Lord, the treasure of virtue.

643 : 1909

Don't think that he is alive in the world – he is dead, through the love of duality.

643 : 1910

Those who do not meditate on the Lord, as Gurmukh, are not permitted to sit near the Lord.

643 : 1911

They suffer the most horrible pain and suffering, and neither their sons nor their wives go along with them.

643 : 1912

Their faces are blackened among men, and they sigh in deep regret.

643 : 1913

No one places any reliance in the self-willed manmukhs; trust in them is lost.

643 : 1914

O Nanak, the Gurmukhs live in absolute peace; the Naam, the Name of the Lord, abides within them. ||1||

643 : 1915

Third Mehl:

643 : 1916

They alone are relatives, and they alone are friends, who, as Gurmukh, join together in love.

643 : 1917

Night and day, they act according to the True Guru's Will; they remain absorbed in the True Name.

643 : 1918

Those who are attached to the love of duality are not called friends; they practice egotism and corruption.

643 : 1919

The self-willed manmukhs are selfish; they cannot resolve anyone's affairs.

643 : 1920

O Nanak, they act according to their pre-ordained destiny; no one can erase it. ||2||

643 : 1921

Pauree:

643 : 1922

You Yourself created the world, and You Yourself arranged the play of it.

643 : 1923

You Yourself created the three qualities, and fostered emotional attachment to Maya.

643 : 1924

He is called to account for his deeds done in egotism; he continues coming and going in reincarnation.

643 : 1925

The Guru instructs those whom the Lord Himself blesses with Grace.

643 : 1926

I am a sacrifice to my Guru; forever and ever, I am a sacrifice to Him. ||3||

643 : 1927

Shalok, Third Mehl:

643 : 1928

The love of Maya is enticing; without teeth, it has eaten up the world.

643 : 1929

The self-willed manmukhs are eaten away, while the Gurmukhs are saved; they focus their consciousness on the True Name.

643 : 1930

Without the Name, the world wanders around insane; the Gurmukhs come to see this.

-- Raag Sorat'h – Part 049 --

## Raag Sorat'h – Part 050

---

644 : 1931

Involvement in worldly affairs, he wastes his life in vain; the peace-giving Lord does not come to abide in his mind.

644 : 1932

O Nanak, they alone obtain the Name, who have such pre-ordained destiny. ||1||

644 : 1933

Third Mehl:

644 : 1934

The home within is filled with Ambrosial Nectar, but the self-willed manmukh does not get to taste it.

644 : 1935

He is like the deer, who does not recognize its own musk-scent; it wanders around, deluded by doubt.

644 : 1936

The manmukh forsakes the Ambrosial Nectar, and instead gathers poison; the Creator Himself has fooled him.

644 : 1937

How rare are the Gurmukhs, who obtain this understanding; they behold the Lord God within themselves.

644 : 1938

Their minds and bodies are cooled and soothed, and their tongues enjoy the sublime taste of the Lord.

644 : 1939

Through the Word of the Shabad, the Name wells up; through the Shabad, we are united in the Lord's Union.

644 : 1940

Without the Shabad, the whole world is insane, and it loses its life in vain.

644 : 1941

The Shabad alone is Ambrosial Nectar; O Nanak, the Gurmukhs obtain it. ||2||

644 : 1942

Pauree:

644 : 1943

The Lord God is inaccessible; tell me, how can we find Him?

644 : 1944

He has no form or feature, and He cannot be seen; tell me, how can we meditate on Him?

644 : 1945

The Lord is formless, immaculate and inaccessible; which of His Virtues should we speak of and sing?

644 : 1946

They alone walk on the Lord's Path, whom the Lord Himself instructs.

644 : 1947

The Perfect Guru has revealed Him to me; serving the Guru, He is found. ||4||

644 : 1948

Shalok, Third Mehl:

644 : 1949

It is as if my body has been crushed in the oil–press, without yielding even a drop of blood;

644 : 1950

it is as if my soul has been cut apart into pieces for the sake of the Love of the True Lord;

644 : 1951

O Nanak, still, night and day, my Union with the Lord is not broken. ||1||

644 : 1952

Third Mehl:

644 : 1953

My Friend is so full of joy and love; He colors my mind with the color of His Love,

644 : 1954

like the fabric which is treated to retain the color of the dye.

644 : 1955

O Nanak, this color does not depart, and no other color can be imparted to this fabric. ||2||

644 : 1956

Pauree:

644 : 1957

The Lord Himself is pervading everywhere; the Lord Himself causes us to chant His Name.

644 : 1958

The Lord Himself created the creation; He commits all to their tasks.

644 : 1959

He engages some in devotional worship, and others, He causes to stray.

644 : 1960

He places some on the Path, while He leads others into the wilderness.

644 : 1961

Servant Nanak meditates on the Naam, the Name of the Lord; as Gurmukh, he sings the Glorious Praises of the Lord. ||5||

644 : 1962

Shalok, Third Mehl:

644 : 1963

Service to the True Guru is fruitful and rewarding, if one performs it with his mind focused on it.

644 : 1964

The fruits of the mind's desires are obtained, and egotism departs from within.

644 : 1965

His bonds are broken, and he is liberated; he remains absorbed in the True Lord.

644 : 1966

It is so difficult to obtain the Naam in this world; it comes to dwell in the mind of the Gurmukh.

644 : 1967

O Nanak, I am a sacrifice to one who serves his True Guru. ||1||

644 : 1968

Third Mehl:

644 : 1969

The mind of the self-willed manmukh is so very stubborn; it is stuck in the love of duality.

644 : 1970

He does not find peace, even in dreams; he passes his life in misery and suffering.

644 : 1971

The Pandits have grown weary of going door to door, reading and reciting their scriptures; the Siddhas have gone into their trances of Samaadhi.

644 : 1972

This mind cannot be controlled; they are tired of performing religious rituals.

644 : 1973

The impersonators have grown weary of wearing false costumes, and bathing at the sixty-eight sacred shrines.

-- Raag Sorat'h – Part 050 --

# Raag Sorat'h – Part 051

---

645 : 1974

They do not know the state of their own minds; they are deluded by doubt and egotism.

645 : 1975

By Guru's Grace, the Fear of God is obtained; by great good fortune, the Lord comes to abide in the mind.

645 : 1976

When the Fear of God comes, the mind is restrained, and through the Word of the Shabad, the ego is burnt away.

645 : 1977

Those who are imbued with Truth are immaculate; their light merges in the Light.

645 : 1978

Meeting the True Guru, one obtains the Name; O Nanak, he is absorbed in peace. ||2||

645 : 1979

Pauree:

645 : 1980

The pleasures of kings and emperors are pleasing, but they last for only a few days.

645 : 1981

These pleasures of Maya are like the color of the safflower, which wears off in a moment.

645 : 1982

They do not go with him when he departs; instead, he carries the load of sins upon his

head.

645 : 1983

When death seizes him, and marches him away, then he looks absolutely hideous.

645 : 1984

That lost opportunity will not come into his hands again, and in the end, he regrets and repents. ||6||

645 : 1985

Shalok, Third Mehl:

645 : 1986

Those who turn their faces away from the True Guru, suffer in sorrow and bondage.

645 : 1987

Again and again, they are born only to die; they cannot meet their Lord.

645 : 1988

The disease of doubt does not depart, and they find only pain and more pain.

645 : 1989

O Nanak, if the Gracious Lord forgives, then one is united in Union with the Word of the Shabad. ||1||

645 : 1990

Third Mehl:

645 : 1991

Those who turn their faces away from the True Guru, shall find no place of rest or shelter.

645 : 1992

They wander around from door to door, like a woman forsaken, with a bad character and a bad reputation.

645 : 1993

O Nanak, the Gurmukhs are forgiven, and united in Union with the True Guru. ||2||

645 : 1994

Pauree:

645 : 1995

Those who serve the True Lord, the Destroyer of ego, cross over the terrifying world–ocean.

645 : 1996

Those who chant the Name of the Lord, Har, Har, are passed over by the Messenger of Death.

645 : 1997

Those who meditate on the Lord, go to His Court in robes of honor.

645 : 1998

They alone serve You, O Lord, whom You bless with Grace.

645 : 1999

I sing continually Your Glorious Praises, O Beloved; as Gurmukh, my doubts and fears have been dispelled. ||7||

645 : 2000

Shalok, Third Mehl:

645 : 2001

Upon the plate, three things have been placed; this is the sublime, ambrosial food of the Lord.

645 : 2002

Eating this, the mind is satisfied, and the Door of Salvation is found.

645 : 2003

It is so difficult to obtain this food, O Saints; it is obtained only by contemplating the Guru.

645 : 2004

Why should we cast this riddle out of our minds? We should keep it ever enshrined in our hearts.

645 : 2005

The True Guru has posed this riddle. The Guru's Sikhs have found its solution.

645 : 2006

O Nanak, he alone understands this, whom the Lord inspires to understand. The Gurmukhs work hard, and find the Lord. ||1||

645 : 2007

Third Mehl:

645 : 2008

Those whom the Primal Lord unites, remain in Union with Him; they focus their consciousness on the True Guru.

645 : 2009

Those whom the Lord Himself separates, remain separated; in the love of duality, they are ruined.

645 : 2010

O Nanak, without good karma, what can anyone obtain? He earns what he is pre–destined to receive. ||2||

645 : 2011

Pauree:

645 : 2012

Sitting together, the companions sing the Songs of the Lord's Praises.

645 : 2013

They praise the Lord's Name continually; they are a sacrifice to the Lord.

645 : 2014

Those who hear, and believe in the Lord's Name, to them I am a sacrifice.

645 : 2015

O Lord, let me unite with the Gurmukhs, who are united with You.

645 : 2016

I am a sacrifice to those who, day and night, behold their Guru. ||8||

645 : 2017

Shalok, Third Mehl:

-- Raag Sorat'h – Part 051 --

## Raag Sorat'h – Part 052

---

646 : 2018

Without the Name of the Lord, everyone wanders around the world, losing.

646 : 2019

The self-willed manmukhs do their deeds in the pitch black darkness of egotism.

646 : 2020

The Gurmukhs drink in the Ambrosial Nectar, O Nanak, contemplating the Word of the Shabad. ||1||

646 : 2021

Third Mehl:

646 : 2022

He wakes in peace, and he sleeps in peace.

646 : 2023

The Gurmukh praises the Lord night and day.

646 : 2024

The self-willed manmukh remains deluded by his doubts.

646 : 2025

He is filled with anxiety, and he cannot even sleep.

646 : 2026

The spiritually wise wake and sleep in peace.

646 : 2027

Nanak is a sacrifice to those who are imbued with the Naam, the Name of the Lord. ||2||

646 : 2028

Pauree:

646 : 2029

They alone meditate on the Lord's Name, who are imbued with the Lord.

646 : 2030

They meditate on the One Lord; the One and Only Lord is True.

646 : 2031

The One Lord is pervading everywhere; the One Lord created the Universe.

646 : 2032

Those who meditate on the Lord's Name, cast out their fears.

646 : 2033

The Lord Himself blesses them with Guru's Instruction; the Gurmukh meditates on the Lord.  
||9||

646 : 2034

Shalok, Third Mehl:

646 : 2035

Spiritual wisdom, which would bring understanding, does not enter into his mind.

646 : 2036

Without seeing, how can he praise the Lord? The blind act in blindness.

646 : 2037

O Nanak, when one realizes the Word of the Shabad, then the Naam comes to abide in the mind. ||1||

646 : 2038

Third Mehl:

646 : 2039

There is One Bani; there is One Guru; there is one Shabad to contemplate.

646 : 2040

True is the merchandise, and true is the shop; the warehouses are overflowing with jewels.

646 : 2041

By Guru's Grace, they are obtained, if the Great Giver gives them.

646 : 2042

Dealing in this true merchandise, one earns the profit of the incomparable Naam.

646 : 2043

In the midst of poison, the Ambrosial Nectar is revealed; by His Mercy, one drinks it in.

646 : 2044

O Nanak, praise the True Lord; blessed is the Creator, the Embellisher. ||2||

646 : 2045

Pauree:

646 : 2046

Those who are permeated by falsehood, do not love the Truth.

646 : 2047

If someone speaks the Truth, falsehood is burnt away.

646 : 2048

The false are satisfied by falsehood, like the crows who eat manure.

646 : 2049

When the Lord grants His Grace, then one meditates on the Naam, the Name of the Lord.

646 : 2050

As Gurmukh, worship the Lord's Name in adoration; fraud and sin shall disappear. ||10||

646 : 2051

Shalok, Third Mehl:

646 : 2052

O Shaykh, you wander in the four directions, blown by the four winds; bring your mind back to the home of the One Lord.

646 : 2053

Renounce your petty arguments, and realize the Word of the Guru's Shabad.

646 : 2054

Bow in humble respect before the True Guru; He is the Knower who knows everything.

646 : 2055

Burn away your hopes and desires, and live like a guest in this world.

646 : 2056

If you walk in harmony with the True Guru's Will, then you shall be honored in the Court of

the Lord.

646 : 2057

O Nanak, those who do not contemplate the Naam, the Name of the Lord – cursed are their clothes, and cursed is their food. ||1||

646 : 2058

Third Mehl:

646 : 2059

There is no end to the Lord's Glorious Praises; His worth cannot be described.

646 : 2060

O Nanak, the Gurmukhs chant the Glorious Praises of the Lord; they are absorbed in His Glorious Virtues. ||2||

646 : 2061

Pauree:

646 : 2062

The Lord has adorned the coat of the body; He has embroidered it with devotional worship.

646 : 2063

The Lord has woven His silk into it, in so many ways and fashions.

646 : 2064

How rare is that man of understanding, who understands, and deliberates within.

646 : 2065

He alone understands these deliberations, whom the Lord Himself inspires to understand.

Poor servant Nanak speaks: the Gurmukhs know the Lord, the Lord is True. ||11||

-- Raag Sorat'h – Part 052 --

## Raag Sorat'h – Part 053

---

647 : 2067

Shalok, Third Mehl:

647 : 2068

Great men speak the teachings by relating them to individual situations, but the whole world shares in them.

647 : 2069

One who becomes Gurmukh knows the Fear of God, and realizes his own self.

647 : 2070

If, by Guru's Grace, one remains dead while yet alive, the mind becomes content in itself.

647 : 2071

Those who have no faith in their own minds, O Nanak – how can they speak of spiritual wisdom? ||1||

647 : 2072

Third Mehl:

647 : 2073

Those who do not focus their consciousness on the Lord, as Gurmukh, suffer pain and grief in the end.

647 : 2074

They are blind, inwardly and outwardly, and they do not understand anything.

647 : 2075

O Pandit, O religious scholar, the whole world is fed for the sake of those who are attuned to the Lord's Name.

647 : 2076

Those who praise the Word of the Guru's Shabad, remain blended with the Lord.

647 : 2077

O Pandit, O religious scholar, no one is satisfied, and no one finds true wealth through the love of duality.

647 : 2078

They have grown weary of reading scriptures, but still, they do not find contentment, and they pass their lives burning, night and day.

647 : 2079

Their cries and complaints never end, and doubt does not depart from within them.

647 : 2080

O Nanak, without the Naam, the Name of the Lord, they rise up and depart with blackened faces. ||2||

647 : 2081

Pauree:

647 : 2082

O Beloved, lead me to meet my True Friend; meeting with Him, I shall ask Him to show me the Path.

647 : 2083

I am a sacrifice to that Friend, who shows it to me.

647 : 2084

I share His Virtues with Him, and meditate on the Lord's Name.

647 : 2085

I serve my Beloved Lord forever; serving the Lord, I have found peace.

647 : 2086

I am a sacrifice to the True Guru, who has imparted this understanding to me. ||12||

647 : 2087

Shalok, Third Mehl:

647 : 2088

O Pandit, O religious scholar, your filth shall not be erased, even if you read the Vedas for four ages.

647 : 2089

The three qualities are the roots of Maya; in egotism, one forgets the Naam, the Name of the Lord.

647 : 2090

The Pandits are deluded, attached to duality, and they deal only in Maya.

647 : 2091

They are filled with thirst and hunger; the ignorant fools starve to death.

647 : 2092

Serving the True Guru, peace is obtained, contemplating the True Word of the Shabad.

647 : 2093

Hunger and thirst have departed from within me; I am in love with the True Name.

647 : 2094

O Nanak, those who are imbued with the Naam, who keep the Lord clasped tightly to their hearts, are automatically satisfied. ||1||

647 : 2095

Third Mehl:

647 : 2096

The self-willed manmukh does not serve the Lord's Name, and so he suffers in horrible pain.

647 : 2097

He is filled with the darkness of ignorance, and he does not understand anything.

647 : 2098

Because of his stubborn mind, he does not plant the seeds of intuitive peace; what will he eat in the world hereafter, to satisfy his hunger?

647 : 2099

He has forgotten the treasure of the Naam; he is caught in the love of duality.

647 : 2100

O Nanak, the Gurmukhs are honored with glory, when the Lord Himself unites them in His Union. ||2||

647 : 2101

Pauree:

647 : 2102

The tongue which sings the Lord's Praises, is so very beautiful.

647 : 2103

One who speaks the Lord's Name, with mind, body and mouth, is pleasing to the Lord.

647 : 2104

That Gurmukh tastes the the sublime taste of the Lord, and is satisfied.

647 : 2105

She sings continually the Glorious Praises of her Beloved; singing His Glorious Praises, she is uplifted.

647 : 2106

She is blessed with the Lord's Mercy, and she chants the Words of the Guru, the True Guru. ||13||

647 : 2107

Shalok, Third Mehl:

647 : 2108

The elephant offers its head to the reins, and the anvil offers itself to the hammer;

647 : 2109

just so, we offer our minds and bodies to our Guru; we stand before Him, and serve Him.

-- Raag Sorat'h – Part 053 --

## Raag Sorat'h – Part 054

---

648 : 2110

This is how the Gurmukhs eliminate their self–conceit, and come to rule the whole world.

648 : 2111

O Nanak, the Gurmukh understands, when the Lord casts His Glance of Grace. ||1||

648 : 2112

Third Mehl:

648 : 2113

Blessed and approved is the coming into the world, of those Gurmukhs who meditate on the Naam, the Name of the Lord.

648 : 2114

O Nanak, they save their families, and they are honored in the Court of the Lord. ||2||

648 : 2115

Pauree:

648 : 2116

The Guru unites His Sikhs, the Gurmukhs, with the Lord.

648 : 2117

The Guru keeps some of them with Himself, and engages others in His Service.

648 : 2118

Those who cherish their Beloved in their conscious minds, the Guru blesses them with His Love.

648 : 2119

The Guru loves all of His Gursikhs equally well, like friends, children and siblings.

648 : 2120

So chant the Name of the Guru, the True Guru, everyone! Chanting the Name of the Guru, Guru, you shall be rejuvenated. ||14||

648 : 2121

Shalok, Third Mehl:

648 : 2122

O Nanak, the blind, ignorant fools do not remember the Naam, the Name of the Lord; they involve themselves in other activities.

648 : 2123

They are bound and gagged at the door of the Messenger of Death; they are punished, and in the end, they rot away in manure. ||1||

648 : 2124

Third Mehl:

648 : 2125

O Nanak, those humble beings are true and approved, who serve their True Guru.

648 : 2126

They remain absorbed in the Name of the Lord, and their comings and goings cease. ||2||

648 : 2127

Pauree:

648 : 2128

Gathering the wealth and property of Maya, brings only pain in the end.

648 : 2129

Homes, mansions and adorned palaces will not go with anyone.

648 : 2130

He may breed horses of various colors, but these will not be of any use to him.

648 : 2131

O human, link your consciousness to the Lord's Name, and in the end, it shall be your companion and helper.

648 : 2132

Servant Nanak meditates on the Naam, the Name of the Lord; the Gurmukh is blessed with peace. ||15||

648 : 2133

Shalok, Third Mehl:

648 : 2134

Without the karma of good actions, the Name is not obtained; it can be obtained only by perfect good karma.

648 : 2135

O Nanak, if the Lord casts His Glance of Grace, then under Guru's Instruction, one is united in His Union. ||1||

648 : 2136

First Mehl:

648 : 2137

Some are cremated, and some are buried; some are eaten by dogs.

648 : 2138

Some are thrown into water, while others are thrown into wells.

648 : 2139

O Nanak, it is not known, where they go and into what they merge. ||2||

648 : 2140

Pauree:

648 : 2141

The food and clothes, and all the worldly possessions of those who are attuned to the Lord's Name are sacred.

648 : 2142

All the homes, temples, palaces and way–stations are sacred, where the Gurmukhs, the selfless servants, the Sikhs and the renouncers of the world, go and take their rest.

648 : 2143

All the horses, saddles and horse blankets are sacred, upon which the Gurmukhs, the Sikhs, the Holy and the Saints, mount and ride.

648 : 2144

All the rituals and Dharmic practices and deeds are sacred, for those who utter the Name of the Lord, Har, Har, the True Name of the Lord.

648 : 2145

Those Gurmukhs, those Sikhs, who have purity as their treasure, go to their Guru. ||16||

648 : 2146

Shalok, Third Mehl:

648 : 2147

O Nanak, forsaking the Name, he loses everything, in this world and the next.

648 : 2148

Chanting, deep meditation and austere self–disciplined practices are all wasted; he is deceived by the love of duality.

648 : 2149

He is bound and gagged at the door of the Messenger of Death. He is beaten, and receives terrible punishment. ||1||

— Raag Sorat'h – Part 054 —

# Raag Sorat'h – Part 055

---

649 : 2150

Third Mehl:

649 : 2151

They inflict their hatred upon the Saints, and they love the wicked sinners.

649 : 2152

They find no peace in either this world or the next; they are born only to die, again and again.

649 : 2153

Their hunger is never satisfied, and they are ruined by duality.

649 : 2154

The faces of these slanderers are blackened in the Court of the True Lord.

649 : 2155

O Nanak, without the Naam, they find no shelter on either this shore, or the one beyond.  
||2||

649 : 2156

Pauree:

649 : 2157

Those who meditate on the Lord's Name, are imbued with the Name of the Lord, Har, Har, in their minds.

649 : 2158

For those who worship the One Lord in their conscious minds, there is no other than the One Lord.

649 : 2159

They alone serve the Lord, upon whose foreheads such pre-ordained destiny is written.

649 : 2160

They continually sing the Glorious Praises of the Lord, and singing the Glories of the Glorious Lord, they are uplifted.

649 : 2161

Great is the greatness of the Gurmukhs, who, through the Perfect Guru, remain absorbed in the Lord's Name. ||17||

649 : 2162

Shalok, Third Mehl:

649 : 2163

It is very difficult to serve the True Guru; offer your head, and eradicate self-conceit.

649 : 2164

One who dies in the Word of the Shabad shall never have to die again; his service is totally approved.

649 : 2165

Touching the philosopher's stone, one becomes the philosopher's stone, which transforms lead into gold; remain lovingly attached to the True Lord.

649 : 2166

One who has such pre-ordained destiny, comes to meet the True Guru and God.

649 : 2167

O Nanak, the Lord's servant does not meet Him because of his own account; he alone is acceptable, whom the Lord forgives. ||1||

649 : 2168

Third Mehl:

649 : 2169

The fools do not know the difference between good and bad; they are deceived by their self-interests.

649 : 2170

But if they contemplate the Word of the Shabad, they obtain the Mansion of the Lord's Presence, and their light merges in the Light.

649 : 2171

The Fear of God is always on their minds, and so they come to understand everything.

649 : 2172

The True Guru is pervading the homes within; He Himself blends them with the Lord.

649 : 2173

O Nanak, they meet the True Guru, and all their desires are fulfilled, if the Lord grants His Grace and so wills. ||2||

649 : 2174

Pauree:

649 : 2175

Blessed, blessed is the good fortune of those devotees, who, with their mouths, utter the Name of the Lord.

649 : 2176

Blessed, blessed is the good fortune of those Saints, who, with their ears, listen to the Lord's Praises.

649 : 2177

Blessed, blessed is the good fortune of those holy people, who sing the Kirtan of the Lord's Praises, and so become virtuous.

649 : 2178

Blessed, blessed is the good fortune of those Gurmukhs, who live as Gursikhs, and conquer their minds.

649 : 2179

But the greatest good fortune of all, is that of the Guru's Sikhs, who fall at the Guru's feet. ||18||

649 : 2180

Shalok, Third Mehl:

649 : 2181

One who knows God, and who lovingly focuses his attention on the One Word of the Shabad, keeps his spirituality intact.

649 : 2182

The nine treasures and the eighteen spiritual powers of the Siddhas follow him, who keeps the Lord enshrined in his heart.

649 : 2183

Without the True Guru, the Name is not found; understand this, and reflect upon it.

649 : 2184

O Nanak, through perfect good destiny, one meets the True Guru, and finds peace, throughout the four ages. ||1||

649 : 2185

Third Mehl:

649 : 2186

Whether he is young or old, the self-willed manmukh cannot escape hunger and thirst.

649 : 2187

The Gurmukhs are imbued with the Word of the Shabad; they are at peace, having lost their self-conceit.

649 : 2188

They are satisfied and satiated within; they never feel hungry again.

— Raag Sorat'h – Part 055 —

## Raag Sorat'h – Part 056

---

650 : 2189

O Nanak, whatever the Gurmukhs do is acceptable; they remain lovingly absorbed in the Naam, the Name of the Lord. ||2||

650 : 2190

Pauree:

650 : 2191

I am a sacrifice to those Sikhs who are Gurmukhs.

650 : 2192

I behold the Blessed Vision, the Darshan of those who meditate on the Lord's Name.

650 : 2193

Listening to the Kirtan of the Lord's Praises, I contemplate His virtues; I write His Praises on the fabric of my mind.

650 : 2194

I praise the Lord's Name with love, and eradicate all my sins.

650 : 2195

Blessed, blessed and beautiful is that body and place, where my Guru places His feet.  
||19||

650 : 2196

Shalok, Third Mehl:

650 : 2197

Without the Guru, spiritual wisdom is not obtained, and peace does not come to abide in the mind.

650 : 2198

O Nanak, without the Naam, the Name of the Lord, the self-willed manmukhs depart, after having wasted their lives. ||1||

650 : 2199

Third Mehl:

650 : 2200

All the Siddhas, spiritual masters and seekers search for the Name; they have grown weary of concentrating and focusing their attention.

650 : 2201

Without the True Guru, no one finds the Name; the Gurmukhs unite in Union with the Lord.

650 : 2202

Without the Name, all food and clothes are worthless; cursed is such spirituality, and cursed are such miraculous powers.

650 : 2203

That alone is spirituality, and that alone is miraculous power, which the Carefree Lord spontaneously bestows.

650 : 2204

O Nanak, the Lord's Name abides in the mind of the Gurmukh; this is spirituality, and this is miraculous power. ||2||

650 : 2205

Pauree:

650 : 2206

I am a minstrel of God, my Lord and Master; every day, I sing the songs of the Lord's Glorious Praises.

650 : 2207

I sing the Kirtan of the Lord's Praises, and I listen to the Praises of the Lord, the Master of wealth and Maya.

650 : 2208

The Lord is the Great Giver; all the world is begging; all beings and creatures are beggars.

650 : 2209

O Lord, You are kind and compassionate; You give Your gifts to even worms and insects among the rocks.

650 : 2210

Servant Nanak meditates on the Naam, the Name of the Lord; as Gurmukh, he has become truly wealthy. ||20||

650 : 2211

Shalok, Third Mehl:

650 : 2212

Reading and studying are just worldly pursuits, if there is thirst and corruption within.

650 : 2213

Reading in egotism, all have grown weary; through the love of duality, they are ruined.

650 : 2214

He alone is educated, and he alone is a wise Pandit, who contemplates the Word of the Guru's Shabad.

650 : 2215

He searches within himself, and finds the true essence; he finds the Door of Salvation.

650 : 2216

He finds the Lord, the treasure of excellence, and peacefully contemplates Him.

650 : 2217

Blessed is the trader, O Nanak, who, as Gurmukh, takes the Name as his only Support. ||1||

650 : 2218

Third Mehl:

650 : 2219

Without conquering his mind, no one can be successful. See this, and concentrate on it.

650 : 2220

The wandering holy men are tired of making pilgrimages to sacred shrines; they have not been able to conquer their minds.

650 : 2221

The Gurmukh has conquered his mind, and he remains lovingly absorbed in the True Lord.

650 : 2222

O Nanak, this is how the filth of the mind is removed; the Word of the Shabad burns away the ego. ||2||

650 : 2223

Pauree:

650 : 2224

O Saints of the Lord, O my Siblings of Destiny, please meet with me, and implant the Name of the One Lord within me.

650 : 2225

O humble servants of the Lord, adorn me with the decorations of the Lord, Har, Har; let me wear the robes of the Lord's forgiveness.

650 : 2226

Such decorations are pleasing to my God; such love is dear to the Lord.

650 : 2227

I chant the Name of the Lord, Har, Har, day and night; in an instant, all sins are eradicated.

650 : 2228

That Gurmukh, unto whom the Lord becomes merciful, chants the Lord's Name, and wins the game of life. ||21||

— Raag Sorat'h – Part 056 —

# Raag Sorat'h – Part 057

---

651 : 2229

Shalok, Third Mehl:

651 : 2230

The filth of countless incarnations sticks to this mind; it has become pitch black.

651 : 2231

The oily rag cannot be cleaned by merely washing it, even if it is washed a hundred times.

651 : 2232

By Guru's Grace, one remains dead while yet alive; his intellect is transformed, and he becomes detached from the world.

651 : 2233

O Nanak, no filth sticks to him, and he does not fall into the womb again. ||1||

651 : 2234

Third Mehl:

651 : 2235

Kali Yuga is called the Dark Age, but the most sublime state is attained in this age.

651 : 2236

The Gurmukh obtains the fruit, the Kirtan of the Lord's Praises; this is his destiny, ordained by the Lord.

651 : 2237

O Nanak, by Guru's Grace, he worships the Lord night and day; he chants the Lord's

Name, and remains absorbed in the Lord's devotional worship. ||2||

651 : 2238

Pauree:

651 : 2239

O Lord, unite me with the Saadh Sangat, the Company of the Holy, so that with my mouth, I may speak the sublime Word of the Guru's Bani.

651 : 2240

I sing the Glorious Praises of the Lord, and constantly chant the Lord's Name; through the Guru's Teachings, I enjoy the Lord's Love constantly.

651 : 2241

I take the medicine of meditation on the Lord's Name, which has cured all diseases and multitudes of sufferings.

651 : 2242

Those who do not forget the Lord, while breathing or eating – know them to be the perfect servants of the Lord.

651 : 2243

Those Gurmukhs who worship the Lord in adoration end their subservience to the Messenger of Death, and to the world. ||22||

651 : 2244

Shalok, Third Mehl:

651 : 2245

O man, you have been tormented by a nightmare, and you have passed your life in sleep.

651 : 2246

You did not wake to hear the Word of the True Guru's Shabad; you have no inspiration within yourself.

651 : 2247

That body burns, which has no virtue, and which does not serve the Guru.

651 : 2248

I have seen that the world is burning, in egotism and the love of duality.

651 : 2249

O Nanak, those who seek the Guru's Sanctuary are saved; within their minds, they meditate on the True Word of the Shabad. ||1||

651 : 2250

Third Mehl:

651 : 2251

Attuned to the Word of the Shabad, the soul-bride is rid of egotism, and she is glorified.

651 : 2252

If she walks steadily in the way of His Will, then she is adorned with decorations.

651 : 2253

Her couch becomes beautiful, and she constantly enjoys her Husband Lord; she obtains the Lord as her Husband.

651 : 2254

The Lord does not die, and she never suffers pain; she is a happy soul-bride forever.

651 : 2255

O Nanak, the Lord God unites her with Himself; she enshrines love and affection for the Guru. ||2||

651 : 2256

Pauree:

651 : 2257

Those who conceal and deny their Guru, are the most evil people.

651 : 2258

O Dear Lord, let me not even see them; they are the worst sinners and murderers.

651 : 2259

They wander from house to house, with impure minds, like wicked, forsaken women.

651 : 2260

But by great good fortune, they may meet the Company of the Holy; as Gurmukhs, they are reformed.

651 : 2261

O Lord, please be kind and let me meet the True Guru; I am a sacrifice to the Guru. ||23||

651 : 2262

Shalok, Third Mehl:

651 : 2263

Serving the Guru, peace is produced, and then, one does not suffer in pain.

651 : 2264

The cycle of birth and death is brought to an end, and death has no power over at all.

651 : 2265

His mind is imbued with the Lord, and he remains merged in the True Lord.

651 : 2266

O Nanak, I am a sacrifice to those who walk in the Way of the True Guru's Will. ||1||

651 : 2267

Third Mehl:

651 : 2268

Without the Word of the Shabad, purity is not obtained, even though the soul-bride may adorn herself with all sorts of decorations.

— Raag Sorat'h – Part 057 —

## Raag Sorat'h – Part 058

---

652 : 2269

She does not know the value of her Husband Lord; she is attached to the love of duality.

652 : 2270

She is impure, and ill-mannered, O Nanak; among women, she is the most evil woman.  
||2||

652 : 2271

Pauree:

652 : 2272

Be kind to me, Lord, that I might chant the Word of Your Bani.

652 : 2273

May I meditate on the Lord's Name, chant the Lord's Name, and obtain the profit of the Lord's Name.

652 : 2274

I am a sacrifice to those who chant the Name of the Lord, Har, Har, day and night.

652 : 2275

May I behold with my eyes those who worship and adore my Beloved True Guru.

652 : 2276

I am a sacrifice to my Guru, who has united me with my Lord, my friend, my very best friend. ||24||

652 : 2277

Shalok, Fourth Mehl:

652 : 2278

The Lord loves His slaves; the Lord is the friend of His slaves.

652 : 2279

The Lord is under the control of His slaves, like the musical instrument under the control of the musician.

652 : 2280

The Lord's slaves meditate on the Lord; they love their Beloved.

652 : 2281

Please, hear me, O God – let Your Grace rain over the whole world.

652 : 2282

The praise of the Lord's slaves is the Glory of the Lord.

652 : 2283

The Lord loves His Own Glory, and so His humble servant is celebrated and hailed.

652 : 2284

That humble servant of the Lord meditates on the Naam, the Name of the Lord; the Lord, and the Lord's humble servant, are one and the same.

652 : 2285

Servant Nanak is the slave of the Lord; O Lord, O God, please, preserve his honor. ||1||

652 : 2286

Fourth Mehl:

652 : 2287

Nanak loves the True Lord; without Him, he cannot even survive.

652 : 2288

Meeting the True Guru, one finds the Perfect Lord, and the tongue enjoys the sublime essence of the Lord. ||2||

652 : 2289

Pauree:

652 : 2290

Night and day, morning and night, I sing to You, Lord.

652 : 2291

All beings and creatures meditate on Your Name.

652 : 2292

You are the Giver, the Great Giver; we eat whatever You give us.

652 : 2293

In the congregation of the devotees, sins are eradicated.

652 : 2294

Servant Nanak is forever a sacrifice, a sacrifice, a sacrifice, O Lord. ||25||

652 : 2295

Shalok, Fourth Mehl:

652 : 2296

He has spiritual ignorance within, and his intellect is dull and dim; he does not place his

faith in the True Guru.

652 : 2297

He has deceit within himself, and so he sees deception in all others; through his deceptions, he is totally ruined.

652 : 2298

The True Guru's Will does not enter into his consciousness, and so he wanders around, pursuing his own interests.

652 : 2299

If He grants His Grace, then Nanak is absorbed into the Word of the Shabad. ||1||

652 : 2300

Fourth Mehl:

652 : 2301

The self-willed manmukhs are engrossed in emotional attachment to Maya; in the love of duality, their minds are unsteady.

652 : 2302

Night and day, they are burning; day and night, they are totally ruined by their egotism.

652 : 2303

Within them, is the total pitch darkness of greed, and no one even approaches them.

652 : 2304

They themselves are miserable, and they never find peace; they are born, only to die, and die again.

652 : 2305

O Nanak, the True Lord God forgives those, who focus their consciousness on the Guru's feet. ||2||

652 : 2306

Pauree:

652 : 2307

That Saint, that devotee, is acceptable, who is loved by God.

652 : 2308

Those beings are wise, who meditate on the Lord.

652 : 2309

They eat the food, the treasure of the Ambrosial Naam, the Name of the Lord.

652 : 2310

They apply the dust of the feet of the Saints to their foreheads.

-- Raag Sorat'h – Part 058 --

## Raag Sorat'h – Part 059

---

653 : 2311

O Nanak, they are purified, bathing in the sacred shrine of the Lord. ||26||

653 : 2312

Shalok, Fourth Mehl:

653 : 2313

Within the Gurmukh is peace and tranquility; his mind and body are absorbed in the Naam, the Name of the Lord.

653 : 2314

He contemplates the Naam, he studies the Naam, and he remains lovingly absorbed in the Naam.

653 : 2315

He obtains the treasure of the Naam, and his anxiety is dispelled.

653 : 2316

Meeting with the Guru, the Naam wells up, and his thirst and hunger are completely relieved.

653 : 2317

O Nanak, imbued with the Naam, he gathers in the Naam. ||1||

653 : 2318

Fourth Mehl:

653 : 2319

One who is cursed by the True Guru, abandons his home, and wanders around aimlessly.

653 : 2320

He is jeered at, and his face is blackened in the world hereafter.

653 : 2321

He babbles incoherently, and foaming at the mouth, he dies.

653 : 2322

What can anyone do? Such is his destiny, according to his past deeds.

653 : 2323

Wherever he goes, he is a liar, and by telling lies, he not liked by anyone.

653 : 2324

O Siblings of Destiny, behold this, the glorious greatness of our Lord and Master, O Saints; as one behaves, so does he receive.

653 : 2325

This shall be God's determination in His True Court; servant Nanak predicts and proclaims this. ||2||

653 : 2326

Pauree:

653 : 2327

The True Guru has established the village; the Guru has appointed its guards and protectors.

653 : 2328

My hopes are fulfilled, and my mind is imbued with the love of the Guru's Feet.

653 : 2329

The Guru is infinitely merciful; He has erased all my sins.

653 : 2330

The Guru has showered me with His Mercy, and He has made me His own.

653 : 2331

Nanak is forever a sacrifice to the Guru, who has countless virtues. ||27||

653 : 2332

Shalok, First Mehl:

653 : 2333

By His Command, we receive our pre-ordained rewards; so what can we do now, O Pandit?

653 : 2334

When His Command is received, then it is decided; all beings move and act accordingly. ||1||

653 : 2335

Second Mehl:

653 : 2336

The string through the nose is in the hands of the Lord Master; one's own actions drive him on.

653 : 2337

Wherever his food is, there he eats it; O Nanak, this is the Truth. ||2||

653 : 2338

Pauree:

653 : 2339

The Lord Himself puts everything in its proper place.

653 : 2340

He Himself created the creation, and He Himself destroys it.

653 : 2341

He Himself fashions His creatures, and He Himself nourishes them.

653 : 2342

He hugs His slaves close in His embrace, and blesses them with His Glance of Grace.

653 : 2343

O Nanak, His devotees are forever in bliss; they have burnt away the love of duality. ||28||

653 : 2344

Shalok, Third Mehl:

653 : 2345

O mind, meditate on the Dear Lord, with single-minded conscious concentration.

653 : 2346

The glorious greatness of the Lord shall last forever and ever; He never regrets what He gives.

653 : 2347

I am forever a sacrifice to the Lord; serving Him, peace is obtained.

653 : 2348

O Nanak, the Gurmukh remains merged with the Lord; he burns away his ego through the Word of the Shabad. ||1||

653 : 2349

Third Mehl:

653 : 2350

He Himself enjoins us to serve Him, and He Himself blesses us with forgiveness.

653 : 2351

He Himself is the father and mother of all; He Himself cares for us.

653 : 2352

O Nanak, those who meditate on the Naam, the Name of the Lord, abide in the home of their inner being; they are honored throughout the ages. ||2||

653 : 2353

Pauree:

653 : 2354

You are the Creator, all-powerful, able to do anything. Without You, there is no other at all.

-- Raag Sorat'h – Part 059 --

## Raag Sorat'h – Part 060

---

654 : 2355

You Yourself created the world, and You Yourself shall destroy it in the end.

654 : 2356

The Word of Your Shabad alone is pervading everywhere; whatever You do, comes to pass.

654 : 2357

God blesses the Gurmukh with glorious greatness, and then, he finds the Lord.

654 : 2358

As Gurmukh, Nanak worships and adores the Lord; let everyone proclaim, "Blessed, blessed, blessed is He, the Guru!"||29||1||SUDH||

654 : 2359

Raag Sorat'h, The Word Of Devotee Kabeer Jee, First House:

654 : 2360

One Universal Creator God. By The Grace Of The True Guru:

654 : 2361

Worshipping their idols, the Hindus die; the Muslims die bowing their heads.

654 : 2362

The Hindus cremate their dead, while the Muslims bury theirs; neither finds Your true state, Lord. ||1||

654 : 2363

O mind, the world is a deep, dark pit.

654 : 2364

On all four sides, Death has spread his net. ||1||Pause||

654 : 2365

Reciting their poems, the poets die; the mystical ascetics die while journeying to Kaydaar Naat'h.

654 : 2366

The Yogis die, with their matted hair, but even they do not find Your state, Lord. ||2||

654 : 2367

The kings die, gathering and hoarding their money, burying great quantities of gold.

654 : 2368

The Pandits die, reading and reciting the Vedas; women die, gazing at their own beauty. ||3||

654 : 2369

Without the Lord's Name, all come to ruin; behold, and know this, O body.

654 : 2370

Without the Name of the Lord, who can find salvation? Kabeer speaks the Teachings. ||4||1||

654 : 2371

When the body is burnt, it turns to ashes; if it is not cremated, then it is eaten by armies of worms.

654 : 2372

The unbaked clay pitcher dissolves, when water is poured into it; this is also the nature of the body. ||1||

654 : 2373

Why, O Siblings of Destiny, do you strut around, all puffed up with pride?

654 : 2374

Have you forgotten those days, when you were hanging, face down, for ten months?  
||1||Pause||

654 : 2375

Like the bee which collects honey, the fool eagerly gathers and collects wealth.

654 : 2376

At the time of death, they shout, "Take him away, take him away! Why leave a ghost lying around?"||2||

654 : 2377

His wife accompanies him to the threshold, and his friends and companions beyond.

654 : 2378

All the people and relatives go as far as the cremation grounds, and then, the soul–swan goes on alone. ||3||

654 : 2379

Says Kabeer, listen, O mortal being: you have been seized by Death, and you have fallen into the deep, dark pit.

654 : 2380

You have entangled yourself in the false wealth of Maya, like the parrot caught in the trap.  
||4||2||

654 : 2381

Listening to all the teachings of the Vedas and the Puraanas, I wanted to perform the religious rituals.

654 : 2382

But seeing all the wise men caught by Death, I arose and left the Pandits; now I am free of this desire. ||1||

654 : 2383

O mind, you have not completed the only task you were given;

654 : 2384

you have not meditated on the Lord, your King. ||1||Pause||

654 : 2385

Going to the forests, they practice Yoga and deep, austere meditation; they live on roots and the fruits they gather.

654 : 2386

The musicians, the Vedic scholars, the chanters of one word and the men of silence, all are listed on the Register of Death. ||2||

654 : 2387

Loving devotional worship does not enter into your heart; pampering and adorning your body, you must still give it up.

654 : 2388

You sit and play music, but you are still a hypocrite; what do you expect to receive from the Lord? ||3||

654 : 2389

Death has fallen on the whole world; the doubting religious scholars are also listed on the Register of Death.

-- Raag Sorat'h – Part 060 --

## Raag Sorat'h – Part 061

---

655 : 2390

Says Kabeer, those humble people become pure – they become Khalsa – who know the Lord's loving devotional worship. ||4||3||

655 : 2391

SECOND HOUSE||

655 : 2392

With both of my eyes, I look around;

655 : 2393

I don't see anything except the Lord.

655 : 2394

My eyes gaze lovingly upon Him,

655 : 2395

and now, I cannot speak of anything else. ||1||

655 : 2396

My doubts were removed, and my fear ran away,

655 : 2397

when my consciousness became attached to the Lord's Name. ||1||Pause||

655 : 2398

When the magician beats his tambourine,

655 : 2399

everyone comes to see the show.

655 : 2400

When the magician winds up his show,

655 : 2401

then he enjoys its play all alone. ||2||

655 : 2402

By preaching sermons, one's doubt is not dispelled.

655 : 2403

Everyone is tired of preaching and teaching.

655 : 2404

The Lord causes the Gurmukh to understand;

655 : 2405

his heart remains permeated with the Lord. ||3||

655 : 2406

When the Guru grants even a bit of His Grace,

655 : 2407

one's body, mind and entire being are absorbed into the Lord.

655 : 2408

Says Kabeer, I am imbued with the Lord's Love;

655 : 2409

I have met with the Life of the world, the Great Giver. ||4||4||

655 : 2410

Let the sacred scriptures be your milk and cream,

655 : 2411

and the ocean of the mind the churning vat.

655 : 2412

Be the butter–churner of the Lord,

655 : 2413

and your buttermilk shall not be wasted. ||1||

655 : 2414

O soul–bride slave, why don't you take the Lord as your Husband?

655 : 2415

He is the Life of the world, the Support of the breath of life. ||1||Pause||

655 : 2416

The chain is around your neck, and the cuffs are on your feet.

655 : 2417

The Lord has sent you wandering around from house to house.

655 : 2418

And still, you do not meditate on the Lord, O soul–bride, slave.

655 : 2419

Death is watching you, O wretched woman. ||2||

655 : 2420

The Lord God is the Cause of causes.

655 : 2421

What is in the hands of the poor soul–bride, the slave?

655 : 2422

She awakens from her slumber,

655 : 2423

and she becomes attached to whatever the Lord attaches her. ||3||

655 : 2424

O soul–bride, slave, where did you obtain that wisdom,

655 : 2425

by which you erased your inscription of doubt?

655 : 2426

Kabeer has tasted that subtle essence;

655 : 2427

by Guru's Grace, his mind is reconciled with the Lord. ||4||5||

655 : 2428

Without Him, we cannot even live;

655 : 2429

when we meet Him, then our task is completed.

655 : 2430

People say it is good to live forever,

655 : 2431

but without dying, there is no life. ||1||

655 : 2432

So now, what sort wisdom should I contemplate and preach?

655 : 2433

As I watch, worldly things dissipate. ||1||Pause||

655 : 2434

Saffron is ground up, and mixed with sandalwood;

655 : 2435

without eyes, the world is seen.

655 : 2436

The son has given birth to his father;

655 : 2437

without a place, the city has been established. ||2||

655 : 2438

The humble beggar has found the Great Giver,

655 : 2439

but he is unable to eat what he has been given.

655 : 2440

He cannot leave it alone, but it is never exhausted.

655 : 2441

He shall not go to beg from others any longer. ||3||

655 : 2442

Those select few, who know how to die while yet alive, enjoy great peace.

655 : 2443

Kabeer has found that wealth;

655 : 2444

meeting with the Lord, he has erased his self-conceit. ||4||6||

655 : 2445

What use is it to read, and what use is it to study?

655 : 2446

What use is it to listen to the Vedas and the Puraanas?

655 : 2447

What use is reading and listening,

655 : 2448

if celestial peace is not attained? ||1||

655 : 2449

The fool does not chant the Name of the Lord.

655 : 2450

So what does he think of, over and over again? ||1||Pause||

655 : 2451

In the darkness, we need a lamp

-- Raag Sorat'h – Part 061 --

## Raag Sorat'h – Part 062

---

656 : 2452

to find the incomprehensible thing.

656 : 2453

I have found this incomprehensible thing;

656 : 2454

my mind is illuminated and enlightened. ||2||

656 : 2455

Says Kabeer, now I know Him;

656 : 2456

since I know Him, my mind is pleased and appeased.

656 : 2457

My mind is pleased and appeased, and yet, people do not believe it.

656 : 2458

They do not believe it, so what can I do? ||3||7||

656 : 2459

In his heart there is deception, and yet in his mouth are words of wisdom.

656 : 2460

You are false – why are you churning water? ||1||

656 : 2461

Why do you bother to wash your body?

656 : 2462

Your heart is still full of filth. ||1||Pause||

656 : 2463

The gourd may be washed at the sixty–eight sacred shrines,

656 : 2464

but even then, its bitterness is not removed. ||2||

656 : 2465

Says Kabeer after deep contemplation,

656 : 2466

please help me cross over the terrifying world–ocean, O Lord, O Destroyer of ego. ||3||8||

656 : 2467

Sorat'h:

656 : 2468

One Universal Creator God. By The Grace Of The True Guru:

656 : 2469

Practicing great hypocrisy, he acquires the wealth of others.

656 : 2470

Returning home, he squanders it on his wife and children. ||1||

656 : 2471

O my mind, do not practice deception, even inadvertently.

656 : 2472

In the end, your own soul shall have to answer for its account. ||1||Pause||

656 : 2473

Moment by moment, the body is wearing away, and old age is asserting itself.

656 : 2474

And then, when you are old, no one shall pour water into your cup. ||2||

656 : 2475

Says Kabeer, no one belongs to you.

656 : 2476

Why not chant the Lord's Name in your heart, when you are still young? ||3||9||

656 : 2477

O Saints, my windy mind has now become peaceful and still.

656 : 2478

It seems that I have learned something of the science of Yoga. ||Pause||

656 : 2479

The Guru has shown me the hole,

656 : 2480

through which the deer carefully enters.

656 : 2481

I have now closed off the doors,

656 : 2482

and the unstruck celestial sound current resounds. ||1||

656 : 2483

The pitcher of my heart–lotus is filled with water;

656 : 2484

I have spilled out the water, and set it upright.

656 : 2485

Says Kabeer, the Lord's humble servant, this I know.

656 : 2486

Now that I know this, my mind is pleased and appeased. ||2||10||

656 : 2487

Raag Sorat'h:

656 : 2488

I am so hungry, I cannot perform devotional worship service.

656 : 2489

Here, Lord, take back Your mala.

656 : 2490

I beg for the dust of the feet of the Saints.

656 : 2491

I do not owe anyone anything. ||1||

656 : 2492

O Lord, how can I be with You?

656 : 2493

If You do not give me Yourself, then I shall beg until I get You. ||Pause||

656 : 2494

I ask for two kilos of flour,

656 : 2495

and half a pound of ghee, and salt.

656 : 2496

I ask for a pound of beans,

656 : 2497

which I shall eat twice a day. ||2||

656 : 2498

I ask for a cot, with four legs,

656 : 2499

and a pillow and mattress.

656 : 2500

I ask for a quit to cover myself.

656 : 2501

Your humble servant shall perform Your devotional worship service with love. ||3||

656 : 2502

I have no greed;

656 : 2503

Your Name is the only ornament I wish for.

656 : 2504

Says Kabeer, my mind is pleased and appeased;

656 : 2505

now that my mind is pleased and appeased, I have come to know the Lord. ||4||11||

656 : 2506

Raag Sorat'h, The Word Of Devotee Naam Dayv Jee, Second House:

656 : 2507

One Universal Creator God. By The Grace Of The True Guru:

656 : 2508

When I see Him, I sing His Praises.

656 : 2509

Then I, his humble servant, become patient. ||1||

--- Raag Sorat'h – Part 062 ---

## Raag Sorat'h – Part 063

---

657 : 2510

Meeting the Divine True Guru, I merge into the sound current of the Naad. ||1||Pause||

657 : 2511

Where the dazzling white light is seen,

657 : 2512

there the unstruck sound current of the Shabad resounds.

657 : 2513

One's light merges in the Light;

657 : 2514

by Guru's Grace, I know this. ||2||

657 : 2515

The jewels are in the treasure chamber of the heart–lotus.

657 : 2516

They sparkle and glitter like lightning.

657 : 2517

The Lord is near at hand, not far away.

657 : 2518

He is totally permeating and pervading in my soul. ||3||

657 : 2519

Where the light of the undying sun shines,

657 : 2520

the light of burning lamps seems insignificant.

657 : 2521

By Guru's Grace, I know this.

657 : 2522

Servant Naam Dayv is absorbed in the Celestial Lord. ||4||1||

657 : 2523

FOURTH HOUSE, SORAT'H:

657 : 2524

The woman next door asked Naam Dayv, "Who built your house?"

657 : 2525

I shall pay him double wages. Tell me, who is your carpenter?"||1||

657 : 2526

O sister, I cannot give this carpenter to you.

657 : 2527

Behold, my carpenter is pervading everywhere.

657 : 2528

My carpenter is the Support of the breath of life. ||1||Pause||

657 : 2529

This carpenter demands the wages of love, if someone wants Him to build their house.

657 : 2530

When one breaks his ties with all the people and relatives, then the carpenter comes of His own accord. ||2||

657 : 2531

I cannot describe such a carpenter, who is contained in everything, everywhere.

657 : 2532

The mute tastes the most sublime ambrosial nectar, but if you ask him to describe it, he cannot. ||3||

657 : 2533

Listen to the virtues of this carpenter, O sister; He stopped the oceans, and established Dhroo as the pole star.

657 : 2534

Naam Dayv's Lord Master brought Sita back, and gave Sri Lanka to Bhabheekhan. ||4||2||

657 : 2535

SORAT'H, THIRD HOUSE:

657 : 2536

The skinless drum plays.

657 : 2537

Without the rainy season, the clouds shake with thunder.

657 : 2538

Without clouds, the rain falls,

657 : 2539

if one contemplates the essence of reality. ||1||

657 : 2540

I have met my Beloved Lord.

657 : 2541

Meeting with Him, my body is made beautiful and sublime. ||1||Pause||

657 : 2542

Touching the philosopher's stone, I have been transformed into gold.

657 : 2543

I have threaded the jewels into my mouth and mind.

657 : 2544

I love Him as my own, and my doubt has been dispelled.

657 : 2545

Seeking the Guru's guidance, my mind is content. ||2||

657 : 2546

The water is contained within the pitcher;

657 : 2547

I know that the One Lord is contained in all.

657 : 2548

The mind of the disciple has faith in the Guru.

657 : 2549

Servant Naam Dayv understands the essence of reality. ||3||3||

657 : 2550

Raag Sorat'h, The Word Of Devotee Ravi Daas Jee:

657 : 2551

One Universal Creator God. By The Grace Of The True Guru:

657 : 2552

When I am in my ego, then You are not with me. Now that You are with me, there is no egotism within me.

657 : 2553

The wind may raise up huge waves in the vast ocean, but they are just water in water. ||1||

657 : 2554

O Lord, what can I say about such an illusion?

657 : 2555

Things are not as they seem. ||1||Pause||

657 : 2556

It is like the king, who falls asleep upon his throne, and dreams that he is a beggar.

657 : 2557

His kingdom is intact, but separated from it, he suffers in sorrow. Such is my own condition. ||2||



## Raag Sorat'h – Part 064

---

658 : 2558

Like the story of the rope mistaken for a snake, the mystery has now been explained to me.

658 : 2559

Like the many bracelets, which I mistakenly thought were gold; now, I do not say what I said then. ||3||

658 : 2560

The One Lord is pervading the many forms; He enjoys Himself in all hearts.

658 : 2561

Says Ravi Daas, the Lord is nearer than our own hands and feet. Whatever will be, will be. ||4||1||

658 : 2562

If I am bound by the noose of emotional attachment, then I shall bind You, Lord, with the bonds of love.

658 : 2563

Go ahead and try to escape, Lord; I have escaped by worshipping and adoring You. ||1||

658 : 2564

O Lord, You know my love for You.

658 : 2565

Now, what will You do? ||1||Pause||

658 : 2566

A fish is caught, cut up, and cooked it in many different ways.

658 : 2567

Bit by bit, it is eaten, but still, it does not forget the water. ||2||

658 : 2568

The Lord, our King, is father to no one, except those who love Him.

658 : 2569

The veil of emotional attachment has been cast over the entire world, but it does not bother the Lord's devotee. ||3||

658 : 2570

Says Ravi Daas, my devotion to the One Lord is increasing; now, who can I tell this to?

658 : 2571

That which brought me to worship and adore You – I am still suffering that pain. ||4||2||

658 : 2572

I obtained this precious human life as a reward for my past actions, but without discriminating wisdom, it is wasted in vain.

658 : 2573

Tell me, without devotional worship of the Lord, of what use are mansions and thrones like those of King Indra? ||1||

658 : 2574

You have not considered the sublime essence of the Name of the Lord, our King;

658 : 2575

this sublime essence shall cause you to forget all other essences. ||1||Pause||

658 : 2576

We do not know what we need to know, and we have become insane. We do not consider what we should consider; our days are passing away.

658 : 2577

Our passions are strong, and our discriminating intellect is weak; we have no access to the supreme objective. ||2||

658 : 2578

We say one thing, and do something else; entangled in endless Maya, we do not understand anything.

658 : 2579

Says Ravi Daas, Your slave, O Lord, I am disillusioned and detached; please, spare me Your anger, and have mercy on my soul. ||3||3||

658 : 2580

He is the ocean of peace; the miraculous tree of life, the wish-fulfilling jewel, and the Kaamadhayna, the cow which fulfills all desires, all are in His power.

658 : 2581

The four great blessings, the eighteen supernatural spiritual powers of the Siddhas, and the nine treasures, are all in the palm of His hand. ||1||

658 : 2582

You do not chant with your tongue the Name of the Lord, Har, Har, Har.

658 : 2583

Abandon your involvement in all other words. ||1||Pause||

658 : 2584

The various Shaastras, Puranaas, and the Vedas of Brahma, are made up of thirty–four letters.

658 : 2585

After deep contemplation, Vyaas spoke of the supreme objective; there is nothing equal to the Lord's Name. ||2||

658 : 2586

Very fortunate are those who are absorbed in celestial bliss, and released from their entanglements; they are lovingly attached to the Lord.

658 : 2587

Says Ravi Daas, enshrine the Lord's Light within your heart, and your fear of birth and death shall run away from you. ||3||4||

658 : 2588

If You are the mountain, Lord, then I am the peacock.

658 : 2589

If You are the moon, then I am the partridge in love with it. ||1||

658 : 2590

O Lord, if You will not break with me, then I will not break with You.

658 : 2591

For, if I were to break with You, with whom would I then join? ||1||Pause||

658 : 2592

If You are the lamp, then I am the wick.

658 : 2593

If You are the sacred place of pilgrimage, then I am the pilgrim. ||2||

-- Raag Sorat'h – Part 064 --

## Raag Sorat'h – Part 065

---

659 : 2594

I am joined in true love with You, Lord.

659 : 2595

I am joined with You, and I have broken with all others. ||3||

659 : 2596

Wherever I go, there I serve You.

659 : 2597

There is no other Lord Master than You, O Divine Lord. ||4||

659 : 2598

Meditating, vibrating upon You, the noose of death is cut away.

659 : 2599

To attain devotional worship, Ravi Daas sings to You, Lord. ||5||5||

659 : 2600

The body is a wall of water, supported by the pillars of air; the egg and sperm are the mortar.

659 : 2601

The framework is made up of bones, flesh and veins; the poor soul–bird dwells within it.  
||1||

659 : 2602

O mortal, what is mine, and what is yours?

659 : 2603

The soul is like a bird perched upon a tree. ||1||Pause||

659 : 2604

You lay the foundation and build the walls.

659 : 2605

But in the end, three and a half cubits will be your measured space. ||2||

659 : 2606

You make your hair beautiful, and wear a stylish turban on your head.

659 : 2607

But in the end, this body shall be reduced to a pile of ashes. ||3||

659 : 2608

Your palaces are lofty, and your brides are beautiful.

659 : 2609

But without the Lord's Name, you shall lose the game entirely. ||4||

659 : 2610

My social status is low, my ancestry is low, and my life is wretched.

659 : 2611

I have come to Your Sanctuary, O Luminous Lord, my King; so says Ravi Daas, the shoemaker. ||5||6||

659 : 2612

I am a shoemaker, but I do not know how to mend shoes.

659 : 2613

People come to me to mend their shoes. ||1||Pause||

659 : 2614

I have no awl to stitch them;

659 : 2615

I have no knife to patch them. ||1||

659 : 2616

Mending, mending, people waste their lives and ruin themselves.

659 : 2617

Without wasting my time mending, I have found the Lord. ||2||

659 : 2618

Ravi Daas chants the Lord's Name;

659 : 2619

he is not concerned with the Messenger of Death. ||3||7||

659 : 2620

Raag Sorat'h, The Word Of Devotee Bheekhan Jee:

659 : 2621

One Universal Creator God. By The Grace Of The True Guru:

659 : 2622

Tears well up in my eyes, my body has become weak, and my hair has become milky-white.

659 : 2623

My throat is tight, and I cannot utter even one word; what can I do now? I am a mere mortal. ||1||

659 : 2624

O Lord, my King, Gardener of the world–garden, be my Physician,

659 : 2625

and save me, Your Saint. ||1||Pause||

659 : 2626

My head aches, my body is burning, and my heart is filled with anguish.

659 : 2627

Such is the disease that has struck me; there is no medicine to cure it. ||2||

659 : 2628

The Name of the Lord, the ambrosial, immaculate water, is the best medicine in the world.

659 : 2629

By Guru's Grace, says servant Bheekhan, I have found the Door of Salvation. ||3||1||

659 : 2630

Such is the Naam, the Name of the Lord, the invaluable jewel, the most sublime wealth, which I have found through good deeds.

659 : 2631

By various efforts, I have enshrined it within my heart; this jewel cannot be hidden by hiding it. ||1||

659 : 2632

The Glorious Praises of the Lord cannot be spoken by speaking.

659 : 2633

They are like the sweet candies given to a mute. ||1||Pause||

659 : 2634

The tongue speaks, the ears listen, and the mind contemplates the Lord; they find peace and comfort.

659 : 2635

Says Bheekhan, my eyes are content; wherever I look, there I see the Lord. ||2||2||

-- Raag Sorat'h --